

# THE BOXGROVE BUGLE

THE MAGAZINE LINKING CHURCH AND PARISH

Boxgrove Priory, The Priory Vicarage, Church Lane,  
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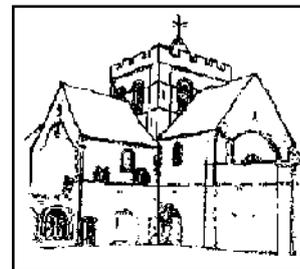
[www.boxgrovepriory.co.uk](http://www.boxgrovepriory.co.uk)

## June 2021

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# Who's Who in Boxgrove



## VICAR OF BOXGROVE

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## CHURCHWARDENS

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## ACTING HON. TREASURER

Mr David Bannister - 01243 380155 - [churchwardens@boxgrovepriory.co.uk](mailto:churchwardens@boxgrovepriory.co.uk)

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## CATHEDRAL LINK

Mr Mike Beaman - 01903 367039 - [beaman\\_mw@yahoo.co.uk](mailto:beaman_mw@yahoo.co.uk)

## PRIORY AND ST BLAISE CENTRE Bookings & Enquiries

Mr Mark Peters - 07729 773277 - [mark@petersposse.co.uk](mailto:mark@petersposse.co.uk)

## WSCC MEMBER FOR CHICHESTER NORTH

Mr Jeremy Hunt - 0330 2224536

## CDC MEMBER FOR BOXGROVE WARD & CHAIRMAN, BOXGROVE PARISH COUNCIL

Mr Henry Potter - 01243 527312

## BOXGROVE C of E PRIMARY SCHOOL

Mrs Jacqui Dommett - 01243 773309 - [head@boxgrove.w-sussex.sch.uk](mailto:head@boxgrove.w-sussex.sch.uk)

## BOXGROVE VILLAGE HALL Bookings & Enquiries

Matthew Hall - 01243 788332

## BOXGROVE VILLAGE STORES & CAFE

Open: **Mon-Fri** 7.30am-5.30pm; **Sat** 8.00am-5.00pm;  
**Sun** 8.00am-2.00pm

Tel no: 01243 773201 - [Boxgroveshop@gmail.com](mailto:Boxgroveshop@gmail.com)



## From Father Ian

The gradual return to church of people who are becoming more confident in the effectiveness of the Covid vaccine, and of the reducing level of virus in the locality, means that things are beginning to feel a little more normal at the Priory.



We have been very careful in the way that we have ensured social spacing and ventilation, have constrained the length of services and obeyed the rules about singing, and this has helped us to feel confident that we are keeping our church family safe.

The chance to watch replays of the live-streaming has also afforded the opportunity to see for ourselves what we are offering to God. It helps us in identifying the criteria by which we 'rate' what we do, as it is important that we continue to judge the effectiveness of our liturgical activity.

The live-streaming has necessitated some changes in the sanctuary as we have sought to frame within the camera shots signs and symbols of our overall spirituality. The Blessed Sacrament is now present against the East Wall, and there is a beautiful statue of Our Lady, now occupying the former High Altar piscina. Throughout Eastertide we have had the paschal candle positioned so that it was 'in shot'.

Our treatment of the sanctuary has owed something to the theatre as we have made greater contrasts between ordinary days and feast days and Solemnities. But it seems to have been worth the efforts involved.

Those engaging online number into the hundreds, and even the daily mass commands perhaps sixty viewers. So thank you to those who have made these things happen, whose skills have helped the Priory look at its best. And congratulations to the flower arrangers, who have coped with laudable patience as the sanctuary furnishings have become rather more mobile!

*Father Ian*



We are appealing for funds to undertake a rebuilding of the organ - which is long overdue - for a renewed lighting scheme, and for work on churchyard walls.

More details will follow in the July edition of the Bugle.

Fr Ian

# THE BUGLE

Articles on any aspect of Boxgrove news - village or Priory-based - are always most welcome. In normal circumstances the Boxgrove Bugle is distributed **free of charge** to each household within the parish and published on-line, as well as being sent further afield and being available in the Priory for visitors and non-residents of the parish. When printed, the run exceeds 700 copies per month; currently, however, it is possible only to publish it on the [Priory website](#).

Items to be considered for publication should be sent to the [Editor](#) at her new address:: editor.boxgrovebugle@gmail.com. Submission is requested by the **15<sup>th</sup> day of each month**, please, for publication on or around the last Sunday of each month. Alternatively, items clearly marked "**Boxgrove Bugle**" may be left in the Vicarage postbox.

## DATES 2021

*NB: There is no Bugle in January or August*

Issue Month	Copy Deadline	Publication Date
July	15 June	27 June
-	(No edition in August)	-
September	15 August	29 August

## BUGLE ARTICLES AND CONTENT

Please contact Tina Thurlow - [editor.boxgrovebugle@gmail.com](mailto:editor.boxgrovebugle@gmail.com)

## BUGLE ADVERTISING

Please contact Tina Thurlow - [editor.boxgrovebugle@gmail.com](mailto:editor.boxgrovebugle@gmail.com)

## ADVERTISING RATES 2021

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**'Priory Church of St Mary & St Blaise'**

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and may be read on-line in colour at

[http://www.boxgrovepriory.co.uk/boxgrove\\_bugle.html](http://www.boxgrovepriory.co.uk/boxgrove_bugle.html)

*Why not add a link to your desktop?*

# BOXGROVE PARISH COUNCIL

## Parish Council report, May 2021



The meeting on 3<sup>rd</sup> May was the last totally virtual Meeting that we are permitted to hold. Future meetings will have to be 'live' and will be held in the Village Hall, though we are planning to continue with the Zoom platform for those Members, Councillors and Public, who choose not to attend live face to face meetings. Providing we have a quorum of Councillors attending (at least three) this is perfectly in order. The meeting in June will be on the 7<sup>th</sup>.

At the May Annual Meeting the Chairman was re-elected for the coming year, as was Cllr Addington to the Vice Chairman's office. The memberships of other sub-committees and other outside bodies also remain the same.

The Chairman had presented a lengthy Annual Report which can be read in full on the Parish Council's website, as can all matters relating to the PC.

The best news for some time is that on May 6<sup>th</sup>, Election Day, the Boxgrove Neighbourhood Plan passed the referendum stage with resounding support from our residents and will now go to a Special District Council Meeting on 22<sup>nd</sup> June for final adoption of the Plan. This is such good news and we cannot thank David Leah and the other members of the NP team who brought this all to fruition over a period of almost FIVE years enough. Not forgetting the assistance of Maureen Chaffe, who was appointed to steer the Team and the Plan through so many pitfalls. Lesser people may have given up a long time ago. It has been very frustrating at times. The adoption will now mean that greater notice will be taken of the content of the Plan when anything is considered for the Parish, not just Planning issues, but many other issues identified in the Plan. Also, when there is development within the Parish, the PC will receive a full 25% of any Community Infrastructure Levy monies collected from the developer which can be used by the Parish to spend on improvements to the benefit of the whole Community. For example, from previous CIL payments received there is already £25K set aside for the enhancement of the Children's Play Area.

The terms of reference for the recently created Conservation Area Group were agreed at the meeting and, apart from monitoring any development in the Conservation Areas of Boxgrove and Halnaker, an awareness programme is planned to ensure that folk who buy or live in these areas are fully aware of the responsibility, and the implications to preserve the intrinsic and special historic qualities of these areas.

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### Other useful contact details

**Local Police** - Emergencies 999 or 112 ~ Other matters 0845 60 70 999 or 101

**Citizens Advice** - Consumer helpline: 0345 4040506

**Action on Elder Abuse** - Confidential helpline: 080 8808 8141

**Action Fraud** - National fraud reporting centre: 0300 123 2040

Finally, the Council have received a letter showing the intent to explore the development of the agricultural field at the south east of the Village alongside the A27. This has been identified as 'potentially' developable but will require all the usual planning processes, including consulting the Parish Council. More on this in the years ahead!

**Henry Potter**  
Chairman of the Parish Council



## Arun & Chichester Citizens Advice

Independent, impartial, confidential & free advice

Do you think you spend too much on your electric, heating or water bills? Do you ever find it difficult to pay for them? Arun & Chichester Citizens Advice has a free service to help you reduce the costs. We can help you make sure that you get all the help you are entitled to, reduce your costs now and even reduce your costs for next winter and in the long term.

If you would like to speak with one of our friendly advisers, please call the Energy Team on 01243 974063 from 10am to 4pm, Mondays to Fridays (excluding bank holidays), or see <https://arunchichestercab.org.uk/contact-us/energy-2021/>



Mass for Thursday in the seventh week of Easter (Lanfranc)



Mass for Wednesday in the seventh week of Easter (St Augustine)



Mass for Tuesday in the seventh week of Easter (Requiem for David Lloyd)

You can still 'join in' the Mass from the Priory, 'live' or at a time which may be better for you. Visit the Parish [Facebook](#) page.

# THE OPTIMISTIC GARDENER

High Trees - No.44 - May 2021

## Glorious Disarray

As you can see from this 1968 snap taken by my sister in the back garden of the family home in Cheshire - I have never been a slave to fashion! My mum was the one who made our clothes and although she could look very stylish in her ensembles she failed to do the same for her offspring.

So I was the one who wore hand-knitted jumpers at college and cycled to my first job wearing football socks! At school - when most of the sixth-form had abandoned their uniforms in favour of mufti - Helen McCready and I were staunch wearers of the pea-green outfit including the velour hat! Now, I make it sound like my mother's doing that I had such a disregard for fashion but this is not strictly true.



The same can be said of following any trends in my gardening. Our garden has evolved over the thirty-three years we have been here in Barnham. Back in 1988, when we moved here, the fashion of the time was for decking and built-in barbecues. People were painting their garden sheds and fences with blue paint and disguising the potting shed as a beach hut.



Thank goodness we didn't follow that vogue! But there have been trends in gardening which have lasted much longer and have become established in the national consciousness as an approach to be considered when designing a garden.

Now I'm not talking here about Capability Brown or Humphrey Repton - influential as they were, their designs were definitely

for the minority who didn't own gardens so much as small counties! The wealthy have always been able to be fashionable.

No. I'm thinking of garden designers whose ideas have trickled down to the more domestic sized gardens we have in the 20<sup>th</sup> and 21<sup>st</sup> centuries. One such name is that of Gertrude Jekyll, who often worked alongside the architect Edward Lutyens. Her

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gardens were part of the Arts and Crafts movement in the early 20<sup>th</sup> century and, yes, she did mainly design for those clients with wads of the ready, but her philosophy was to make the garden look like an extension of the house and there was often a series of spaces formed by hedges and trellis - so the concept of 'garden rooms' was born. This is just as trendy today as it was back in the 20<sup>th</sup> century.



*Loseley Park garden*

The harsh outlines were then softened by plants spilling over onto the paths and plants being allowed to self-seed so that it appeared as though Mother Nature was taking over. If you want to see a nearby example of Jekyll's garden style you need go no further than Loseley Park, between Godalming and Guildford.

Although few of us can boast a vine walk, ancient wisteria or a moat, the idea of having different rooms within the garden, however small, is still relevant today.

Even nearer to us here in the southwest corner of Sussex is a garden which exemplifies Gertrude Jekyll's style - this is Denmans Garden at Fontwell. If you have never visited I urge you to do so, and you will find yourself in a different time-zone.

The garden was the brainchild of the owner of Denmans Farm, Joyce Robinson, who had farmed there since 1946. In 1969, after an amazing holiday in Greece, she returned with plans to capture the memories of the Island of Delos by using gravel in her garden plans. She opted for our local gravel dredged from the harbour at Littlehampton and this worked well with the brick and flint of the Denmans garden.

She started in the walled garden where she had grown vegetables for the Covent Garden market for years. She ploughed under the veg beds and filled this area with plants and herbs which varied in height and bloom time, and she let her plants self-seed and ramble, removing the ones she didn't want and nurturing the remainder to achieve the naturalistic effect she was aiming for. After finishing her walled garden she moved beyond the walls and got on a tractor (at the age of 76 - what a woman!) to create gravel streams or dry-river beds. The inspiration was from the South Downs winterbournes, which dry up in the summer. She created two artificial river beds - the project taking her three whole years - and, in her own words, she didn't wish ... "to repeat early patterns of planting, an imaginary dry stream or watercourse was described with rocks and gravel, grasses, willows, and plants ...".

Then along came the young(ish) designer John Brookes, who visited Denmans in 1973 and fell in love with it. He returned in the late '70s when Mrs Robinson was looking for someone to take over the management of the garden. He ran his business in Garden Design from here and began to make his own mark on the place but still kept its ethos - particularly since Mrs Robinson still lived on site! I met her once when I was visiting the garden (paid-punter, I have to say) and she was patrolling the gardens on her electric mobility scooter. She clearly loved to chat - her opening gambit to me

/continued ...

was, "Do we know you?". Now I'm not sure whether the "we" referred to the garden team or whether she had been to the Mrs. Thatcher school of pronoun usage!

Nonetheless I had to confess that she didn't, but I knew her pond intimately since we had recently put that exact design of pond in our own garden; John's book 'The Country Garden', published 1987, was the inspiration for the design we put into the High Trees garden in 1989. And a staggering coincidence was that our advisor (an employee of Anthony Archer-Wills - the company which built the Denman's pond) was surprised to be putting in the same pond which he had assisted with only a couple of years earlier!



Mrs Robinson described Denmans as "glorious disarray", the title of her 1989 book, which evolved into what John affectionately referred to as "controlled disarray" under his eye. If you haven't been - or even if you have - I urge you to go and see this beautiful garden; since John Brookes' death in 2018 it has been being restored by a Trust and needs all our support in these difficult times.

I hope that the garden at High Trees embodies the philosophy of "controlled disarray", though as the years fly by I suspect we may be returning to Mrs R's initial idea.

Well - after all - it *is* 'no-mow May'.

**Janet Reeves**



# AUGUST CREAM TEAS IN THE ST BLAISE CENTRE

We are delighted to announce that cream teas will be served in the St Blaise Centre between **2pm and 5pm every Sunday in August**, with all proceeds being donated to the Priory.

David Bathurst will be co-ordinating operations and would be delighted to receive offers of help in baking scones and cakes, and serving in the kitchen.



If you would like to contribute your baking and/or serving skills, please call David on **01243 551467** or email him at [davidbathurst@btinternet.com](mailto:davidbathurst@btinternet.com)



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*A small boy returned from Sunday School in floods of tears. When his mother asked him why, he explained tearfully, "Mrs Jenkins says Jesus wants me for a sunbeam, but I want to be an engine driver".*



## Boxgrove Neighbourhood Plan Update May 2021

I am pleased to announce that the residents of Boxgrove voted in favour of the Neighbourhood Plan in the referendum which took place last week.

The number of votes in favour was 305 compared to 36 against. The turnout was 42%.

On behalf of the team, I would like to thank everyone who voted for accepting the Plan.

<https://www.boxgrovenp.co.uk/>

**David Leah**

Chair, Boxgrove Neighbourhood Plan Team

9 May 2021

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*For the Declaration of Result of Poll, see page 11*

# DECLARATION OF RESULT OF POLL

## CHICHESTER DISTRICT COUNCIL NEIGHBOURHOOD PLAN REFERENDUM FOR THE BOXGROVE AREA

I Joe Mildred, the Deputy Counting Officer for Chichester District Council at the referendum held on 6 May 2021, DO HEREBY GIVE NOTICE that the results of the votes cast is as follows



<b>Do you want Chichester District Council and the South Downs National Park Authority to use the neighbourhood development plan for the parish of Boxgrove to help it decide planning applications in the neighbourhood area?</b>	
	Votes Recorded
Number cast in favour of a 'Yes'	305
Number cast in favour of a 'No'	36

The number of ballot papers rejected was as follows:

[a]	Want of official mark	0
[B]	Voting for and against the same question	0
[c]	Writing or mark by which voter could be identified	0
[d]	Being unmarked or wholly void for uncertainty	0
	<b>TOTAL REJECTED</b>	<b>0</b>

I do hereby declare that more than half of those voting have voted in favour of the Boxgrove Neighbourhood Plan

Turnout: 42.2%

Joe Mildred  
Counting Officer

Dated: 7 May 2021

# Traffic Calming Group ~ Update

## Halnaker Community Highway Scheme

After 3 years of work, we can now confirm the Halnaker Community Highway Scheme will be implemented in June/July 2021. The scheme designed and funded by WSCC Highways will introduce similar features already installed in Boxgrove, including:

- An improved pedestrian crossing point at the PROW at the south of the village along with new road markings entering the village.
- A new pedestrian informal crossing point at the pub.
- A new pedestrian informal crossing point at Tinwood Lane.
- A new pedestrian informal crossing point at Oakford Park.
- A revised layout at the Halnaker cross roads with multiple drop kerbs to add accessibility.
- All new road markings for the entire length of the village creating the perception of a narrower carriageway. This has been proven in other installation to slow traffic by 5mph or more.
- A fully upgraded Windmill parking area with allocated parking bays and improved road surfacing and fencing. This part of the scheme is also being sponsored and partially funded by the Rees Jeffreys Road Fund.

These new features will add to the features already introduced including the new village gates installed earlier this year. Landbuild are the Contractor assigned to install the project by WSCC Highways and they were also the Contractor who implemented the Boxgrove scheme last year.

## Traffic Calming Group to become 'Getting Around Team'

Following approval by the Parish Council, the TCG will be renamed the 'Getting around Team', or GAT, in line with the Neighbourhood Plan. The group will not only continue to tackle traffic calming topics but extend its work to look at other aspects of Parish life associated with getting around. This might include focus on circular pathways for exercise and pleasure, horse trails/bridleways, routes for bikes. We have a keen interest in providing safe and accessible routes for all. If you are interested in joining the group as we extend our activities, please send an email to Jim at

[jmcdon2016@gmail.com](mailto:jmcdon2016@gmail.com)

# BOXGROVE COMPANION DOG SHOW



The Boxgrove Companion Dog Show 2021  
will be held on  
**Saturday 2 October**  
at the Village Hall and Sports Field

There will be the usual mix of pedigree and novelty classes for dogs and their handlers to enjoy together, with six rosettes to be won in every class. Of course there will also be Obedience Classes to show off those well trained dogs. As before there will be a non-competitive agility course, which is always great fun.

Food and hot and cold drinks will be available all day.

Stalls will include Raffle, Tombola, Books and hopefully many others, including charity and commercial stalls.

Schedules available from July.

Contact: [sylvia.hubbard@btinternet.com](mailto:sylvia.hubbard@btinternet.com)



Profits to be shared between  
Boxgrove Priory (Reg Charity 1131214)  
Boxgrove Village Hall (Reg Charity 1167340)



## BOXGROVE & TANGMERE JULIAN GROUP

*The Group meets on the second Monday of each month at 3.15pm at The Priory Church of St Mary & St Blaise, Boxgrove. Notices confirming details of venues are placed on the church notice board (pending Government guidance re easing of Lockdown, Social Distancing and possible meeting venues).*

*If, due to uncertainty, we are unable to meet, perhaps you could use the time to read the Psalm. The theme for each monthly meeting is as follows:*

14 June	Psalm 150, v 1-6 'O praise the Lord in his Holiness' (BCP)	Location to be advised - Boxgrove
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*Trust, the Highest Prayer*  
*Julian of Norwich ~ 'Enfolded in Love' series edited by Robert Llewelyn*

# NEWS FROM BOXGROVE WI



At long last we have been able to hold a proper face-to-face meeting. Our May meeting was held in the open air in the St Blaise Centre garden. Rain clouds threatened but they eventually drifted away. Everyone was so happy to be together again and be able to chat away normally without face masks.

The serious part of the meeting was a discussion on the 2021 Resolution: 'A call to increase awareness of the subtle signs of ovarian cancer'. We divided into three groups and shared our knowledge and thoughts. This Resolution is of particular interest to women over the age of 60, as 80% of cases are in this age group, and it is one of the most common types of cancer. The outcome is often bad, as the signs are similar to other possible illnesses and women are not aware of what to look for. Bloating, persistent pain in the lower abdomen, swollen tummy, quickly feeling full when eating and/or loss of appetite, the need to pass water more frequently - these are all signs to look out for. The earlier it is diagnosed and treated the better the outcome. However, some of these signs can be mistaken for irritable bowel syndrome or pre-menstrual syndrome. Once it takes hold a cure is not possible.

The message to women is: "be pro-active, learn the signs and be persistent in getting tested to see if you have ovarian cancer." Needless to say, the Resolution was passed unanimously as we feel that we are in a position to spread the word about looking out for those subtle signs.

However, it wasn't all about serious matters. Our Book Group is meeting up next week to discuss Fern Britton's *Daughters of Cornwall* - no more Zooming! The Lunch Group will be going to the Spur in June, and our next meeting is a garden visit to Sennicotts Garden near East Ashling.

It's great to be getting out and about again. Let's hope things continue to improve on the Coronavirus front!

**Wendy Austin-Ward**  
Secretary, Boxgrove WI  
07947 946538  
[wendyaustinward@gmail.com](mailto:wendyaustinward@gmail.com)



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## From a poem by John Donne (1572-1631)

*Since I am coming to that holy room,  
Where, with thy choir of saints for evermore,  
I shall be made thy music; as I come  
I tune the instrument here at the door,  
And what I must do then, think here before.*

*During the COVID-19 pandemic, the demands on our frontline services grow and change daily. Due to having to cancel all fundraising events, closure of our retail outlets and reduced income, we are asking for your help now more than ever to enable us to continue responding to the challenges facing people who are homeless and rough sleeping.*

*We are working in partnership with other agencies across West Sussex to provide the following essential support for homeless and vulnerable people:*

- ◇ *Safe, secure, high-quality accommodation*
- ◇ *Support with mental health, recovery and wellbeing*
- ◇ *Fresh food and essential provisions*
- ◇ *Keeping them safe and well during the COVID-19 pandemic*

***#donatealittlemeansalot ~ <https://www.justgiving.com/stonepillow>***

*Stonepillow is the trading name of St Richard of Chichester Christian Care Association. A company with charitable status and limited by guarantee (Registered in England, no 2504171 and registered Charity no 1000830)*



***As we hope life is becoming rather less restricted,  
a more light-hearted look back at 2020***



1. *The most useless thing we ever bought was a 2020 planner*
2. *2020 - stay away from negative people. 2021 - stay away from positive people*
3. *The world has turned upside down: old people are sneaking out of the house and their kids are yelling at them to stay indoors!*
4. *This morning I saw a neighbour talking to her cat. It was obvious she thought her cat understood her. I came to my house and told my dog. We had a good laugh.*
5. *Try your jeans on every few days, just to make sure they fit. Pyjamas will have you believe all is well in the kingdom.*
6. *Does anyone know if we can take showers yet, or should we just keep washing our hands?*
7. *I never thought the comment, "I wouldn't touch him/her with a barge pole" would become a global policy, but here we are ...*
8. *Now I need to practise social-distancing from the refrigerator.*
9. *I hope the weather is good tomorrow for my trip to the back garden. I'm getting tired of the living room.*
10. *Never in a million years could I have imagined I would go to a bank with a mask on and ask for money.*

BOXGROVE



VILLAGE STORES & CAFE

We know that some of you are not able to leave home at the moment to shop for essential items, so we are offering a home delivery service to residents of Boxgrove and local villages.

**Minimum order is just £5** to qualify for free delivery. Please call for full details of our delivery areas.

Call **01243 773201** during our opening hours (Monday-Friday 7.30-5.30; Saturday 8.00-5.00; Sunday 8.00-2.00) to order fresh fruit and vegetables, groceries, deli goods, bakery and dairy items, cakes and home baked goods and cleaning products.

We have daily deliveries of fresh produce and groceries so we will do our very best to fulfil your order, but some items may be subject to availability.

Payment will be taken by card over the phone and we'll advise you of an approximate time for delivery by one of our team or a friendly local volunteer.

Please call us if we can help - we look forward to being of service.



### Solution to the crossword puzzle in the May Bugle

1	L	A	D	D	I	S	H		5	M	A	S	T	E	R	S	8			
	A		O		S		A			I		N		V			T			
9	C	O	W	S	L	I	P		10	T	E	A	T	I	M	E				
	O		A		E		P			R		R		C			L			
11	N	I	G	H	T	L	I	F	E		12	E	X	T	O	L				
	I		E					N				D		E			A			
13	C	A	R	O	B			14		15	E	A	S	16	Y	R	I	D	E	R
					U			S						T		U				
17	P	O	O	R	T	A	S	T	E		19	M	O	C	H	A	21			
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22	L	A	B	B	E			23	C	E	L	E	B	R	I	T	Y			
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27	S	A	L	U	T	E	D			28	Y	A	R	D	A	R	M			



See page 25 for this month's puzzle!

## Wellbeing Walk heralds return of 4Sight Vision Support public fundraising events



Like so many charities, Bognor-based 4Sight Vision Support has experienced an incredibly challenging year. The charity, which provides free advice and support to blind and sight impaired residents throughout West Sussex, relies heavily on voluntary donations to deliver its services to over 2,000 people each year. While fundraising has been heavily impacted, 4Sight Vision Support has however managed to find new and innovative ways of providing services to members throughout the pandemic, helping people with sight loss to stay active and independent and feel less isolated.



4Sight Vision Support is delighted to announce the resumption of its public fundraising events, and is inviting people to sign up for a Wellbeing Walk on **Saturday 26th June 2021** on the beautiful Angmering Park Private Estate. This past year has shown how important it is to look after our wellbeing, and the walk represents a fitting way to celebrate the resumption of public events such as these and kick-start fundraising activities and celebrations in what will be the charity's 100th anniversary year.

The walk will take participants on an undulating 5 mile rural trail. Entry costs **£10 for adults and £5 for children aged over 3**. The fee includes refreshments, a bespoke wooden medal and wellbeing activities along the route. A special event T-shirt is also available for £10. The fee covers the costs of putting on the event, so in addition participants are encouraged to pledge £50 in sponsorship to support the vital work of 4Sight Vision Support.

**For more information and to register**, visit: [www.4sight.org.uk/wellbeing-walk](http://www.4sight.org.uk/wellbeing-walk), call 01243 828555 or email [fundraising@4sight.org.uk](mailto:fundraising@4sight.org.uk).

4Sight Vision Support would like to thank **Nigel Clutton** and the **Angmering Park Estate** for allowing this event, and **South Downs Water** and **Nature's Way** who will kindly be helping to keep walkers refreshed on the day. The event is subject to Government guidance at the time.



*Seen in a no-smoking area*

*If we see smoke,  
we will assume you are on fire  
and will take appropriate action.*

## **The joys of hidden villages (and a fun selection of public houses)**

*By Jennifer Hancock, Director at Property Acquisitions*

The pandemic has without a doubt reinforced the joys of living in a village. Offering beauty, peace, clean air, simplicity, charm, natural surroundings and close local communities to name a few, I feel very blessed to have been living in one myself over the last year. When we've been trapped in our homes, having access to stunning surroundings and beautiful walks around fields, woodlands and rivers has been a saving grace. And now that we are able to see people again, just walking around my own village reminds me how close knit all the neighbours are with each other. It's a completely different experience to living in a city or busy town.



More and more people are now choosing this way of life over urban, seeking a more relaxed and gentle pace that makes life far more enjoyable. This is the busiest year I have ever had with property buyers, with over 60% of clients now from London, most of whom are choosing villages over towns. My local town clients are also seeking a more rural life to enjoy their retirement.

There are many well-known villages in and around Chichester to choose from, but there are also some awe-inspiring hidden gems where you literally step back in time. If you're the type of home-owner keen to explore off the beaten track villages, yet still be close to daily necessities, excellent schools and a variety of activities, you may wish to consider these rural wonders ...

/continued ...

## **East Dean**

A lovely sleepy village: part of the Upper Lavant Valley, offering a traditional village pond setting with fabulous walks on its doorstep. There's also a very good pub called the [Star & Garter](#). If you pop across to the next village, in Charlton, there's another called [The Fox Goes Free](#).

## **Chilgrove**

Gin and vodka lovers will know this picturesque village is home to [Chilgrove Spirits](#), which is not only sold in local shops but also the likes of Harrods, Fortnum & Mason and Majestics. Most people don't actually realise Chilgrove is where it is, as it's quite hidden from passers by, but located at the foot of the south downs, there are some super walking trails that take you up to Kingley Vale Nature Reserve or the South Downs Way. There's also a superb 18<sup>th</sup> Century inn, [The White Horse](#) that's definitely worth a visit for lunch in between your property viewings.

## **West Stoke**

Ideal for those who love their watersports as well as their country walks and cycling, this is a highly regarded South Downs village very close to the waters of Chichester Harbour, Bosham and the Witterings, as well as Goodwood, Kingley Vale Nature Reserve and the South Downs. There's also a village hall and Wellies Tea Rooms, which serves lovely lunches, coffees and teas. For such a small village, it has a lot going for it!

## **North Marden**

Another village you may miss on your travels if you didn't know it was there is North Marden. In the heart of the South Downs National Park, it boasts a stunning 12<sup>th</sup> Century church with farms and cottages scattered around commanding far reaching views. It's very much one for those who are looking for a 'sleepy' tiny village. There aren't any shops or a pub, but Chichester is just 7.5 miles away whilst the surrounding villages have some exceptional pubs and shops to enjoy. There are plenty of bridle and foot paths in North Marden, however, with easy access to local golf courses, the coast and good schools too.

## **Church Norton**

Houses rarely come up for sale in Church Norton as there aren't many, but its fabulous beach, walking routes and church make it one of my favourite hidden villages. This attractive hamlet sits on the edge of Pagham Harbour Nature Reserve, with nearby Selsey providing all the local shops and facilities you need.

## **Sidlesham**

Sidlesham is a large parish which boasts a great pub ([Crab & Lobster](#)), church and a primary school. There are wonderful walks, and views, and also sitting on the edge of the nature reserve it's really popular with bird watchers.

Venturing out between Midhurst and Petworth, you will find some more truly stunning English villages. Still within the South Downs National Park, these in particular have proved more popular with my clients over the last twelve months than they have in fifteen years!

/continued ...

## Graffham

Graffham is another highly sought after village offering plenty of walks, cycling routes, two pubs (I highly recommend the [White Horse Graffham](#)), church, recreational ground, an outstanding Ofsted rated primary school, and one of the best village shops around that stocks everything you could possibly wish for.

## Lodsworth

It's not often you can say a small village is home to an excellent pub ([The Hollist Arms](#)), award winning shop, church, brewery ([Langham](#)), croquet club, tennis courts, hall, a recreational ground, an outdoor gym, playground and a cricket team! Not to mention a vineyard next door ([Upperton](#)), with the Cowdray Estate just a five-minute drive away, where you will find a golf club, café and farmshop. But that's exactly what Lodsworth has to offer – plus plenty of cycling and walking routes on your doorstep, as well as homes brimming with character.

## Lurgashall

This is a very pretty English village setting centred around a traditional village green where you will find the ever popular [Noah's Ark Inn](#) located. There's also a village shop and post office with a wide range of shops nearby in Midhurst or Petworth.

--o0o--

There really are so many lovely hidden village gems in this part of West Sussex that I couldn't name them all on one page, but other recommendations would also include Heyshott, Selham, Lickfold, Boxgrove and The Mardens.

## Jennifer Hancock

*For more information about buying a home  
in and around Chichester, contact me on  
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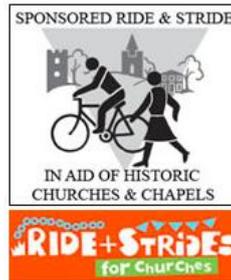
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# Ride & Stride 2021 takes place on Saturday 11 September



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The Sussex Ride & Stride is a sponsored ride (bike or horse) or walk in which people all over Sussex walk or cycle between churches, exploring and enjoying the countryside.

*The Sussex Historic Churches Trust was founded in 1956 to give grants for essential repairs and restoration of places of worship of architectural or historic interest throughout Sussex. Since 1956, the Trust has assisted more than 500 churches and places of worship across the two counties.*

Would you like to spend a day doing a sponsored cycle-ride, horse-ride or walk between some of the beautiful and historic ecclesiastical buildings in our local area, at the same time raising money to ensure that they will be here for future generations? There is no fixed route, so you can choose which church or chapel is your start point, which is your end, and how many you visit in between!

Alternatively, perhaps you'd rather help by joining the rota to keep the Priory open and welcoming to participants? Or maybe, if this all sounds rather too energetic or time-consuming, you might be prepared to sponsor a cyclist, rider or walker to support their efforts?

Further information and help for potential participants and/or helpers may be found at

[www.sussexhistoricchurchestrust.org.uk/sussex\\_ride\\_and\\_stride](http://www.sussexhistoricchurchestrust.org.uk/sussex_ride_and_stride)

or call **Mark Peters** on **07729 773277**

## BE PART OF TEAM PRIORY ON 11 SEPTEMBER!



# DEMENTIA SUPPORT

## Sage House is open and ready to help



After a year of patience, Dementia Support's 'first of its kind hub' has adapted its virtual offering and welcomed back customers to the delight of staff, carers and those living with dementia.

There will be a selection of fun, dementia-friendly activities run daily for people to attend, including chatter tables, art sessions, bingo, and reminiscence sessions. There is a small cost associated with activities, but carers get to join in free.

Daisy's Café has also started serving a selection of homemade meals and treats again. The dementia-friendly café allows customers to sit, relax, and enjoy being with family and friends indoors again, without having to worry about the Great British weather.



A spokesperson said: "Dementia Support offers health and wellbeing services at Sage House. You can book into one of their rooms to enjoy massage, reiki and reflexology performed by a local, trained therapist. Or maybe take advantage of their purpose-built accessible bathroom to bring back a relaxing bath to those who can no longer do so at home. At the moment the staff at Sage House are unable to assist with bathing, but if you are looking for a safe place to bathe a loved one, you are welcome to book into use the room."

Martha Pusey, head of Sage House, said the charity connects with people, their emotions and feelings - 'the good and the bad' - to show warmth, love, care and compassion "... connecting with a person to show that you understand them now in this moment," she said. "It has been a long year and although we have been keeping in contact via our online activities, we could not be more excited to see our customers come back through the door."

If you would like more information or are interested in attending Sage House for activities, health and wellbeing services, or to book a table at Daisy's Café, please call **01243 888691** or visit [www.dementiasupport.org.uk](http://www.dementiasupport.org.uk).



Sage House, City Fields Way, Tangmere, Chichester, PO20 2FP  
Tel: 01243 888691 ~ Email: [info@dementia-support.org.uk](mailto:info@dementia-support.org.uk)  
Web: [www.dementia-support.org.uk](http://www.dementia-support.org.uk)  
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# LATEST NEWS FROM ST WILFRID'S

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## MOONLIGHT WALK 2021!

Early bird tickets end 30 June. There are two options this year:

- the evening event walking through Chichester via a 5- or 10-mile route which includes the specially lit Bishop's Palace Gardens on 11<sup>th</sup> September
- the virtual event, where you can do a 5,000 or a 10,000 step walk in a time or place special to you and share your story with us on Facebook @stwilfridschichester between 4<sup>th</sup> - 11<sup>th</sup> September



This year, more than ever, every penny counts towards delivering compassionate end of life care in our community. Register at [stwh.co.uk/moonlightwalk](https://stwh.co.uk/moonlightwalk) for early bird tickets!



## THREE NEW VOLUNTEERING ROLES!

Like to upcycle clothes? Could you help collect shop donations as part of our van crew? Or perhaps you can help the return of the physical Moonlight Walk event this year?

Make new friends, learn new skills, build a CV and get creative in a safe environment making a difference to your local community.

We offer a wide and varied range of roles where no experience is needed but full training and support will be given in a Covid-secure environment. Start something rewarding with an informal chat with Emma on 01243 755185 or by emailing [volunteers.office@Stwh.co.uk](mailto:volunteers.office@Stwh.co.uk).

We have always felt passionately that St Wilfrid's Hospice is a successful charity because of our people, volunteers and staff alike. Throughout the pandemic we have seen incredible adaptability and flexibility from all of our volunteers in so many ways. It has been so amazing to see how many of the volunteer roles have been able to continue, from the volunteers supporting the ward team and patients, the community support team, hospice visitors, gardeners, shop volunteers and so many others. Volunteers will continue to play a vital role in this, as the past year has proved to us beyond doubt how vital our volunteers are to our ongoing success and for the care we give to local people who need us.

Thank you all, for everything you do.

Alison Moorey, Chief Executive & Soline Jerram, Chair of Trustees



/continued ...

## GET TOGETHER ... IN YOUR GARDEN

Raise your glasses, raise some smiles and raise some funds for your local Hospice with a get together in your garden. Download the Get Together pack for a wealth of ideas to get your fun filled fundraiser off to a sizzle. Available at [stwh.co.uk/gettogether](http://stwh.co.uk/gettogether).



## SUMMER RAFFLE

Prizes include £1,000 cash, a stay at Bailiffscourt Hotel and Spa, Lazy Susan's bistro set of garden furniture, floristry, artisan gin, summer planters, hampers and more!

Still just £1 per ticket, with a closing date of 12 July 2021 and drawn on 16 July.



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On **Sunday 4<sup>th</sup> July** take on a sponsored **10,000ft free fall tandem skydive** for St Wilfrid's Hospice and raise vital funds as part of our Leap 4 Love team! All training is provided on the day and everything is managed by your own experienced instructor, allowing you to take in every second. Register online at [stwh.co.uk/leap4love](http://stwh.co.uk/leap4love).

Support your local Hospice with an **adrenaline-pumping 100m abseil** and enjoy panoramic views of the south coast. Soaring above Portsmouth Harbour and taller than Big Ben, the Emirates Spinnaker Tower awaits the brave. Join #teamwilf on **Sunday 18<sup>th</sup> July** with a flexi-date guarantee on all our events.



## SAHARA TREK 2022

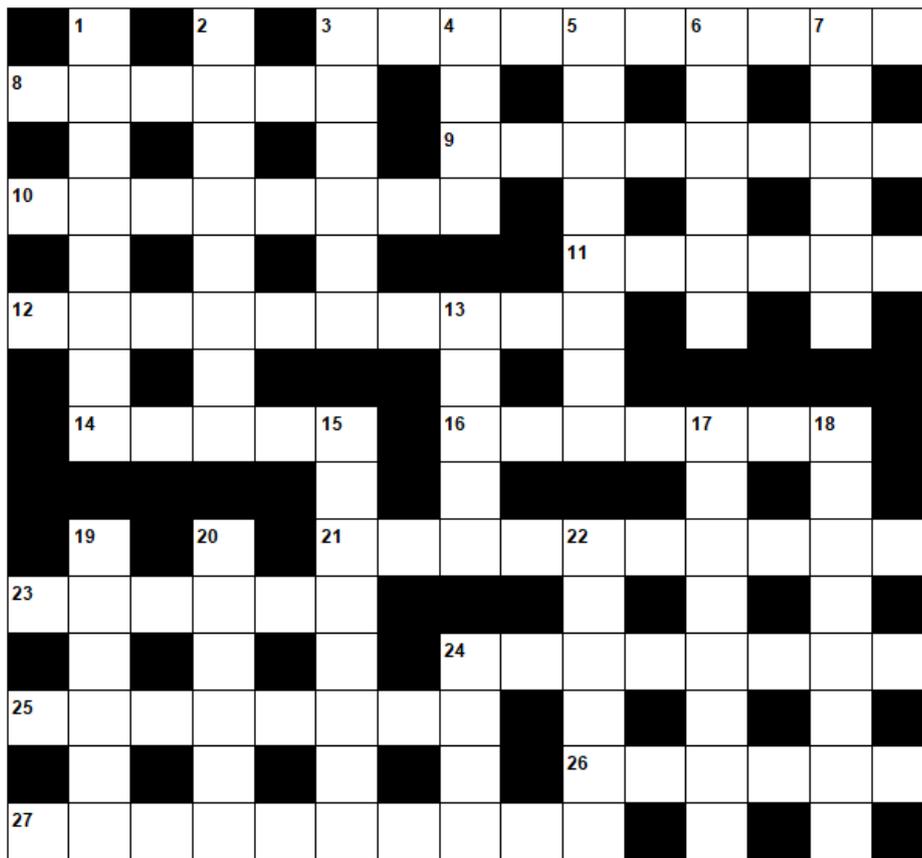
An invitation to adventure on a trek that summits the top of the highest sand dunes in the Sahara - The Chigaga Dunes. The whole trip is six days long and you will trek and camp under the stars for four of those days through an ever-changing landscape.

Register at [stwhco.uk/saharatrek](http://stwhco.uk/saharatrek) for our next virtual information evening at 7pm on 23<sup>rd</sup> June.



# THE CROSSWORD

*Some straightforward clues, some more challenging and/or cryptic. Solution next month!*



## Across

- 3 You can get a delicious vegetable soup from just one minster (10)
- 8 Put more 'juice' in the battery - at what cost? (6)
- 9 Modifications - worrying ones, with the Coronavirus ... (8)
- 10 Priest in a mess? No - quite the reverse! (8)
- 11 Embedded (esp. woodwork) (6)
- 12 But Eve had it first - and it looks as if it's got stuck ... (5,5)
- 14 Knows Antarctica well, in fact comes from there - though at Christmas from the North Pole! (5)
- 16 A dangerous snake does this - and startle when disturbed (7)
- 21 A blowfly of metallic hue - buzzed in amusingly by Peter Sellers and his friend Eccles (10)
- 23 Tall French sponge cake typically made with cream and/or fruit (6)
- 24 Sweet and biddable personality? No - quite the reverse (8)
- 25 French painter on a track - concerned with money? (8)
- 26 A dashboard safety device - an unnamed and repositioned bargain (3-3)
- 27 Great aggregate - the whole lot! (5,5)

## Down

- 1 Dare Chas to sort out the answer in this party game! (8)
- 2 A very clean and tidy new boy - at uni? (8)
- 3 One of the three holiest cities in Saudi Arabia (6)
- 4 Coming from Latin, a very apt word to describe the shape of the main body of a church (4)
- 5 Never sit - it can cause to be subordinate (8)
- 6 Honestly - a motoring event outside Europe (6)
- 7 Does a Manx cat really have this? Yes - well, no ... (2,4)
- 13 Lost in France? (5)
- 15 Walking - chewing a malt bun? (8)
- 17 I try real composition in another way: to do with good form in writing (8)
- 18 The time it takes for the Earth to rotate about its axis so that the Sun is in the same position again in the sky (5,3)
- 19 Enjoy, taste (food) (6)
- 20 Humble, lower (verb) (6)
- 22 Endangered cat native to this part of the Indian subcontinent (6)
- 24 Sac-like pocket of membranous tissue that contains fluid, air, or other substances (4)



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**jh.** Jennie Hancock  
Property Acquisitions

## ORANGE & ALMOND CAKE

### Ingredients

2 large navel oranges (oranges with unblemished skins, as whole fruit is used)  
5 eggs  
250g caster sugar  
250g ground almonds  
1 tsp gluten-free baking powder  
Pure icing sugar to serve

### Method

1. Preheat oven to 170°C. Grease and line base of cake tin.
2. Place the two whole oranges in a saucepan and cover with water. Bring to the boil and simmer, covered, for one hour, ensuring that the oranges remain covered with water. Drain and cool. Chop into quarters (discarding any seeds), then place the chunks into a blender and purée until smooth.
3. Beat eggs with sugar until thick, then add orange purée, ground almonds and baking powder and mix well.
4. Pour into prepared tin and bake for one hour. Leave cake to firm up in tin for 20 minutes then turn out, remove baking paper and turn over to finish cooling right way up.
5. To serve, sift icing sugar on top and decorate with orange zest and almonds.

**Note:** This cake definitely mellows with a little time and can be prepared up to 48 hours in advance.

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## **Chichester Library**

**Tower Street, Chichester  
Tel 01243 777351**

**From the Library  
web page as at 15 May:**

**Monday: 9.30am - 5.00pm**

**Tuesday: 9.30am - 5.00pm**

**Wednesday: Services by appointment**

**Thursday: 9.30am - 5.00pm**

**Friday: 9.30am - 5.00pm**

**Saturday: 9.30am - 4.30pm**

West Sussex Libraries are now open for limited browsing and pre-bookable computer sessions. Our opening hours are subject to change. This library has time set aside for 'services by appointment' so that we can continue to respond to local needs and work with key partners who may require a face-to-face venue in their local community. You will still be able to collect reserved items and return your books on this day.



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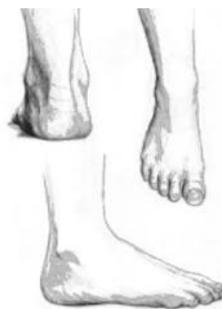


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**Tod Anstee**

Chichester

## Your parish, your property... our passion

Tod Anstee is an independent company with a strong local history providing our clients with the widest market exposure and a highly proactive approach to selling and letting. Sam has unrivalled knowledge of the parish having spent over 20 years living in the village of Boxgrove.

Call for free marketing advice from our residential sales and lettings team in Chichester.



**Sam Tod**  
residential sales  
partner



**Ros Healey**  
residential lettings  
letting partner

sales & lettings | residential | country houses | development | land | new homes | property management