



THE BOXGROVE BUGLE

THE MAGAZINE LINKING CHURCH AND PARISH

Boxgrove Priory, The Priory Vicarage, Church Lane, Boxgrove, Chichester, PO18 0ED

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December 2017



An original work by Prof. Albin Moroder representing the family group, after the style of Henry Moore, who was his mentor

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Who's Who in Boxgrove



Priest in Charge

Fr Ian Forrester, The Priory Vicarage, Church Lane, Boxgrove,
PO18 0ED - 01243 774045 - revdianforrester@hotmail.com

Hon. Assistant Priests

Fr David Brecknell, 8 Priory Close - 01243 784841

Fr Victor Cassam, 195 Oving Road, Chichester - 01243 783998

Churchwardens

Mrs Sue Chevis, Cowslip Cottage, Dairy Lane, Maudlin, PO18 0PE -
01243 539836 - suecowslip@btinternet.com

Mr Christopher Beazley, Warren Farm House, Warren Farm Lane, Chichester,
PO19 5RU - 01243 763453 - ChristopherBeazley@europe.com

Hon. Treasurer

Richard Chevis, Cowslip Cottage, Dairy Lane, Maudlin, PO18 0PE -
01243 539836 - rgchevis@btinternet.com

Safeguarding Officer

Ms Lara Moyler, 07956 986496

Cathedral Link

Mike Beaman, 10 Evelyn Avenue, Rustington, BN16 2EJ - 01903 367039 -
beaman_mw@yahoo.co.uk

Priory and St Blaise Centre Bookings and Enquiries -

Richard Chevis - Cowslip Cottage, Dairy Lane, Maudlin, PO18 0PE -
01243 539836 rgchevis@btinternet.com

WSCC Member for Chichester North

Jeremy Hunt, 3 Brandy Hole Lane, Chichester PO19 5RL - 0330 2224536

CDC Member for Boxgrove Ward & Chairman, Boxgrove Parish Council -

Henry Potter, The White House, The Street, Boxgrove - 01243 527312

Boxgrove CofE Primary School - Mrs Kim Thornton - 01243 773309 -

head@boxgrove.w-sussex.sch.uk

Boxgrove Village Hall Bookings and Enquiries - Pat Burton - 01243 788332

Local Police

Emergencies

999 or 112

Other matters

0845 60 70 999 or 101

From Father Ian

These few weeks in the year seem to require, from me, a split personality.

The 'church' me is looking forward to the disciplines and expectation of Advent, but the 'not-so-churchy' me will begin to enjoy the celebration of Christmas. I am keeping my cake and eating it!



It would be too easy to rail against the encroachment of the secular onto spiritual territory; too simple to bemoan the growing gulf between the commercial world and the rhythm of the church's year. I don't think this is the moment for that.

We are living through a time of heightened fear and of powerful political tensions around the world. The Christmas message of Emmanuel - God is with us - needs to be experienced by as many people as possible. The Prince of Peace needs to be heard and experienced.

Though I would say that Christmas love, peace, presents and so on, without an acknowledgement of the reality of the Christ child, is missing something pretty fundamental, it is not without value. It still challenges the hatred that is too easily voiced in society; meanness of spirit; division; fear.

Do make time to encounter the historical figure of Jesus, and come and worship with us. Add value to your Christmas, and to ours.

Many blessings,

Father Ian



WSSC
Mobile Library

1, 15, 29 December
2.10-2.40 pm

Boxgrove
Village Hall

Tel: 01243 382470

There will be only one
TEACHING SESSION
IN DECEMBER
at 11.00am on
Wednesday 13 December in
the St Blaise Centre

Anyone for Tee?



Golfer: Do you think my game is improving?
Caddy: Yes - you miss the ball much closer now.

THE BUGLE

Articles on any aspect of Boxgrove news - village or Priory-based - are always most welcome. The Boxgrove Bugle is distributed **free of charge** to each household within the parish and published on-line; copies are also sent further afield, as well as being available in the Priory for visitors and non-residents of the parish. It has a current print run exceeding 650 copies per month.

For the time being, items to be considered for publication should be sent to the Treasurer (see P2) for onward transmission to the Editor. Submission is requested by the **15th day of each month**, please, for publication on or around the last Sunday of each month. Alternatively, items clearly marked "**Boxgrove Bugle**" may be left in the Vicarage postbox. Any other items relating to the Bugle should also be referred to the Treasurer.

DATES 2017/18

Issue Month	Copy Deadline	Publication Date
<i>(Note: The Bugle is not published in January)</i>		
February	15 January	28 January
March	15 February	25 February
April	15 March	25 March

BUGLE ARTICLES AND CONTENT

Please contact Tina Thurlow - tina.thurlow@btinternet.com

BUGLE ADVERTISING

Please contact Richard Chevis (see page 2)

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and may be read on-line in colour at

http://www.boxgrovepriory.co.uk/boxgrove_bugle.html

Why not add a link to your desktop?

PRIORY SUNDAY SCHOOL

December 3, *9.45am • December 17, 11.00am

*10.00am service in the Priory

The Sunday School meets in the St Blaise Centre, generally at 11.00am. Children are asked to arrive promptly so that the objective of the session can be explained to everyone at once.

Children should be aged between 4 and 11 and they must already have started school (ie if they are aged 4 but have not yet started school sadly they are not eligible).

There is no charge, and parents do not need to accompany the children. They don't need to bring anything with them - just come along.

Other services which may be of interest in December:

10th - Christingle, 4.00pm

17th - Priory Carol Service, 5.30pm

24th - Christmas Eve Crib Service, 4.00pm

24th - Solemn Midnight Mass, 11.30pm

25th - Christmas Day Family Eucharist, 10.00am

Forthcoming events in the Priory

*See also page 14 for
service intentions throughout December*

3 December, 6.30pm: Westbourne House Advent Carol Service

10 December, 6.30pm: A Night before Christmas (see page 22)

16 December, 2.30pm: 'Shepherds Arise!' (see page 18)

24 December, 4.00pm: Crib Service

24 December, 11.30pm: Solemn Midnight Mass

17 December, 5.30pm: Priory Carol Service by Candlelight,
followed by mulled wine and mince pies in the St Blaise Centre

Useful contact details

Citizen's Advice Consumer Helpline: 0345 404 05 06

Action on Elder Abuse confidential helpline: 080 8808 8141

Action Fraud - national fraud reporting centre: 0300 123 2040

Charles, Tenth Duke of Richmond - A Local Appreciation



The Duke of Richmond is Patron of the Ecclesiastical Livings of Boxgrove, Lavant and Tangmere. This gives him the right to 'present' a priest to the Bishop of Chichester to be made the incumbent of one of those parishes. At least, that is one of the methods by which such appointments are made. At the moment, only the Rector of Lavant fits into that scheme.

My appointment, eighteen-and-a-half years ago, followed what is called 'Suspension of the Living'. The Bishop may choose to suspend the right of the Patron to 'present' if he (the Bishop) has plans to vary the rôle of the Vicar. In my case it was because I was only part-time at Boxgrove; the other half of my job was throughout the diocese as Liturgy Adviser.

But the fact that the Duke was not involved in my appointment did not prevent us working closely on various things.

He was much involved with the almshouses until just a few years ago, though was still interested to hear news of it. He chaired the Priory Trust for many years, and much of the fundraising for the Saint Blaise Centre, and the Priory Restoration, was led by that body.

He was interested in people and was exemplary in the way that he cared for retired Goodwood Estate workers and their spouses. He was generous in hospitality and in making many of the Goodwood resources available for charitable events.

What I have mentioned so far is, of course, heavily weighted to the things that he did for Boxgrove, but he was also active in helping the other parishes and the Cathedral.

Alongside these church things he also headed up regeneration projects in Sussex and was involved in various honorific rôles within the county, rarely allowing his rôle to be restricted to the merely ceremonial.

There have been a number of obituaries published in the national press and online. Those will give you a much better sense of the Duke's achievements than I can attempt here, but I do want to say something further, which reflects some of what I experienced and witnessed.

In spite of the trappings of power and the huge responsibilities of running the Goodwood Estate, and more important than the great range of his skills and his meeting of other people's expectations, was his gentle humour and his profound love for his family.

He was a magnificent man, and a faithful Christian. Like so many, I am glad to have known him.

We assure his family of our prayers as they adjust to changing rôles and to new responsibilities.

Fr Ian



Boxgrove CofE Primary School

The Street, Boxgrove
West Sussex, PO18 0EE

Goodwood Area Schools Football Tournament

It was quite wet and damp one Tuesday morning in early November, but the weather did not put off the Boxgrove C.E.P School Y6 footballing stars: Lyla Andrews, Tyler Hill, Alex Pay, Oscar Pallant, Thomas Roberts, Amy Taylor and Casey Woodcock (captain) seemed to enjoy playing in the drizzly rain and getting splattered by mud!



Congratulations to West Dean C.E.P School, who won the G.A.S Football Tournament, which was organised by the Chelsea Football Academy at the Chichester High School. Our team played incredibly well - they scored lots of goals and were very supportive of each other; good team spirit seen.

Kim Thornton
Headteacher



JULIAN GROUP

The Boxgrove and Tangmere Julian Group meets on the second Monday of each month at 3.15pm at the St Blaise Centre, Boxgrove. Notices with details of venue are placed on the Church noticeboard.

The theme for each monthly meeting is as follows:

11 Dec	'Peace on Earth, Goodwill to all Men' Luke 2 v 10-11	St Blaise Centre, Boxgrove
8 Jan	Full Joy in Him (Enfolded in Love - Julian of Norwich)	St Blaise Centre, Boxgrove
12 Feb	'Lead Kindly Light' - Hymn 392 New English Hymnal	St Blaise Centre, Boxgrove
12 Mar	Sin Cannot Hinder Love (Enfolded in Love - Julian of Norwich)	St Blaise Centre, Boxgrove
9 Apr	God so Loved ... (Enfolded in Love - Julian of Norwich)	St Blaise Centre, Boxgrove
14 May	Quiet Afternoon	(to be advised)
11 Jun	All Shall be Well (The Wisdom of Julian of Norwich - Long Text Ch 27)	St Blaise Centre, Boxgrove



It's Nearly Christmas at Boxies!!!

We've only been open a few weeks,
but we'd like to thank everyone for their kind words and
support.

To make Christmas in Boxgrove that little bit more magical,
we'll be sharing all sorts of tasty treats in both the cafe and
the shop,
so join us this month for all the festivities!



And, if you've got an idea for a Christmas activity or event,
we'd love to hear from you.

You can get in touch by phoning us at 07890 753318 or
emailing us at info@boxies.co.uk



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THE OPTIMISTIC GARDENER

High Trees - November 2017 - No.9

Grow your own Christmas

I have never knowingly thrown away something I have grown. Eaten it - yes; given it to the hens - certainly; put it on the compost heap for future black magic - by all means; but thrown it away - NEVER!

And one of the joys of Autumn, when all the plants are dying back, is to look at the potential for resurrection. (Well this **is** a parish magazine!) I have always loved the seed heads of all types of allium, but in particular *allium schubertii* and *allium christophii*. I keep a few each year before the worst of the winter reduces them to kindling. Last year I was looking for a different slant on my Christmas decorations for the music room, which has a vaulted ceiling and several inviting beams. In previous years I had teetered up stepladders arranging gigantic golden cones on the main beam, which was draped with an artificial garland. But 2016 was the Year of the Allium at High Trees.



I had a great harvest of seed heads, which I dried out on the greenhouse staging; I quite expect to have allium seedlings coming up inside the greenhouse soil for ever more. Then I selected about 25 of the biggest and best of these and had a wonderful time with the spray cans. Now don't squirm when I say I chose silver, lime green and fuchsia - not conventional Christmas colours, I grant you, but they go particularly well with my music room decor! The job needed doing on a large piece of cardboard outside and, by piling up the seed heads, I didn't waste too much of the spray paint! I then strung the seed heads with grey sewing cotton and put on the pathetic look I use when a little manly function needs doing. Well they did need hanging from a very high beam!



Quite a long time later - and after quite a few sharp sighs - we had a firework display lighting up the ceiling. It looked fabulous. And after Christmas, when Twelfth Night arrives and I am always depressed to see the lights disappear - well that is the joy of silver and lime green and fuchsia! They stayed up for another couple of months until the spiders started to add their own idiosyncratic decorations to them.

/continued ...

Another of my little whims in the festive season is to mark the week before Christmas by making a wreath for the front door. I even had a porch built specifically so that I could have the sort of door which would be suitable for a wreath. I was particularly proud of last year's creation as, apart from the wreath base, everything I used was either scrounged, foraged or grown at High Trees. On a visit to a local garden centre I sweet-talked the man selling Christmas trees to give me some off-cuts of Nordman fir. The previous year I had paid the extortionate sum of £5 for a couple of twigs at the Farmer's Market but was blown if I was going to be ripped off again.



Then I packed the secateurs and set off on my bicycle on the Slindon Loop (8 miles and best time 43 minutes if you're interested.) My bike is ideal for those with a totter's mentality, as it sports a fine basket on the handlebars and a couple of panniers whose capacity would put those on Sancho Panza's donkey to shame. My route takes me past several places where the ivy growing up the hedgerow can grow no higher and so it produces flowers. The flowers are over and the berries are filling nicely, so it's out with the spray paint again. This time gold is allowed. A few apples are chosen from the store of our Spartan and Ashmead's Kernel and threaded onto florist's wire. I then sort through my decorations kept from previous years and find some small gold cones and some cinnamon sticks tied with raffia, plus some other choice pieces (tasteful, naturally). Soak the Oasis wreath base well in water overnight - and here size is everything so go for the largest you can afford, or your door can support - then create!

One year I kept three large branches from a pruning session, possibly hazel, and painted them white then "planted" them in some large, weighty ceramic flower pots and used them to display three sets of white Christmas lights. The repetition of the lights looked good during the evening, but also they looked interesting throughout the day as well.

I have a particularly good crop of holly berries this year. They have been red and tempting for at least three weeks as I write this on 1st November, so I am not holding my breath until Christmas to gather the branches. I intend to get out there at the first sign of a guilty blackbird (they have a certain furtive jizz) and pick a bucketful. They keep amazingly well in deep water, and put into a dark cool place like a garage or a shed are perfectly useable in the festive season.

For those who claim to have no artistic bent and find all these ideas just a bit too, well, arty - I have seen a really simple idea for decorating a Christmas table. Find some long strings of ivy growing down from a tree, cut the least nibbled strings and lay them down the centre of a table; scatter with the shiny confetti you often find in small packets at this time of year. Lo and behold, you could be eating at the Ritz. You will however still be hoovering up little silver stars in July 2018.

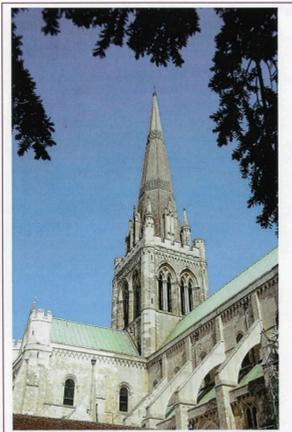
/continued ...

So you see if you have a garden and a few cans of lurid colours of spray paint you can keep yourself occupied during the long winter evenings when there isn't much on the box. You end up with some bespoke natural Christmas decorations. One of these years I plan to serve Christmas dinner with everything from the High Trees garden, but that's another story.

Janet Reeves

CHICHESTER CATHEDRAL

This parish will be prayed for at
Chichester Cathedral, our Mother Church
on
Saturday 16th December 2017



To take place at the
12 noon
Holy Communion service

and at 5.30 pm
Evensong

We have also been invited to tea
at 4.30 pm in the Cloisters Café

Please contact our
Parish/Cathedral Link if you
wish to attend (details below)

Mike Beaman
beaman_mw@yahoo.co.uk
01903 367039

Chichester Cathedral

Tel: 01243 782595 or email reception@chichestercathedral.org.uk
www.chichestercathedral.org.uk



From the Churchwardens of Boxgrove Priory

*The churchwardens would like to thank everyone for their help
and support and wish you all a happy and peaceful Christmas.*

Sue and Christopher

BOXGROVE PARISH COUNCIL NEWS NOVEMBER 2017

There was some concern shown at the November meeting regarding the application for a Premises Licence for the Village Stores. The application listed proposed opening hours and the sale of alcohol from 7.30 am until 7.00pm but on occasions on Friday and Saturday evenings until 11.00 pm. This was accepted to be unreasonable and objections have been received by CDC Licensing Officers which will be taken into account when considering the application at the close of the consultation period, which I believe to be the 24 November. Mediation may take place to enable the grant of the Premises Licence considering the objections received. Otherwise I have to say the Shop, "Boxies", is looking very splendid, feeling its way forward, and I'm sure of its success.

Another matter which should be soon resolved is the issue which I've remarked on so many times in the recent past, that of dog fouling and the lack of clearing this up. The Parish Council have ordered a waste bin for bagged dog faeces, which will be emptied by the District Council. This bin will be placed at the entrance to Windmill Lane and I sincerely trust that it will be utilised by dog-walkers instead of bags being left randomly or hung in bushes. I really don't know who these thoughtless people think will gather these bags up and dispose of them.

On the subject of the Windmill, I received an email from HM the Queen's Pageant Master, Bruno Peake, with plans to celebrate the 100th Anniversary of the end of World War I. Beacons will be lit across the country, as we have for the recent Royal Anniversaries, at 7.00pm on the 11 November 2018. So the wheels will be set in motion to partake in this memory. Nothing quite like a good fire!!

The Planning Application for the discharge of the reserve matters relating to the housing development off Priory Acre was before the CDC Planning Committee on 15 November and I'm pleased to say the Members agreed completely with the PC's objection points. Contrary to National Planning Policy the low cost, affordable, homes were all in a concentrated area closest to the A27, thus subjecting families, possibly with small vulnerable children, to unacceptable levels of poor air quality, dust and noise. The Applicant was told to submit revised plans with the affordable elements interspersed with the market value homes. There was also much referral to the unadopted road through the site being inadequate for the large heavy waste collection vehicles we have these days. We await the new proposals for further comment.

The WSCC Local South Committee have appointed the entire committee plus one representative from CDC to embark on an investigative consultation on acceptable alternatives to improvements to the A27 in order to qualify for funding in the Roads Improvement Strategy 2 which may, and I stress may, become available in 2023. I'm unsure what they will achieve with the limited funding (£110,000) for his consultation where Highways England failed with £2.5 million worth of funding.

/continued ...

BOXGROVE PARISH COUNCIL NEWS (continued)

I'd like to close this report with a reminder that the Parish Council has been running with two vacancies now for too long!

Can I ask, if anyone living in the Parish feels they could become a Parish Councillor and put something into the running of the PC, please either come along to our meeting or contact our Clerk, Ms Imogen Whittaker.

Thank You.

Henry Potter
Chairman, Boxgrove PC



NEWS FROM BOXGROVE WI NOVEMBER 2017



The President, Chris Potter, welcomed members and our Speaker to our 98th Birthday meeting. After a short period of business our Speaker, *Neil Sadler, gave a talk on "Tales from the Clink". This was particularly amusing, especially the anecdotes from abroad - some a bit chilling! For example, one member of his class was the elected Executioner, due to his expertise with a gun!!

Following the talk, Jo Gavigan gave a report on the Annual Meeting at Worthing. She found the day both enlightening and amusing. Also reported upon was the financial account of our recent Literary Lunch, which was once again an overwhelming success, showing a healthy profit to keep us going through the coming year. All thanks must go to the wonderful team who made this event run so smoothly.

As it was our Birthday Meeting we enjoyed a "Special Tea" with Cake!! Neil, the speaker, was invited to stay for tea, which he did, and thoroughly enjoyed, and members took the opportunity to chat to him. During this time members were asked to read and select from the menus from The Spur at Slindon for Chris to place the orders for the Christmas Lunch on the 29th November.

Next month is our Christmas Party Tea and a Quiz!

New Members are always welcome: don't just sit there thinking about joining the WI - just do it!!! Fun and friendship always assured.

Chris Potter
President

**Neil Sadler is a retired senior Sussex Police officer who spent much of his 30 years' service as an operational officer in various ranks across Sussex as well as working briefly in Hong Kong, Trinidad and Abu Dhabi*

**THE PARISH OF
SAINT MARY AND SAINT BLAISE, BOXGROVE
MONTHLY CALENDAR AND MASS INTERCESSIONS
DECEMBER**

1	Fri	Saint Edmund Campion, Priest & Martyr	Faithful Discipleship
2	Sat	Of Our Lady	Pilgrims to Our Lady's Shrines
3	Sun	ADVENT SUNDAY	Parish & People
4	Mon	Saint John of Damascus, Priest & Doctor	Greater trust in God
5	Tue	Feria	Gratitude for revelation
6	Wed	Saint Nicolas, Bishop	The Woodard Schools
7	Thu	Saint Ambrose, Bishop & Doctor	Liturgists
8	Fri	IMMACULATE CONCEPTION OF THE BVM	Parish & People
9	Sat	Feria	Increased vocation to priesthood
10	Sun	ADVENT 2	Parish & People
11	Mon	Saint Damasus I, Pope	Wholeness & healing
12	Tue	Feria	Better care for each other
13	Wed	Saint Lucy, Virgin & Martyr	More confidence in God
14	Thu	Saint John of the Cross, Priest & Doctor	Espousing the kingdom
15	Fri	Feria	Generosity in our judgements
16	Sat	Feria	Yearning for God
17	Sun	ADVENT 3 (O Sapientia)	Parish & People
18	Mon	Feria (O Adonai)	An openness to God's call
19	Tue	Feria (O Radix)	Clear vision in seeking truth
20	Wed	Feria (O Clavis/Ember Day)	A ready acceptance of God's call
21	Thu	Feria (O Oriens)	More frequent communion
22	Fri	Feria (O Rex/Ember Day)	Greater self discipline
23	Sat	Feria (O Emmanuel/Ember Day)	Spiritual readiness for Christmass
24	Sun	ADVENT 4	Parish & People
25	Mon	NATIVITY OF THE LORD	Parish & People
26	Tue	Saint Stephen, Proto Martyr	Greater courage in discipleship
27	Wed	Saint John, Apostle & Evangelist	More reading of scripture
28	Thu	Holy Innocents, Martyrs	Those who have lost children through violence
29	Fri	Saint Thomas Becket, Bishop & Martyr	Courageous Bishops
30	Sat	In the Octave of Christmas	Growth in wisdom
31	Sun	HOLY FAMILY SUNDAY	Parish & People



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Would you pay more to support policing in Sussex?

Sussex Police & Crime Commissioner Katy Bourne writes: “This year, we have seen police officers and staff nationally, along with other emergency services, respond with skill and bravery as they play their part in the substantial security effort around the recent terror attacks which have hit the UK. In response, the Government is increasing the money it spends on tackling terrorism, including an amount for policing.

“Further investment is also working to tackle the national threat of cyber-crime, which is affecting businesses and individuals across the country. With the new frontline for policing increasingly becoming our front rooms and children’s bedrooms – where crimes are being committed down the phone line and behind screens – we have to recognise that the policing we see is not necessarily all the policing we get to keep us safe.

“I know that residents support Sussex Police in preparing for threats like terrorism and cyber-crime but I’m also aware that issues closer to home, such as anti-social behaviour, are affecting local people.

“In previous years, the Chief Constable has asked for my help to raise more funds to invest in specific areas of policing, including public protection, community investigation and armed response. Thanks to the money you’ve already contributed through your council tax, Sussex Police has been able to build its capacity and capabilities in these areas, and others, to deliver a more effective and efficient service to the public.

“Now we need your help to sustain this service.

“All public services have to find significant financial savings and Sussex Police is no exception. The force has already saved £70m since 2010 and the Chief Constable’s Local Policing Plan is working towards delivering further savings over the next four years.

“I know the changes Sussex Police has made to its policing model are taking some getting used to but it’s vital that the force reshapes its neighbourhood policing teams to meet the challenges of 21st century policing.

“The Chief Constable and I are continuing to work together to drive further reform and substantial progress has already been made through collaboration with local and regional partners and through investment in mobile technology.

“I want to help Sussex Police explore and identify all opportunities for investment. That is why I have carried out a review of the amount of money Sussex Police holds in its reserves and released £15m to reduce the impact of reductions in police officer numbers. I’ve done this because I recognise the scale of the impact that these changes are having on the police and the public, and I remain committed to investing in local policing.

“I am also seeking further sources of external funding, including contributions from new building developments that lead to increased demand on local services. I – and other Police & Crime Commissioners – continue to negotiate with the Government for more funding for policing, as well as asking for the removal of the current ‘cap’ on the police precept.

“Please take a minute to complete my online survey to tell me whether you would be prepared to pay more, through your council tax, for policing in Sussex. You can find all the information at www.sussex-pcc.gov.uk/get-involved/public-consultations”

MEDI-VEGGIE

This recipe has become known to us as 'Medi-veggie', though its connection to the Mediterranean is somewhat tenuous. Makes 2 generous helpings of roast vegetables in savoury tomato sauce, with pasta if wanted, and grilled cheese topping.

Total preparation and cooking time 65 minutes

Nothing is critical, so adapt to taste and availability of ingredients. Good without the pasta if you want to cut down on the carbs.

Ingredients for roast vegetables

1 large red onion
1 large white onion
2 cloves garlic
4 medium courgettes (about 500g)
1 red pepper
1 green pepper
1 tsp dried mixed herbs
Olive oil to drizzle

For sauce

1 small tin (227g) chopped tomatoes
2 tbsp tomato ketchup
Quarter tube concentrated tomato puree **or**
A few sundried tomatoes in oil, chopped
50ml red wine
2 sprigs fresh rosemary
Half tsp ground ginger
Half tsp ground nutmeg
10 olives (in brine), cut into quarters
1 tsp dried mixed herbs

Pasta

100g fusilli dried pasta

Topping

Cheddar cheese
Parmesan cheese
Black pepper from grinder

Method

Turn on oven at 190°C fan-assisted. Use the next 10-15 mins to prepare the vegetables.

Peel and coarsely chop onions; spread on baking tray (I use a non-stick Swiss roll tin).

Peel and finely chop garlic; sprinkle over the onions. Wash courgettes, remove ends and slice about 5mm thick; spread evenly over onions. Wash peppers, cut into quarters, remove unwanted parts, and cut into pieces about 10mm square; spread evenly over courgettes.

Drizzle olive oil over the vegetables, then sprinkle the dried herbs over the top. Put tray in oven.

Remove leaves from woody stalk of rosemary and chop leaves finely. Put all sauce ingredients into a small saucepan, bring to the boil, stirring, then cover and keep hot on low heat.

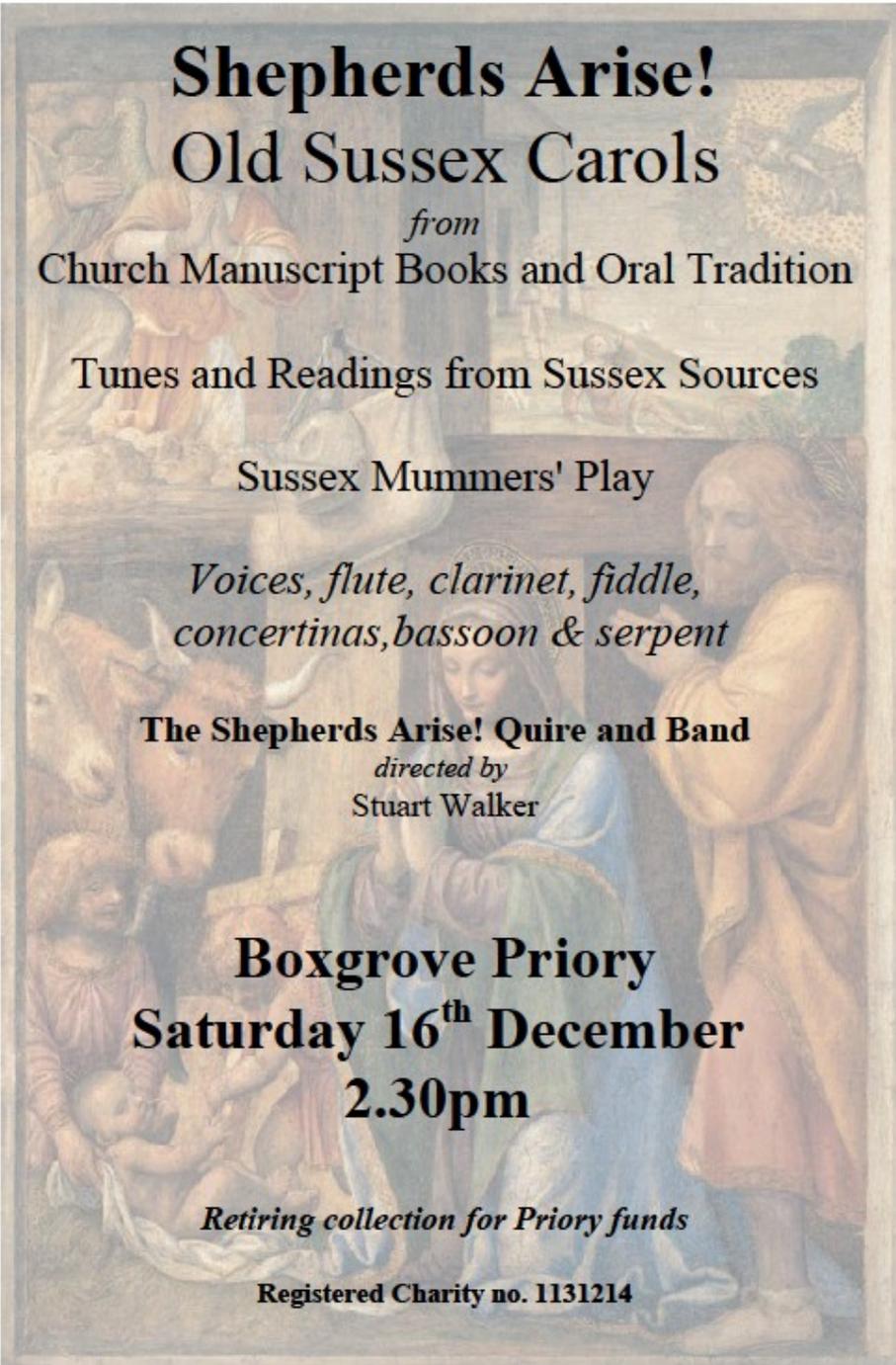
About 20 min before serving, stir the vegetables. Bring water (salted if you like) to boil in large pan, add pasta and simmer for 10 min. Drain pasta, and return it to the large pan. Add the roast vegetables and the sauce, and mix together.

Transfer the mix to 2 warmed ovenproof bowls, grate the cheeses over the tops, grind a little pepper over and place under grill until cheese has melted and is lightly browned.

Enjoy with a glass of red wine.



Ken Smith



Shepherds Arise! Old Sussex Carols

from
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directed by
Stuart Walker

Boxgrove Priory
Saturday 16th December
2.30pm

Retiring collection for Priory funds

Registered Charity no. 1131214

REMEMBER SOMEONE SPECIAL THIS CHRISTMAS WITH ST WILFRID'S HOSPICE

This December, St Wilfrid's Hospice is holding a new event at which everyone is welcome to come along and remember loved ones at this special time of year.



The 'Lights of Love' event is taking place on Sunday 17th December at Hotham Park, Bognor Regis. LED tea light candles will be available for a suggested donation to 'light' in memory of a loved one. These will be displayed around the park's bandstand and in other locations around the park, providing a poignant way to remember the lives of those dear to us this Christmas time.

The Hospice's choir will be singing Christmas songs and carols, Spirit FM will be attending, there will be stalls offering festive fare and the popular Hotham Park Café will be open.

Starting at 4pm the event is suitable for all the family and will finish at 6pm. Parking is available at Hotham Park, on the surrounding streets and within the University campus.

Once again this year, St Wilfrid's will be running a Christmas appeal. To make a donation, please visit www.stwh.co.uk/christmas or call 01243 755827.

St. Wilfrid's Hospice
Chichester
01243 775302
www.stwh.co.uk

BOXGROVE GARDENERS' CLUB **Autumn/Winter programme**

*Talks in the Boxgrove Village Hall 7-9pm every third Thursday
in the months November - March, but excluding December*

There is no meeting in December, but we resume on 18 January

Doreen Johnstone

- - - - -

It's only £10-00 per year to join and we would love to have new members.
Contact Doreen Johnstone on 01243 771655 or email
doreenandian@btinternet.com for more information

KEEPING WELL THIS WINTER

A letter received from Ashvin Patel, West Sussex County Council Senior Adviser for Adults and Health

Dear Editor,

With the weather turning colder and winter approaching fast, the County Council is highlighting some of the ways we can all help to stay well this winter.

If you are eligible for a free flu vaccination it is important that you take up this offer. You are offered the vaccine for free if you are one of the groups of people who are most 'at risk' of catching the illness. This is one of the most important things you can do to stay well and it may also help relieve pressure on the NHS this winter. To find out if you're in an 'at risk' group speak to your local participating pharmacy or GP.

I also want to remind your readers about the fantastic meals on wheels service available in West Sussex. Eating at least one hot nutritious meal a day is very important for our health and wellbeing, particularly in colder weather. Some people, due to illness, frailty or a disability, may find it difficult or impossible to shop, cook or heat a frozen meal. The home-delivered hot meals service may be the answer.

The national award winning meals on wheels service in West Sussex is run on behalf of the County Council by *apetito*. Meals are delivered at lunchtimes between 11-2, up to seven days a week - including Christmas Day. To find out more about meals on wheels or to sign up for the service call 01903 718893 or email westsussex.office@apetito.co.uk.

Yours sincerely,

Ashvin Patel

West Sussex County Council
Senior Adviser for Adults and Health



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What have Chichester Cathedral worshippers, tourists, bell ringers, schoolchildren and choristers got in common?

They all benefit in one or more ways from generous financial support from Chichester Cathedral Friends!

In the past three years alone, The Friends have donated over £375,000 to fund 26 different projects, each of which contributes to the Cathedral's strategic activities of Worship, Hospitality and Education.

Worshippers use the 1000 chairs that were installed in 2017 and the kneelers in the Lady Chapel and St Richard's Shrine. In Advent, the beautiful Advent Candle stand enhances worship whilst our contribution to the restoration and re-ordering of the Sailor's Chapel has revived the north-west corner of the Cathedral.

Tourists are amazed at the Cathedral's many artefacts and enjoy being able to closely inspect our Roman remains thanks to the walk-on glass that Friends funded. And work is in progress, thanks to a substantial grant from the Friends, to develop a new web site.

Bell ringers climb a tight spiral staircase of 80 steps to reach the ringing chamber in the medieval bell tower. Friends recently funded a secure stainless-steel handrail to improve the safety of access to this important site.

The Cathedral is a popular destination for school children from around the diocese. Friends have helped make the Learning and Engagement centre an attractive and well-equipped place for schoolchildren and their teachers to meet and work.

And hot off the press, The Friends has just entered into an agreement to fund a Scholarship for a Cathedral Chorister for 5 years! Look out for the chorister proudly wearing the Friends' medal!

Chichester Cathedral Friends is a registered charity. Membership costs £15 per year and £25 for a couple. For more information visit: www.chichestercathedral.org.uk/friends or email friends@chichestercathedral.org.uk.

See also on P11 when our Parish is to be prayed for in the Cathedral

Anyone for Tee?

Golfer: You've got to be the worst caddy in the world.

Caddy: I don't think so ... that would be too much of a coincidence.





A NIGHT BEFORE CHRISTMAS



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Are you or someone you know finding it difficult to visit the library? Do you know about West Sussex Libraries' Home Library Direct Service? This free service is for anyone who is unable to access the library due to age, illness, disability, caring responsibilities or other reasons.

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If you would like this service or know anyone else who would benefit, please contact or visit your local library for an application form, or complete the online form here: www.westsussex.gov.uk/HLD.



BOXGROVE VILLAGE HALL

A DATE FOR YOUR DIARIES

**Thursday 21st December
2-5 pm**

CHILDREN'S CHRISTMAS PARTY



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know who can come, as we
need to know for catering*



HOLY HOWLERS

from the archives

*At the tonight's evening service
the sermon topic will be*

What is Hell?

*Come early and listen to
our choir practice.*



*Ladies, don't forget the rummage
sale. It's a perfect opportunity to
get rid of those things not worth
keeping around the house.
Bring your husbands.*

THE TRAFFIC CALMING GROUP

... would very much like to recruit more volunteers to join the Group. Just a few hours a week would do in order to try to prevent further accidents such as the recent one where the car leaving Crouch Cross Lane was ploughed into by a car speeding up The Street.

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DECEMBER 2017 (Year B)

3 ADVENT SUNDAY

8.00am Holy Communion †
10.00am Community Mass

10 SECOND SUNDAY IN ADVENT

8.00am Holy Communion †
9.30am Solemn Mass
11.15am Parish Mass
4.00pm Christingle

17 THIRD SUNDAY IN ADVENT

8.00am Holy Communion †
9.30am Solemn Mass
11.15am Parish Mass
5.30pm Priory Carol Service by
Candlelight followed by
mulled wine and mince pies
in the St Blaise Centre

24 FOURTH SUNDAY IN ADVENT CHRISTMASS EVE (O Adonai)

8.00am Holy Communion †
10.00am Community Mass
4.00pm Crib Service
5.00pm Confessions
11.30pm Solemn Midnight Mass

25 THE NATIVITY OF THE LORD

8.00am Holy Communion †
10.00am Christmass Family Eucharist

31 HOLY FAMILY SUNDAY

10.00am Solemn Mass

*Please see the church notice board
outside church and on The Street
as well as the Bugle for details
of services in January*



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The internet does have some uses ...