THE BOXGROVE BUGLE

THE MAGAZINE LINKING CHURCH AND PARISH

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November 2022



INSIDE THIS ISSUE

Who's Who in Boxgrove	2	The Optimistic Gardener	- 11
From Father Ian	3	Priory Sunday School	13
From the Registers	3	'Bridleway Bounty', the new book	
About The Bugle	4	by David Bathurst	14
The St Blaise Fair, 4 February	5	'Álbert, A Country Cat', the new	
Forthcoming Services & Events	5	book by Iris Watts	14
Priory heating costs in the future	5	Cash is king in West Sussex's	
Priory Christmas Tree Festival	6	property market - Jennifer Hancock	16
Calendar & Intercessions, Sept 2022	7	Cathedral Lunchtime Concerts	17
'Hello from the Hall'	8	Priory service times	28
Boxgrove Parish Council Report	9	Useful contact details	28
Boxgrove WI report	10	Chichester Library	28

Who's Who in Boxgrove

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BOXGROVE VILLAGE STORES & CAFE

Open: **Mon-Fri** 7.30am-5.30pm; **Sat** 8.00am-5.00pm;

Sun 8.00am-2.00pm

Tel no: 01243 773201 - Boxgroveshop@gmail.com



FOR OTHER USEFUL CONTACT DETAILS

see page 32

From Father Ian

Facing East and West

Back in 2008/9, when we re-ordered Boxgrove Priory church, and indeed in the few years leading up to that, we did a lot of thinking about the provisions we were making for future generations.

The liturgical arrangements were thought through and planned in such a way that they would provide flexibility in the way in which the high altar could be used. And it is possible to use the altar with the priest facing West or East.

Westward facing celebration, where the Priest is facing the people, suggests the gathering around a family dining table, a little like those gathered at the Last Supper: "I call you friends", says the Lord. (e.g. John 15:15)

Eastward facing celebration, where the Priest, like everyone else, looks towards the rising sun in the East, suggests a transcendent God: the Jesus who has ascended to heaven and is glorified.

These two, quite different, ways of thinking about the Lord are equally valid but are to be held together, as failure to do so offers a distorted sense of who we are in relation to Jesus.

Almost all of our weekday masses are celebrated with everyone facing East because this has been the predominant behaviour through the last 2000 years. But it is important that everyone who comes to mass experiences both theological patterns. You will see, therefore, that we vary our Sunday practice.

Father Jan

From the Registers

17th October - The funeral of Peter Collett

Please keep Peter Collett and his family and friends in your prayers



Please support our advertisers where possible. They help us to provide a copy of the Bugle free to every household in the parish.

THE BUGLE

The Boxgrove Bugle is distributed **free of charge** to each household within the parish and is published <u>online</u>, as well as being sent further afield and being available in the Priory for visitors and non-residents of the parish. The run exceeds 625 copies. The Bugle is not published in January or August.

Articles on any aspect of Boxgrove news - Village or Priory-based - are always most welcome. Material to be considered for publication should be sent by the **I5**th day of the month, please, to editor.boxgrovebugle@gmail.com for publication on or around the last Sunday of the month. Alternatively, items clearly marked 'Boxgrove Bugle' may be left in the Vicarage postbox.

DATES 2022

NB:There is no Bugle in January or August

Issue MonthCopy DeadlinePublication DateDecember 202215 November27 NovemberFebruary 2023I5 January29 January

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Please contact Tina Thurlow - editor.boxgrovebugle@gmail.com

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and may be read on-line in colour at http://www.boxgrovepriory.co.uk/boxgrove_bugle.html

Why not add a link to your desktop?



* * * SAVE THE DATE * * *

THE ST BLAISE FAIR

will be held in the Priory on

SATURDAY 4 FEBRUARY 2023



FORTHCOMING SERVICES AND EVENTS IN THE PRIORY

Thursday 3 November Allsoulstide Solemn Requiem, 7.30pm

Sunday 13 November Solemn Requiem, 9.45am (Remembrance Sunday)

Friday 9 - Sunday 11 December Christmas Tree Festival (see page 6)

Saturday 4 February 2023 St Blaise Fair, I2 noon, in aid of the Kwa Mkono Children's Hospital





The Priory purchases its fuel through the Church of England's Bulk Buying scheme. But, even so, we have been told that our fuel cost will rise from £7000 to £21000.

Please consider increasing your financial contributions to the Priory as a matter of some urgency.





Please remember - if you have any unwanted sewing machines, carpentry, garden or engineering tools, Tim Pullan and Malcolm Knight collect such items for 'Tools with a Mission' and 'Tools for Self-Reliance' respectively to be despatched to Africa to help families and individuals to start or expand their business.

Tim Pullan 01243 532065 Malcolm Knight 07722 115212

They can arrange to collect.



Christmas Tree Festival



"It's the most wonderful time of the year"

Boxgrove Priory



Entry Free

Friday 9th & Saturday 10th December 11.00-5.00pm

Sunday IIth December I2 noon - 4.00pm

5.30pm on Saturday: Sing along a Christmas

Christmas Songs, Carols and Readings for all the family Tickets £5 (includes a glass of wine) ~ Children free

4.30pm on Sunday: Christingle Service

Musical entertainment at times during the day Festive Refreshments ~ Christmas Raffle

Come and join in the fun!



CALENDAR AND INTERCESSIONS ~ NOVEMBER 2022

I	Tue	Feria	The Dying
2	Wed	ALL SOULS	The Departed
3	Thu	ALL SOULS (ext sol)	The Departed
4	Fri	Saint Charles Borromeo, Bishop	The Bishops
5	Sat	Of Our Lady	Prisoners
6	Sun	FOURTH BEFORE ADVENT	Parish & people
7	Mon	Saint Willibrord, Bishop	The Old Catholic Church
8	Tue	All Saints of England	Confidence in Christ
9	Wed	Dedication of the Lateran Basilica	The Diocesan Advisory Committee
10	Thu	Saint Leo the Great, Pope & Doctor	Greater use of the Sacraments
П	Fri	Saint Martin of Tours, Bishop	Energetic evangelization
12	Sat	Saint Josaphat, Bishop & Martyr	Good government in the world
13	Sun	THIRD BEFORE ADVENT	The Departed
		REMEMBRANCE SUNDAY	
	Mon		The Bishop of Chichester
15	Tue	Saint Albert the Great, Bishop & Doctor	The Suffragan Bishops
16	Wed	Saint Gertrude, Virgin	The Assistant Bishops
17	Thu	Saint Hugh of Lincoln, Bishop	Wise leadership in the Church
18	Fri	Saint Hilda of Whitby, Abbess	Those in authority over others
19	Sat	Of Our Lady	Pilgrims
20	Sun	SECOND BEFORE ADVENT	Parish & people
21	Mon	Presentation of the BVM	Walsingham
22	Tue	Saint Cecilia, Virgin & Martyr	Musicians
23	Wed	Saint Clement, Pope & Martyr	Church Historians
24	Thu	Saint Andrew Dung Lac, Priest & his companions, Martyrs	Courage in Mission
25	Fri	Saint Catherine of Alexandria, Virgin & Martyr	Better Mass Attendance
26	Sat	Of Our Lady	The childless
27	Sun	CHRIST THE KING	Parish & people
28	Mon	Feria	The Departed
29	Tue	Feria	The Departed
30	Wed	Saint Andrew the Apostle	The Scottish Nation



The Bugle's better on line it's in colour and has all the hyperlinks.
http://www.boxgrovepriory.co.uk/boxgrove_bugle.html





Hello from the Hall!

Hello from the Hall!

We have enjoyed some wonderful events at the village hall over the last month. The fantastic 8-piece rhythm and blues band 'Arundelta' graced our stage and put on a brilliant night of live music; thank-you to everyone who came and supported this event - we can't wait to welcome them back to the hall again soon.

For the younger audiences, we welcomed The Rah Rah Theatre all the way from London to put on their wonderful theatre show 'Teddy Bear's Picnic' which was



loved by all our younger visitors, and their grown-ups, too! Thank-you to everyone who helped make this show possible.

We can't believe how quickly this year is going, and as we near November all our efforts are now set on our big Christmas event, 'Christmas in Boxgrove', with a wonderful craft market, food and drink, mulled wine and lots of entertainment,

from the Rock Choir, steel pans, local dance schools and even Anna and Elsa from Frozen making an appearance. We are really hoping this will be an event to get the whole community involved. It's completely free, and all money made from the 'renting out' of the stalls comes back to the hall to support us running more events for the community, in the future. So please do come and get in the festive mood with us on **Sunday 27**th **November from 12-4pm**.



If you haven't noticed on social media (or on the entrance table to the hall) we have created a survey for local people to give feedback on services offered at the hall and what they want to see more of. Please do help us collect as many responses as possible, or alternatively, if you just want to share some feedback or suggestions, please email them to: community@boxgrovevillagehall.co.uk.

Until next time...!



I'm at the stage in my life when collecting a prescription from the chemist has started to count as going out ...





If you are enjoying reading the Bugle and would like to receive notification when future editions are available on the Priory <u>website</u>, please email the editor at <u>editor.boxgrovebugle@gmail.com</u>.

BOXGROVE PARISH COUNCIL

Parish Council report

October 2022

The Parish Council met in October on the 3rd with a reduced attendance; thankfully four Members were present, enabling the meeting to proceed. The Council is actually short of three Members, so if anyone feels that they would like to help steer the Council through its many duties, please contact our Clerk, Imogen Whittaker, at clerk@boxgroveparishcouncil.gov.uk.

To address the blight of the dog faeces not being cleared up, it was decided to order some notices which we hope will encourage dog walkers to oblige by doing just that! Take your litter home! These should be in place by the end of October. It was also agreed to replace some broken seat boards to the bench at the eastern end of the footpath adjacent to Tinwood Lane. This will be carried out by our volunteer Rangers very soon.

There has been an ongoing issue of Anti Social Behaviour in the area of Crockerhill. Unreasonable operations and the indiscriminate parking of coaches and commercial vehicles has finally resulted in intervention by the Police. Hopefully this may bring about a more acceptable working practice in the near future; it hasn't been at all pleasant for our neighbours in this little hamlet of Crockerhill.

As part of the District Council's scheme to plant more trees, the Parish Council have ordered 25 'whip' trees to be planted at various locations throughout the Parish. These are 50% funded by CDC. We have lost, and will lose even more, trees mostly due to Ash die-back disease and it is paramount that these are replaced. Though he resigned from the PC, Jim Buckland has agreed to continue helping with this programme.

On Friday, 7th October, Members of the District Council made a tour of recently completed new developments in the District, in Midhurst, Madgwick Park and others, including the Manager's house and five 'to let' holiday homes recently completed on the old coalyard site in Halnaker. The quality of these properties is beyond belief and have been highly commended - an absolute credit to the owner.

The decision by the CDC Planning Officers to Refuse an application to convert an old workshop within the Boxgrove Common quarry site is to be challenged at a inquiry by the Planning Inspectorate. This is in the east of the Parish close to Aldingbourne Park farm; not what could be classified as a sustainable location. The judgement of the Inspector will be interesting.

There has been a report of a break-in to the Anglesey Arms recently and a second mysterious visit by occupants of a van in the car park at 4am a couple of days later. I think in these times of austerity that crime may well be on the rise, so we should all be more vigilant and careful to combat this potential rise. Statistically, this Parish has always been rated as a relatively safe place to live but this could be changing.

Finally, the Council has agreed that a revival of a community Emergency Plan should be implemented. This will include those people who may be vulnerable and need help in the event of any emergency; in this respect we shall miss the knowledge of our retired Postmaster, who in the past knew all these residents and was so helpful whenever needed. Power outages are being forecast which, if the weather were to be cold, could cause difficulties.

/continued ...

My only fear is the General Data Protection Regulations may prevent us actually gathering useful information regarding older and vulnerable members of the community. More on this as a Plan emerges.

Henry Potter

Chairman of the Parish Council



NEWS FROM BOXGROVE WI



Pulborough Brooks was the topic for this month's meeting and we welcomed John Oliver to enlighten us on the history and develop-ment of this local RSPB Reserve. The site has been farmed since the Bronze Age and evidence of Roman buildings, including a bath house, have also been found. Indeed, a raised Roman road was built straight across the reserve area. The site was farmed as water meadows throughout the medieval period but over the ensuing centuries was gradually drained to grow crops. Levees were built to stop the area being flooded and gradually the site dried out and deteriorated. By the 1960s it was turning into scrub and became further degraded until the site was sold to the RSPB in the 1980s. Wiggonholt Heath was acquired at a later date and farmland has been added to the reserve, providing a wide range of habitats for birds, insects and mammals.

The water meadows were the first area to be restored and the levees were breached and sluices installed to control water flow across the site. Water birds soon returned, including wildfowl in winter such as wigeon, teal, shelduck and pintail. In summer the nesting waders arrive, such as lapwing, redshank and snipe. Ditches criss-cross the grasslands and are home to one of the rarest snails - the little whirlpool ramshorn snail. Highland cattle can be seen keeping the vegetation in balance for the wildlife.

Lowland heath is gradually returning with the removal of the conifer plantation. Heathers, including bell heather, now abound on the site and attract nightjars and the tiger beetle as well as damsels and dragon flies in the ponds that have been created. Blackthorn hedges are managed to support the rare brown hairstreak butterfly, and the arable land supplies seeds for flocks of finches and nesting for the little harvest mouse. A recent survey found 90 nests!

We were all enthralled by the talk and the accompanying slides and are planning an outing to the site in the near future.

We are already planning Christmas activities. Christmas lunch is booked at the Selsey Arms at West Dean and many members are knitting away to create a WI Christmas Tree for the Festival of Trees at the Priory in December. We also like to think of others so this year have decided to bring gifts for the Foodbank. November is our Birthday Month. We'll be 103 this year. Do join us on 9th November, 2.15 pm at the St Blaise Centre.

Wendy Austin-Ward

Secretary, Boxgrove WI

Contact me on 01243 773563, 07947 946538, or wpaustinward@outlook.com

THE OPTIMISTIC GARDENER

High Trees, October 2022 ~ No.58

The right plant in the right place

To enjoy all Janet's pictures to the full, and in colour, read this article online via the 'Bugle' page on the Priory website: http://www.boxgrovepriory.co.uk/bugle.html

~ . ~ . ~

The secret of a successful garden is putting the right plant in the right place. It takes most of us a lifetime to get this right. Not so Beth Chatto. She took an overgrown wasteland in Essex and changed it into a world-famous garden and nursery of unusual plants. She had the distinct advantage of being married to a man well-versed in plant ecology who was able to influence her choice. The only thing my husband is well-versed in (in garden construction) is sheds!

In the 1970s the idea of grouping plants together according to their natural habitats was quite novel even though it seems logical to us now, fifty years on. If you live in a garden surrounded by tall trees it doesn't make sense to create a Mediterranean garden. If your plot has dry, poor soil herbs will enjoy these conditions but you would be unwise to try to grow vegetables - at least not until you have made significant improvements to the soil.

Beth inherited a site which had previously been the Chatto family fruit farm but when they moved in it had become more like Sleeping Beauty's castle grounds - stiff with blackthorn, willow and brambles. One friend had told her that if she wanted to start a garden, the best thing for her to do would be to move house! The seven acres of land contained a variety of growing conditions including dry, gravelly soil and lower areas which were water-logged. But undeterred by the challenge she and her husband, Andrew Chatto, set about transforming their inheritance in 1960.

Over the next few years they developed a gravel garden, scree garden, water garden, woodland garden and reservoir garden.

Gravel as a medium to grow plants through was being experimented with (at the same time as Beth Chatto in Essex) by Joyce Robinson and John Brookes much closer to



The gravel garden

home in our very local garden, Denmans, in Fontwell. Beth's gravel garden was once a car park, and was first set up as an experiment. Now it is famous for something we all want - a low maintenance garden which is never watered. Essex is one of the driest parts of the country and the gravel garden, despite having poor, free-draining soil, has become renowned for its spectacular display of drought-tolerant plants. Judging by the recent summers this is something we are all going to have to consider for our own gardens down here in the moister South East.

/continued ...

Bulbs which do well in situations like this are Alliums, Colchicums and Nerines.

Some perennials which love being baked are Eryngiu - here you can see the silver flowered Eryngium proteiflorum, contrasting well with the purple Allium sphaerocephalon "Drumsticks'. There are lists available on the RHS website showing plants suitable for a gravel garden, but the ones I have managed to find "the right place" for are Achillea, Phlomis, Erigeron karvinskianus and Euphorbias.



Field scabious

Of course there are many native flowers (I hesitate to call them weeds when they can look so beautiful) which enjoy similar conditions. I have had some Field Scabious (Knautia arvensis) growing in a pot on my patio which have looked fabulous but also have managed to self-seed in the mortar of the patio slabs, which just shows what conditions they are most happy in!

Here are some other wild flowers which, grown in the right place, can look stunning:

Tansy, Cowslip, Red clover, White clover, Burnet, Birdsfoot trefoil, Sainfoin, Ox-Eye daisy, Field poppy, Yarrow, Ladys bedstraw, Common Toadflax, Wild Carrot, White campion, Meadow Buttercup, Echium bugloss, Great mullein, Mallow, Self heal, Common knapweed, Corn Marigold, Chicory.

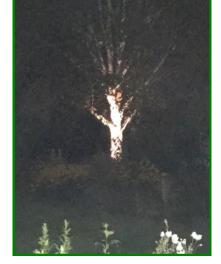
But what about the damp places, I hear you moan! Well, at the Chatto Gardens there is plenty to choose from. She makes a lot of use of astilbes, marsh marigolds and ornamental rhubarbs in places where the soil never really dries out. Other plants which don't mind moist conditions are candelabra primulas - used in stream-side plantings - Ligularia and Iris.

There are trees and shrubs which don't mind having wet feet. But in our garden we have soil which is damp, even waterlogged, in the winter but bone dry in the summer, as the area is poor brickearth and needs to be constantly fed with compost or manure. Here are some plants which don't seem to mind these conditions:

The white barked birch tree Betula utilis jacquemontii. It was planted back in the 1990s so by now is huge - not the tree for a small garden but given a bit a space it is certainly striking and performs best in the winter when its brilliant white bark stands out against the dull surroundings - and is especially stunning when lit up from below.



A perennial which will tolerate these conditions is the award-winning geranium "Rozzane" - not only is it a



Betula lit up at night

hardy plant but also it flowers its socks off for months at a stretch. It was shortlisted for the Chelsea Plant of the Centenary for the decade 1993 - 2002 and won the public vote.

Geranium Rozzane

continued ...

Bulbs at High Trees which tolerate soggy winters and baked-dry summers are daffodils and snakes head frillitaries. What's more, the varieties we grow self-seed and so spread, but not in a thuggish manner. Both types of plant are naturalised in the rather rough ground where, later in the year, we have a forest of cow parsley.



So whether you have a postage stamp of a garden, or a disused gravel pit, there is always the potential for growing plants to create your own



Native daffodil Narcissus pseudonarcissus

piece of paradise. There are bound to be failures - but as long as you learn from your mistakes these are never disasters. And we do have a very nice collection of sheds in the garden!

Snakeshead Frillilaries Fritillaria meleagris

Just remember to buy/accept/grow from seed the right plant for the right place!

Janet Reeves



PRIORY SUNDAY SCHOOL

Sunday School will meet on the third Sunday of each month during term-time (excluding half-terms) at 10.20am in the St Blaise Centre, then to go over to the Priory for the second half of the service.

Children should be aged between 4 and 11 and they must have already started school. They are asked to arrive promptly, so that the objective of the session can be explained to everyone at once.

There is no charge and parents do not need to accompany the children. They don't need to bring anything with them - just to come along!

For further information about our Sunday School, please contact Vicky Willavise by email at vickywillavise@outlook.com.

We are always looking for more volunteers to support the Sunday School. If you would like to find out more, please contact Vicky Willavise (as above.)



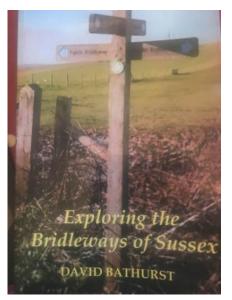


Visit the **Sussex Snowdrop Trust**'s website at https://www.thesussexsnowdroptrust.com/ to read about the wonderful work they do for children and their families.

BRIDLEWAY BOUNTY

David Bathurst, member of Boxgrove Priory choir and author of several walking guides both local and national, has just written a guide to the best bridleway routes in West and East Sussex.

Entitled Exploring the Bridleways of Sussex, it is the definitive practical and armchair guide to Sussex bridleways. Bridleways provide the perfect means of exploring the countryside: as a rule they are well defined and signed, are generally free of motorised



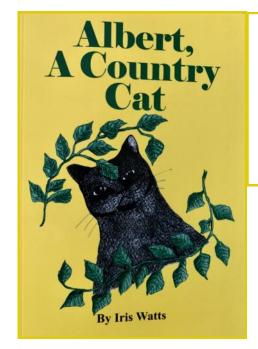
traffic, and they are open to walkers, cyclists and horseriders. In Sussex bridleways will take you into breathtaking downland landscapes, through superb woodlands, alongside rivers, lakes and reservoirs and across many other beautiful open spaces, often passing places of immense historical interest.

David's book will lead you through the very best of these bridleways and provide an overview of bridleways in Sussex generally, including some of the quirkier ones! Illustrated with location maps and colour photographs, this is the perfect passport to discovery of the best of Sussex whether on foot, by bike or on horseback.

The book costs £15 and would make a lovely Christmas present! All profits from sales of the book will be donated to Friends of Sussex Hospices.

David will be signing copies at Shoreham Art Gallery, 27 Brunswick Road, Shoreham-by-Sea, BN43 5WA (just by Shoreham railway station) between I I am and 3pm on Saturday I 2 November and it would be lovely to see you there. Refreshments in the form of delicious home-made biscuits will be available! If you can't be there, David will have copies available after Mass in the Priory on Sunday 27 November.





Are you looking for something to give a young friend or relative for Christmas or a birthday?

Albert, A Country Cat, by Boxgrove author **Iris Watts** may be just what you're looking for!

Copies, price £5.00 are available in the Priory and all profits from the sale of the book will go towards the Priory's organ fund (see page 15).

Did you know ...

There is a species of antelope capable of jumping higher than the average house.

This is due to the animal's powerful hind legs and the fact that the average house cannot jump.



Please continue to support the Chichester District Foodbank.

Urgently needed items include tinned carrots, peas and green beans, sponge puddings, tinned fruit, tinned meat, rice, tinned potatoes/instant mash, tinned rice pudding/custard.

Website link for details of food donation points, opening hours, etc: https://chichesterdistrict.foodbank.org.uk/give-help/donate-food/; tel: 01243 773687



IT'S TIME TO OVERHAUL THE PRIORY ORGAN



The organ in Boxgrove Priory is small but beautiful. It's astonishingly versatile and, over the years, has provided the 'soundtrack' to thousands of services. But it is now in need of some TLC.

The plan is to dismantle it and take sections of it to the Organ Builder's workshop. Once there, it will be cleaned very thoroughly and all the leatherwork will be renewed. Then, returned and rebuilt in the Priory, it will serve us again, well into the future.

It costs money, of course, and we still need to raise about £15,000. Many thanks to those who have helped us by making donations, or by approaching Trusts and the like. We have a way to go with this project, but we are hoping that, with one more 'push', we shall be able to make the restoration happen.





St Joseph's, Hunston Road, Chichester, PO20 INP Tel: 01243 537934 ~ Email: admin@stonepillow.org.uk/

Please continue to leave any non-perishable food you can spare in our bin just inside the inner doors of the church. We welcome gifts, including furniture and electrical goods, at the Restore Shop in Terminus Road (Stonepillow Restore, Unit 3, Plot 27, Terminus Road, Chichester PO 19 8UE; Tel: 01243 698547; restore@stonepillow.org.uk. We can collect larger items if needed.

We are also looking for volunteers who don't mind getting stuck in and sorting our donations; this will enable us to make the best use of them. So many people have so much experience which would be very welcome ...!

Cash is king in West Sussex's property market

By Jennifer Hancock,
Director at <u>Property Acquisitions</u>

I am starting to see a glimpse of a buyers' property market in West Sussex after a long period of it being in favour of sellers. The tide is starting to turn away from being price led and instead manoeuvring towards the ability to purchase, highlighting the importance of being a cash buyer, ie a proceedable buyer, when looking for a prime country house.

The term 'cash buyer' describes a purchaser who does not need to get a mortgage, and has enough funds available in their bank at the time of making an offer on a property to purchase without encumbrances. This is what makes them proceedable ...



In today's market, being a cash buyer is probably the best situation you

can be in when trying to find your next country home. You are chain free, the need for a large expensive mortgage is removed and the overall sales process is much quicker. At a time when vendors are becoming nervous about their sales transaction falling through due to higher interest rates, and mortgage costs halting borrowing for many buyers, these are factors that can make you a very desirable buyer - especially if the vendor needs to sell quickly. Many estate agents are calling me far more frequently for this very reason. This is because, as a buying agent, we only work with purchasers who can proceed. That is what their vendors are asking for.

As a result, cash buyers are starting to enjoy exclusive access to prime country houses like they used to have pre-pandemic, where they aren't having to compete with as many purchasers. With vendors now seeking the 'best' buyer rather than who is offering the highest price, such purchasers shouldn't need to offer the sorts of prices that were being agreed over recent years.

Jennifer Hancock

For more information about buying a home in and around Chichester, contact me on +44 7776452128 or visit www.propertyacquisitions.co.uk



I went into the outfitters the other day to buy some camouflage trousers, but I couldn't see any.





Did you know that whenever you buy anything online - from your weekly shop to your annual holiday - you could be raising free donations for Boxgrove Priory with <u>easyfundraising</u>?

There are over 4,500 shops and sites on board ready to make a donation - including Waitrose, Sainsbury's, Tesco, Amazon, eBay, Argos, John Lewis, Laithwaites Wine, Booking.com, M&S, the AA and the RAC to name but a few - and it won't cost you a penny extra to help the Priory raise funds.

All you need to do is:

- I. Go to https://www.easyfundraising.org.uk/causes/boxgrovepriory/? utm campaign=raise-more, and join for free.
- 2. Every time you shop online, go to easyfundraising first to find the site you want, and start shopping.
- 3. After you've checked out, the retailer will make a donation to Boxgrove Priory at no extra cost to you whatsoever!

There are no catches or hidden charges, and the Priory will be really grateful for your donations.

Thank you for your support.







Lunchtime concerts

The Cathedral Concerts are at 1.10pm on Tuesdays during term-time. The series is self-supporting, and sity of its audiences. There is no charge for admission

thrives through the generosity of its audiences. There is no charge for admission but a minimum donation of £3 per person is invited (Gift Aided as appropriate).

I November

Charlotte Rowan & Charlotte Stevenson, violin and piano

8 November

Jeremiah Stephenson, organ

15 November

Duo Dorado, baroque violin and harpsichord

22 November

Mateusz Rettner, piano



I just did a week's worth of cardio after walking into a spider's web ...





Walton Lane, Bosham PO18 8QB Tel 01243 775302 https://stwh.co.uk/

LATEST NEWS FROM ST WILFRID'S NOVEMBER 2022

Free Will Writing Service

Did you know that only 4 in 10 adults in the UK have a Will? Here at St Wilfrid's Hospice we believe that a Will is one of the most important documents you can write. We've teamed up with Guardian Angel, one of the leading Will writing services in the UK, to offer our supporters and community the chance to make or update a simple Will for free.

Go to gawill.uk/stwh2022 to claim your free Will.

If you've been inspired by or experienced any of the work that St Wilfrid's does we would be so grateful if you would consider leaving a gift in your Will to St Wilfrid's, after your family and friends are cared for.

Christmas Tree recycling service available again this year

Would you like to have your Christmas tree collected and recycled by our kindly volunteer elves after Christmas? No hassle for you, no needles in your car, St Wilfrid's volunteers collect your tree from your front garden in early January and take it away to be recycled into chippings and mulch! All you need to do is make a donation to support people with a life limiting illness in your community.

Register your interest now and you'll be the first to know when the bookings open in November for this popular fundraiser!

stwh.co.uk/christmastrees

Christmas Cards Now Available

St Wilfrid's has 18 Christmas Card designs available this year.

To keep our cards sustainable, we now use card wallet-style packaging and have no foil or plastic on them to make them better for the environment.

Last year we raised over £37,000 from selling our Christmas Cards, which is an incredible amount. In fact, it could help to pay for the running costs of the Hospice for almost two days!

Shop for your Christmas cards and 2023 diaries in our 12 charity shops or online - stwh.co.uk/online-shop

Join St Wilfrid's at Chichester Cathedral for Light Up a Life service

This December, St Wilfrid's Hospice popular service of remembrance and celebration of life will take place on Sunday 4th at 6pm. We've had to have a two-year break from joining together at the Cathedral due to Covid-19

restrictions, instead holding virtual online services, so we are looking forward to welcoming our community. Together we will remember loved ones, hear readings and music, and light candles. If you'd like to book your free place, please visit stwh.co.uk/lightupalife to register.





Claiming Government Benefits – How 4Sight Vision Support Can Help

For people living with sight loss, and those supporting them, the process of claiming Government benefits may seem long and daunting. Access to the correct financial help has never been more important as the cost of living crisis continues and the winter approaches.

4Sight Vision Support, which offers support to blind and sight impaired residents of all ages throughout West Sussex, provides specialist advisors who guide its clients through the process of identifying and accessing benefits and concessions to which they may be entitled. This can make a huge difference to quality of life, independent living and general wellbeing. Advisors will assist with completing forms, such as Personal Independence Payments (PIP), Attendance Allowance (AA), Blue Badge and other travel concessions, and obtaining a 50% discount on a TV licence.



Vision Support Advocate Michelle supporting with the completion of Blue Badge paperwork forms.

In response to the rising cost of living, the Government has also set up several non-repayable payments to help those who are affected the most, including a Winter Fuel Payment, Pensioner Cost of Living Payment, Disability Cost of Living Payment and an Energy Discount. Other available benefits include Low Income Benefits, Tax Credits, Universal Credit, Jobseeker's Allowance, Employment & Support Allowance, Income Support, Pension Credit, Child Tax Credit and Working Tax Credit.

If you or someone you know needs support accessing benefits and concessions call 01243 828555 or visit www.4sight.org.uk.



Good behaviour in the Vicarage Dining Room



Yesterday my husband thought he saw a cockroach in the kitchen.

He sprayed everything down and cleaned thoroughly. Today I'm putting the cockroach in the bathroom.



I don't mean to brag, but I finished my 14-day diet food supply in just three hours and twenty minutes.



DEMENTIA SUPPORT

Do you need help navigating the dementia journey?

At Sage House in Tangmere we offer a range of services under one roof to help you and your loved ones live well with dementia.

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Chichester Community Choir with Upbeat Singers

Somewhere In My Memory

Christmas Concert

In aid of Dementia Support

December 2nd - 7pm-9pm Boxgrove Village Hall

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The Society presents its next lecture on

Tuesday 22 November at 2 pm at Boxgrove Village Hall

Thomas Heatherwick -A Modern Leonardo

lan Swankie looks at the meteoric rise of this acclaimed designer and his unique visions in designs such as the Olympic Cauldron

For information:

www.tasboxgrove.org.uk or Elaine, tel: 01243 555644

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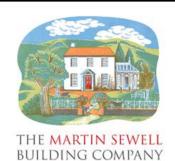
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PRIORY SERVICE TIMES

(Please see also Services & Events on page 5)

Sunday 8.30am Low Mass 10.30am Solemn Mass Monday 9.00am Low Mass

Tuesday 10.00am Low Mass with short homily (followed by coffee)

Wednesday 12.00pm Low Mass Thursday 10.00am Low Mass Friday 12.00pm Low Mass Saturday 10.00am Low Mass

Confessions heard by appointment.

On the first Sunday of the month at the 10.30am Mass the setting of the Ordinary (Kyrie, Gloria, Creed, Sanctus, Benedictus and Agnus Dei) will normally be congregational, with anthems and motets sung by the choir. There will not be Sunday School on that day (please see page 13 for Sunday School arrangements).

Readers are advised to check service times on the Priory website (http://www.boxgrovepriory.co.uk/worship.html), as it is necessary from time to time to amend them.

You are encouraged to attend the services in person; however, if you prefer you can still 'join in' the Mass from the Priory, 'live' or at a time which may be more convenient for you, via the Parish <u>Facebook</u> page.



Useful contact details

Local Police

Emergencies 999 or 112 Other matters 0845 60 70 999 or 101

Citizens Advice

Consumer helpline 0345 4040506

Action on Elder Abuse

Confidential helpline 080 8808 8141

Action Fraud

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