

THE BOXGROVE BUGLE

THE MAGAZINE LINKING CHURCH AND PARISH

Boxgrove Priory, The Priory Vicarage, Church Lane,
Boxgrove, Chichester, PO18 0ED

Phone: 07758 281631

www.boxgrovepriory.co.uk

OCTOBER 2024



The Priory looking serene and ready to greet pilgrims and visitors

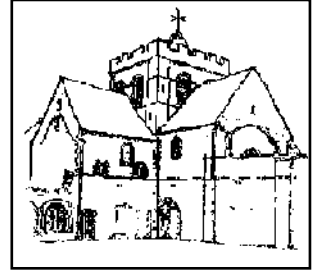
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Who's Who in Boxgrove

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BOXGROVE VILLAGE HALL Bookings & Enquiries

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BOXGROVE VILLAGE STORES & CAFE

Open: **Mon-Fri** 7.30am-5.30pm; **Sat** 8.00am-5.00pm;
Sun 8.00am-2.00pm

Tel no: 01243 773201 - Boxgroveshop@gmail.com



FOR OTHER USEFUL CONTACT DETAILS

see page 36

From Father Ian



In a recent sermon, the Bishop of Chichester reminded us of the significance of hands. It was within the context of a marriage service, and he noted the way in which, in the Church of England marriage service, the joining of hands and giving and receiving of rings, is a sacramental sign of that which is being given and received. It is nothing less than the dedication of our hands to cooperate with God's plan that our bodies should be used to incarnate, put into fleshly reality, good things, not just for the couple who give and receive the rings, but for the world. The sign of this making-holy of our hands and lives is the ring which signifies love without end. It is as a couple, with lives newly-wrought, refocused, open to new creation, excited to embrace new challenges, that marriage makes its great contribution to the well-being of the world.

There are other kinds of relationships which can make an equally wonderful contribution to building-up the world as a place of love, of mutual care and consideration; of forgiveness, support and generosity.

Let our rings, or whatever symbol we wear of our love for partners and friends, remind us of the way in which we are to reach out with renewed love to the people around us in the world.

Every blessing to you,

Father Ian

The Bugle's better online -
it's in colour and has all the hyperlinks.
http://www.boxgrovepriory.co.uk/boxgrove_bugle.html



THE BUGLE

The Boxgrove Bugle is distributed **free of charge** to each household within the parish and is published [online](#), as well as being sent further afield and being available in the Priory for visitors and non-residents of the parish. The run exceeds 625 copies. The Bugle is not published in January or August.

Articles on any aspect of Boxgrove news - Village or Priory-based - are always most welcome. Material to be considered for publication should be sent by the **15th day of the month**, please, to editor.boxgrovebugle@gmail.com for publication on or around the last Sunday of the month. Alternatively, items clearly marked '**Boxgrove Bugle**' may be left in the Vicarage postbox.

DATES 2024

NB: There is no Bugle in January or August

Issue Month	Copy Deadline	Publication Date
November 2024	14 October	27 October

BUGLE ARTICLES AND CONTENT

Please email the editor at editor.boxgrovebugle@gmail.com

BUGLE ADVERTISING

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and may be read on-line in colour at

http://www.boxgrovepriory.co.uk/boxgrove_bugle.html

Why not add a link to your desktop?

CALENDAR AND INTERCESSIONS

OCTOBER

1	Tue	Saint Teresa of the Child Jesus,V&D	Abused children
2	Wed	The Holy Guardian Angels	Those in Danger
3	Thu	Dedication of Chichester Cathedral	The Cathedral Staff
4	Fri	Saint Francis of Assisi	The Unity of Creation
5	Sat	Feria (Monthly Requiem)	The Departed
6		SUN TRINITY 19 (Week 27)	Parish and people
7	Mon	Our Lady of the Rosary	Shrines of Our Lady
8	Tue	Feria	Politicians
9	Wed	Saint Denis, Bishop and Companions, Martyrs	The Church in France
10	Thu	Saint Paulinus, Bishop	The Province of York
11	Fri	Saint Ethelburga, Abbess	The lonely
12	Sat	Saint Wilfrid, Bishop, Secondary Diocesan Patron	Christian Unity
13		SUN TRINITY 19 [HARVEST FESTIVAL] [week 28]	Thanksgiving for our food
14	Mon	Of Our Lady	Pope Francis
15	Tue	Saint Teresa of Avila	The Carmelites
16	Wed	Saint Margaret Mary Alacoque, Virgin	Closeness to the Heart of Jesus
17	Thu	Saint Ignatius of Antioch, Bishop and Martyr	Christian writers
18	Fri	Saint Luke the Evangelist	The Ministry of Healing
19	Sat	Saint Philip Howard and the Sussex Mm of the Ref	Christians in Sussex
20		SUN DEDICATION FESTIVAL [week 29]	Parish and people
21	Mon	Of Our Lady	Walsingham
22	Tue	Feria	Mirfield
23	Wed	Feria	Saint Stephen's House
24	Thu	Saint Antony Mary Claret, Bishop	Mirfield
25	Fri	Saints Crispin and Crispinian, Martyrs	Abused children & Recovering adults
26	Sat	Alfred the Great, King	The Parish of Lessay
27		SUN LAST AFTER TRINITY (Week 30)	Parish and people
28	Mon	Saints Simon & Jude, Apostles	Bishops everywhere
29	Tue	Feria	Addicts
30	Wed	Feria	Greater patience
31	Thu	Feria	The Peace of the World

PRIORY SUNDAY SCHOOL

Sunday School meets on the **first and third** Sunday of each month during term-time (excluding holidays) at 10.20am in the St Blaise Centre, then to go over to the Priory for the second half of the service.

Children should be aged between 4 and 11 and they must have already started school. They are asked to arrive promptly, so that the objective of the session can be explained to everyone at once.

There is no charge and parents do not need to accompany the children. They don't need to bring anything with them - just to come along!

For further information about our Sunday School, please contact Vicky Willavise by email at vickywillavise@outlook.com.

We are always looking for more volunteers to support the Sunday School. If you would like to find out more, please contact Vicky Willavise (as above.)



From the Registers

Weddings

Jenny and Ben

Funeral

Bobby Dalrymple

Burial of ashes

Louise Wilson



Please support our advertisers where possible. They help us to provide a copy of the Bugle free to every household in the parish.

Hello from the Hall!



Hello from the Hall,
Our Summer Fayre was such a fantastic day, once again, so thank you so much if you came along and supported us. We are still calculating the final figures raised as I write this, but we should be able to update you all in the next issue of the Bugle.

We have had so much positive feedback from the day (especially about how fab the band were.. and we'd have to agree, they were amazing!). A big shout-out to Jon from The Really Awesome Covers Band who, for the second year running, volunteers his time to act as our

sound engineer for the day.

Also to all our community volunteers: Jane, Henry, Ian, Farrow, Marco, Matt, Geoff, Luke, Micheal, Pauline and Graham for all their hard-work and commitment on the day and leading up to it.

We'd also like to say a huge thank-you to our sponsors: some fantastic local businesses without whom the day wouldn't have been possible. A



massive thank you to the Boxgrove Village Stores for donating us the delicious scones we served as part of our cream teas- we know they were very much enjoyed! Also, thanks to the Wiltshire Farm Foods for donating the soft drinks/teas/coffees for the day so we could sell them and raise funds for the hall. A huge thank you to Mark Anthony Mobile Bar Services for paying for our headline performers so we could all enjoy that fantastic band!



Last, but certainly not least, to Vitale Care for paying for our bouncy castles so all families could enjoy them completely FREE of charge! We'd also like to say a massive thank you to

Boxgrove Parish Council for their financial contribution towards the event.

The next event at the hall is our Macmillan Coffee Morning, which would have happened by the time you are reading this edition of The Bugle. So, after that, we are



getting Christmas ready and preparing for our annual 'Christmas in Boxgrove' event (Sunday 10th November, 12-3pm)! If you can spare any time to help out or are a local business or crafter who would like a stall at the market, please get in touch at community@boxgrovevillagehall.co.uk.

Until next time...!



Boxgrove Dog Show with Obedience and Fair



Boxgrove Village Hall Sports Field_PO18 OEE



Saturday 28th September 2024

!! With luck the weather was kind:
The event was well attended:

And we have winners.

Watch out for a report and results in next month's edition of The Boxgrove Bugle !!



Reg Charity 1096622

Boxgrove Village Hall
Reg Charity 1167340

Boxgrove Priory
Reg Charity 1131214



BOXGROVE PARISH COUNCIL



The fingerboard indicating the 'High' footpath between Halnaker and Boxgrove has been attached to a pole at the north end of The Street, hopefully this will deter walkers from walking along the road.

I'm pleased to see that Highways (or their contractors) have repaired many of the potholes in the Village including the 'sinking' surround to a manhole in the roadway adjacent to Priory Close. They appear to be superior repairs compared with others we have seen in the recent past. I note that the strip at the northern end of The Street is fast deteriorating but no holes 'deep' enough yet to warrant attention. I was impressed that these repairs were carried out without aggravating traffic lights.

The Summer Fayre held on 1st September was once again a resounding success, the weather was kind and a good time was had by all. We applaud the huge efforts of all involved in staging this community event. Next up is the annual Dog Show on Saturday 27th!

We have had to engage the contractor to trim back the hedge facing onto the footpath, and I'd like to thank the volunteer who, with the help of a battery powered strimmer loaned by a good spirited resident, stepped forward to cut back some of the overgrowth on the 'high' footpath. This was a result of comments seen in the Boxgrove Community Facebook site. It most certainly has been a fast, extensive 'growing year' everywhere and this includes wretched weeds, especially in the roadside gutters. Speaking of which, at the July PC meeting Mr. Lloyd Tooze reported together with photos, the state of two storm drains which had copious amounts of weeds growing from them. This was reported to WSCC Highways by our clerk but in the six following weeks nothing was done, not, I believe, even a notification of receipt of the complaint, So, with nothing much else to do one day, I lifted the grilles to these culverts and removed about 2 cubic feet of silt from each of the culverts but unfortunately I was unable to reach and remove silt from further in the inlet/exit pipework. I sent an e mail to WSCC Highways explaining exactly what I had achieved, received notification of receipt my report and a promise of some action within 21 days. That time scale is nearly up so I'm watching that space! The drainage system needs 'jetting' throughout its entire length, the drain on the east side at this point adjacent to Ilex Cottage is also showing signs of being silted up. Over this past weekend the ponding has recurred as has happened for some long time now.

The Planning Application for Rohan Stables is back on the Agenda for next Wednesday's Committee meeting and I'm sure will be approved. Personally, I concur with the applicant's submission, that any reduction in the number of dwellings would inevitably result in the loss of the desired "affordable" elements and the sought after smaller two bedroomed

homes. Providing these 26 dwellings form part of our Parish housing allocation, this can be acceptable. There will be no A27 mitigation levy applied to these dwellings.

While speaking to various people, it is becoming apparent to me that if, in the future, the National Grid cannot supply excess power which can be stored in a BESS, then it would be natural for the facility on 'The Common' to require a Solar Farm to ensure viability. With this new government's obsession with renewable energy, as suggested by David Miliband, it would be a foregone conclusion. Not the best thing to happen to what we imagined as being a pleasant open foliated parkland.

Further to my mention at the July meeting, the audible bus timetable device attached to the Halnaker bus stop opposite The Old Store, has been damaged and rendered unusable, and I doubt these will ever be replaced, another convenience destroyed, and for what?

We have received a letter from our new MP suggesting that he would welcome visiting a PC meeting periodically which I feel is a good idea. I said 'new' MP only as he has been in Office for 4+ years but due to the political Boundary Changes we are now in the Arun & Southdowns Parliamentary Constituency Andrew Griffith is our MP. He lives in Duncton so he will be more aware of local issues.

As this year's Goodwood Revival Meeting draws to a close it has become apparent what a mess the road network is in. Chichester has almost been inaccessible certainly from the east even though the works in Westhampnett Road were suspended but elsewhere traffic hasn't been so bad, as far as I have heard.

Cllr. Henry Potter, Chairman of the Council



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county
council**

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Monday-Friday 9.00am - 6.00pm
Saturday 9.00am - 5.00pm
Sunday - closed

Please check [opening hours](#) before visiting

JOIN US FOR A
Magical Evening
**CHRISTMAS
HYMNS &
WINTER PIMMS**



BOXGROVE PRIORY, BOXGROVE

**SATURDAY NOVEMBER
30TH - 7 PM**

£10 per adult which includes a glass of Winter Pimms

RAFFLE!



Bring your family and friends to join our community sing-along of cherished Christmas carols.

Registered Charity 1131214

NEWS FROM THE BOXGROVE BELLES

As many of us are ladies of a certain age our topic this month was particularly useful - Strength, Balance and Exercise. Our Speaker was Helen Rothwell, already known to some of our members who attend her classes in Chichester. But this wasn't a sit and listen talk, this was a get up and do the exercises talk! We balanced on our toes, rocked back on our heels, stood on one leg, walked the line with one foot immediately in front of the other and practised stepping back to train ourselves into a reflex action if someone opened a door in our faces, and also stepping forward to retain our balance if we tripped. Helen also got us standing without using our hands to push ourselves up and then we had to sit down slowly, again without using our hands. This was to help strengthen our thighs as well as improve our balance.

Then she got on to the important topic of how to handle a fall, especially if we were home alone. If it was possible to get up she demonstrated how we could use a chair to help us. If the fall was more serious then she explained how it was important to keep warm, keep hydrated and have available the means to contact someone. It's all about planning ahead. Make sure you have blankets or throws around the house within reach. Buy flat plastic bottles of water which will stay fresh for years (obtainable from some supermarkets) and tuck them under furniture all over the house so you can reach them in an emergency. Finally, think about how you can contact someone to get help. Do you always have your mobile phone in your pocket? However, there are organisations that will provide you with a watch or pendant you can press to get help (at a price). Apparently you can even ask Alexa to contact people but you need to find out how to set Alexa up with phone numbers.

Finally Helen stressed the importance of good nutrition to stay healthy and to ensure we had enough Vitamin D and Calcium in our diet. All sound advice and very interesting. It gave us all food for thought.

After tea we started thinking about future plans for our Christmas meeting - what to eat and how to entertain ourselves! Of course, we also treat ourselves to a special outing on every fifth Wednesday. October is likely to see us going to the museum at Arundel with tea afterwards. Looking forward to 2025 we are hoping to organise a theatre visit in January and there are three more outings to plan.

Next month we shall learn about making Christmas Wreaths from Penny Everson. We shall meet at the St Blaise Centre at 2.15 pm on Wednesday, 9th October. Please join us. For more information contact details are given below.

Best wishes

Wendy Austin-Ward

Boxgrove Belles wendyaustinward@gmail.com 07947946538. 01243 773563

Boxgrove Neighbourhood Plan

Update September 2024

Housing at Rohan Stables Halnaker

This site for 26 dwellings has been approved by Chichester District Council.

The scheme has been 'improved' since the original application following significant work by the NP team and Parish Council which has also resulted in conditions being attached to the permission which should ensure that this is a quality development which does include 8 'affordable' homes.

As this was not brought forward within the Neighbourhood Plan, we need to ensure that the 26 dwellings count towards our allocation. The Parish Council has written to the CDC Planners demanding that this is the case.

The 'Folly' Housing Development A285 Halnaker

This development proposes about 9 dwellings on land between Tinwood Lane and Oakford Park. It is currently subject to a pre-application by the developer and the NP team are in discussions with them. CDC have yet to make their comments, and the team will meet with them further once they have.

Whilst this development together with Rohan will have a significant impact on Halnaker there are currently few other proposals in Boxgrove that could count towards our allocation and the team together with the Parish Council consider it preferential to work with them to provide the most appropriate scheme. Consultation with residents will take place once feedback from CDC has been received.

Boxgrove Housing Allocation by CDC

Boxgrove's allocation in the emerging Chichester Local Plan is 50 dwellings. The NP team have contested this number and have registered to discuss this with the examiner through the consultation process. These hearings will take place early in October. One concern is clearly that the number could even go up if the new government increases the number of that they wish Chichester to deliver.

Battery and Energy Storage System (ESS) Boxgrove Common

To date planning permission has still not been granted by WSCC to change the approved restoration plan for the old Quarry site. The landowner's proposal is to reduce the woodland area to make it possible to apply for planning permission for the Battery Storage and Electrical Substation. WSCC are still awaiting an additional submission relating to the amended landscaping plan from the applicant, so they have been given a further extension until 1 November.

This 'industrial facility' would be adjacent the Tinwood Lane right of way.

An application from the developer for a screening opinion on an Environmental Impact Assessment (EIA) has disappointingly been determined by CDC and

decided that this is not required. This now paves the way for a full planning application, without the safeguards afforded by an EIA, once the situation with the change in the landscape scheme has been determined.

Once an application is made it will be important that residents take part in the consultation process and make their views known.

Any further Neighbourhood Plan information will be provided by posters and our normal website etc.

David Leah

Chair of Boxgrove Neighbourhood Plan Team

12 September 2024

<https://boxgroveparishcouncil.gov.uk/neighbourhood-plan/our-neighbourhood-plan/>



RIDE & STRIDE

Unfortunately I have had to delay my Ride-and-Stride efforts this year, ironically due to a crash on my bike! I have injured my elbow and don't know for sure how long it will be before I am fit and/or confident enough to attempt the task. I have had lots of support from the Church and about £170 has so far been pledged or received in sponsorship. My plan is to submit the paperwork and funds on time, as per normal, but then complete the ride as soon as possible subsequently. I fully understand if you wish to delay or postpone any sponsorship and will keep you updated on progress.

Thanks and apologies, Mark.



Visit the **Sussex Snowdrop Trust's** website at <https://www.thesussexsnowdroptrust.com/> to read about the wonderful work they do for children and their families.

Petworth House & Park News for October



Petworth House and Park, Church Street, Petworth,
GU28 0AE Details at <https://www.nationaltrust.org.uk/>

The Petworth Proms

Friday 18, Saturday 19 & Sunday 20 October, 7pm – 9.30pm, booking essential

Join us for three magical musical evenings in the state rooms of Petworth House, in partnership with Petworth Festival. This harmonious promenade will feature a sequence of mini-concerts in the Carved Room, North Gallery, Chapel and Grand Staircase.

On arrival at the Audit Room (where drinks will be available from 6.45pm), audiences will join one of four groups which will then proceed at 7.25pm to a series of simultaneous concerts by brilliant final year students of the Royal Academy of Music, each of which lasts 20 minutes.

£30 per person, tickets available at www.petworthfestival.org.uk/whats-on

Petworth Academy for Witches and Wizards

19 October – 3 November, no booking required

Visit us this October half term to join Petworth's Academy for Witches and Wizards!

Take part in our fun-filled Halloween trail around the gardens, where you will join one of Petworth's houses to learn how to master some magical skills.

Recommended for ages 4 and up, little ones may need help.

This trail is free, normal admission charges apply.

Deer Rut Guided Walk

10.30am – 12.30pm on 23, 25, 28, 30 October & 4 November, booking essential

Discover more about the annual deer rut on this 2 hour guided walk. We recommend bringing binoculars, and there will be an element of hiding and remaining silent.

This walk will be outdoors on some uneven ground. Please come prepared for the weather and wear sturdy footwear.

Adult tickets are £5 each, children go free. Call 0344 249 1895 or book online via our website.

Latest News from St Wilfrid's Hospice October 2024

Woof for Wilf

Join St Wilfrid's for a sponsored dog walk at Great Ballard School!

On November 3rd, you and your dog can join many others for a morning walk through the beautiful woodlands of Great Ballard School, while raising funds to support local hospice care. After the stroll you'll be able to explore our event village where there will be plenty of dog-related stalls as well as refreshments available to buy.

Tickets are available for £10 per dog, humans go free:

www.stwh.co.uk/woof-for-wilf



Shopping that matters



Shopping at one of St Wilfrid's charity shops is not just about finding affordable clothes and saving money, purchases made at St Wilfrid's shops also help make a difference to local lives.

In 2023/2024, over 330,000 transactions were made at the shops, helping fund the expert end-of-life

care services they provide free-of-charge to the local community.

Find your nearest shop and help make a difference:

www.stwh.co.uk/shops

St Wilfrid's Newsletter

The newest edition of St Wilfrid's bi-annual newsletter is available now,

sharing lots of wonderful stories from the Hospice, as well as what to look forward to in the coming months.

You can read the newsletter online, and sign-up to receive all the latest news:

www.stwh.co.uk/newsletter

Help St Wilfrid's this New Year!

St Wilfrid's TreeCycle service is being held once again at the start of 2025 and they are looking for volunteers to join the team. The service is held from Friday 10th January to Monday 13th, but you can choose to do as many or as few days as you would like.

By volunteering, you will go around the local area, collecting people's real Christmas Trees from their front lawn and take them to be recycled to help benefit the local farmland.

Join the TreeCycle team here:

www.stwh.co.uk/treecycle



WANTED! Volunteers



To serve coffee and biscuits on a Sunday morning.

This involves providing the milk and biscuits, preparing St Blaise Centre before the 10.30 service; serving it and clearing away afterwards.

It's fun, and a good way of meeting others in the congregation.

The more volunteers we have the less frequently you will have to take your turn.

Please help by contacting Sue Organ on sue.organ@zen.co.uk

The Optimistic Gardener



Busy as a bee—Part 2

If you were concentrating when you read your Bugle in September you will recall that I was in the process of trying to replace the queen of a rather manic colony of bees with a newly mated queen from a 'good family'!

I mentioned the delivery by post of a new Buckfast queen and how I had introduced her to the thousands of workers in Greenbuck (the name of this colony) who had recently experienced regicide. I also mentioned how I had left them to become familiar with their new monarch for a week - in which time she should have been a 'good influence' on them and eventually be producing new bees with her gentle nature.

Having made an inspection after one week I wrote:

*But look as I might, there was no signs of a laying queen - no larvae, no eggs, not even a sign of polished cells being cleared out for their new monarch to lay in. And certainly **no queen.***

And yet the bees seemed slightly happier with all my bee-bothering.
OK - summary over! So what happened next?

In my inspection on 16th July (8 days since the introduction) I was pleasantly surprised at first. The bees were calm and moving slowly around on the frame. You can recognise calm bees because they look like slowly moving treacle rather than hyperactive Rice Krispies. But as I worked my way across the 11 frames they perked up - flying up



towards this bee-botherer and pinging off my veil. Definitely more cereal than syrup. There was no sign of a laying queen but also, to my relief, no signs of queen cells. I wondered whether - in my keenness to kill off the old queen and put in a new one - I had missed spotting a queen cell containing a new virgin queen. If they had wanted **her** rather than my nice new £40 Buckfast queen they may well have committed their own act of regicide.

Ah well! If they have a queen at least the colony will not die out and I can have a rethink. Any queen is better than none!

I decided to leave them alone for a couple of weeks (which actually turned out to be a month) and then look and see if there really was a new queen in there and if she had started to produce another generation of bolshy bees.

In the interim my time was taken up with removing the boxes of honey which all the colonies had provided over the summer and spinning this out of the frames. I really must remember to blot out any engagements for the last week of July and the first week of August for 2025. By then I will have forgotten how busy I was the previous year! I was rewarded at the end of those 2 weeks with 215 pounds of amber gold which are still glistening away in their glass jars unlabelled in the utility room. By-the-by, when I cleared off the 2 boxes of honey from Greenbuck they were strangely accepting of my interference.



Never being one to miss a bargain I had a change of plan when 'Bee Supplies Ltd.' dropped an advert into my email-box for late season queen bees. This time the strain was not Buckfast but a name I have great trouble remembering - Carniolan bee. According to Wiki this subspecies of the western honey bee has naturalised to a sub region of Carniola in Slovenia. It also suggests we English speakers call them "Carnies" for short - another case of dumbing down! Suits me!!

Anyway - I decided that it would be good to try again with the Hot Hive from Hell - this time with a strain which I hoped would **not** evolve over just a few generations into garden pests. So I ordered one. A day before she was due to arrive (as I had done on the previous occasion) I had moved the Greenbuck hive onto the lawn, leaving a box on the original site for the flying bees to return to. I left them for half an hour or so in order for the older feistier bees to go off on their nectar-gathering duties and leaving me with the younger nurse bees.



Carniolan queen

Booted and suited I set off on my "search-and-destroy" operation hoping that I would be able to find the unmarked new queen and eradicate her. Again the bees were not hell-bent on seeing off the opposition but pootled about minding their own business. And of course - you've beaten me to it - on the 4th frame which I removed to inspect, there she was, slowly moving around checking for empty cells

to lay in and marked clearly with the green spot - the first Buckfast queen I introduced back in July. I was grunted*.

And at last the bees had taken on her temperament and were perfectly calm. Dilemma! My new Carniolan was already in the post - probably at the Royal Mail depot awaiting royal delivery tomorrow - and I didn't want to destroy the Buckfast queen since she had done her job. So I put the hive back together and returned it to the bees back at its home site then put on my thinking cap.

As it happens I had recently discovered that a colony which I thought was small but 'getting-by' had actually developed a drone-laying queen. This is definitely not a desirable thing! The queen may not have mated successfully or she may have run out of sperm but all she can lay is eggs which will develop into drones - the male bees. Well I needn't tell you that this doesn't bode well for the longevity of the colony! So my solution was simple. I took this colony back to the isolation zone on the lawn and shook out all the bees. Those which could fly went back to a newly set up hive on the old spot and those that couldn't (ie. the drone-laying queen) perished.

So I now have a small but happy colony ensconced in a polystyrene ½ sized hive painted brown - so naturally this queen is called Polly Brown!

** Disgruntle" was first used in 1682. "Gruntle" comes from Middle English — "grunt" with the ending "le," which acts as a diminutive. Put it together, and you get basically "little grunting sound."*

1938

He spoke with a certain what-is-it in his voice, and I could see that, if not actually disgruntled, he was far from being grunted.

P. G. Wodehouse, Code of Woosters

Janet Reeves



CREAM TEAS AT BOXGROVE

David Bathurst writes:

Once again, cream teas were served in the St Blaise Centre every Sunday in August. We were very fortunate with the weather, and we received many grateful visitors as well as Boxgrove folk, serving them with delicious scones and mouth-watering cakes. I am delighted to say that a profit of £1469 was made for Priory funds. This could not have been achieved without the help, support and kindness of bakers and kitchen helpers. We look forward to doing it all again next year!

How to maximise your chance of having a lower offer accepted



As we approach the autumn with the election behind us, bank rates remain high and an Autumn Budget is to be announced on 30th October. There are still many opportunities to buy well, with more opportunities to refurbish than we've seen in years.

However, premiums are still being achieved for the best villages and scarce properties that will always attract buyers, whatever the market conditions.

It is important to remember that a house is only worth what someone is prepared to pay for it. Just because a particular asking price has been set, it does not mean that it's at the 'correct' value.

What to consider when making an offer

Considerations such as the seller's circumstances, the location of the property, and whether or not there are major works that need doing, are all critical.

With this knowledge, buyers are in a much stronger position to make an informed offer, whether it's at the guide price or below. Go too low however, and there is a risk of losing out entirely - which is where the benefit of having a buying agent on your side really comes in.

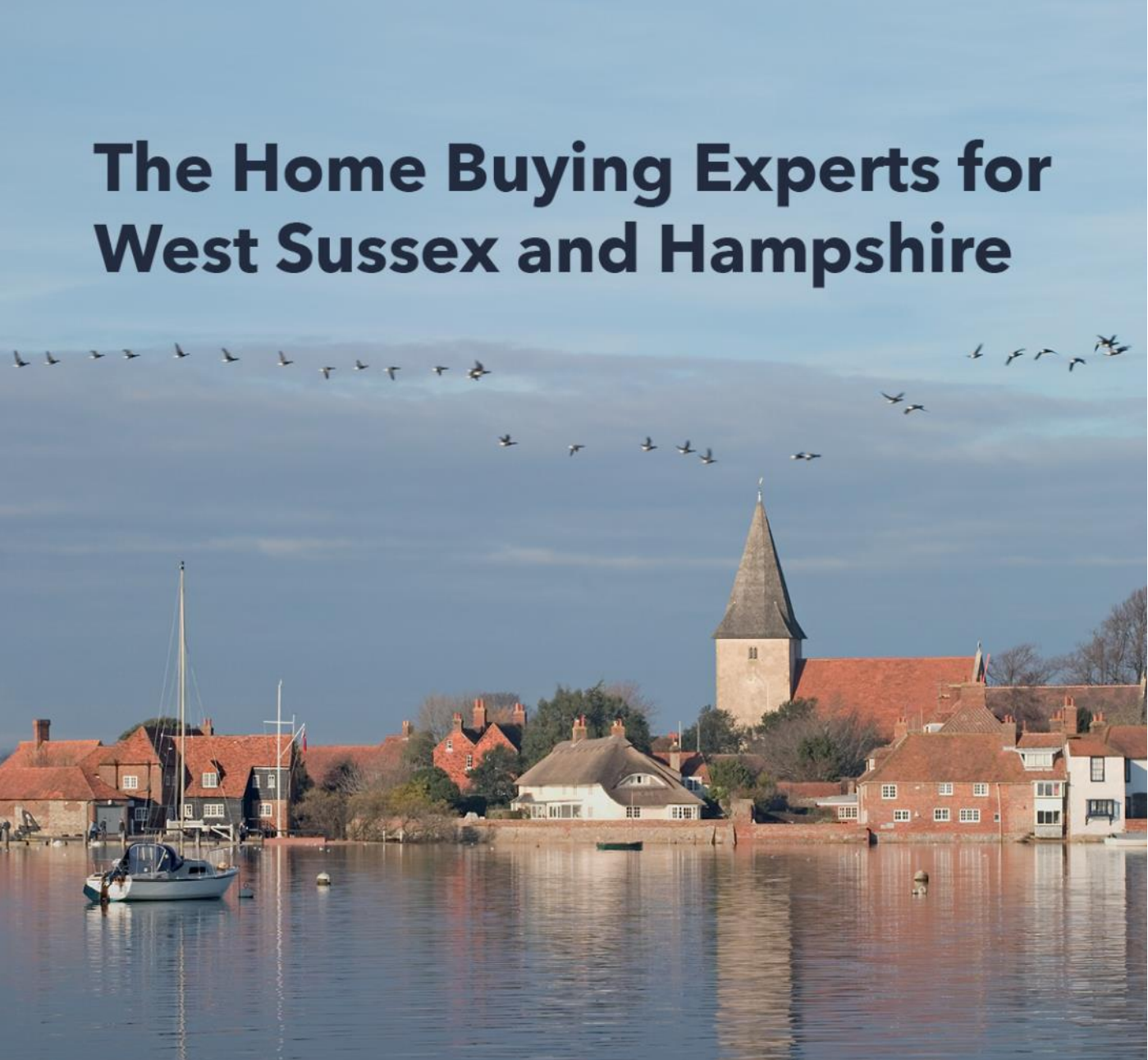
Our tips include positioning the offer in the best possible light, explaining the context and specific circumstances. Cash buyers, for example, are in a particularly advantageous position in the current market.

The highest offer doesn't always come out on top

Most vendors, particularly those who need to sell quickly, are choosing the buyer who is in the strongest position to proceed over the one offering the highest price. This is because with funds ready in the bank, cash buyers can move forward quickly and there is a lower risk of the sale falling through.

Continued on next page

The Home Buying Experts for West Sussex and Hampshire

A scenic view of a coastal town, likely in West Sussex or Hampshire, featuring a prominent church spire and a boat on the water. The scene is reflected in the calm water, and a flock of birds is flying in the sky above. The buildings are traditional with red roofs and white walls.

Established in 2003 - and with over 35 years' experience, enviable contacts, and in-depth market knowledge - we offer our clients discerning independent advice when acting as their dedicated property buying agent. When it comes to property acquisitions in West Sussex and Hampshire, our expertise and personalised service set us apart.

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Another important factor to consider is whether you are happy to be flexible on a completion date. Exchange can take place as soon as it can be dealt with, but a long completion date can give a seller the time they need to find something else to buy. This also makes them a proceedable buyer, putting them in good stead for their onward purchase.

If you're thinking of moving home this autumn, we can help you find the best property, negotiate the right price and oversee the entire transaction on your behalf. For an informal chat, call us on 07776 452 128 or email info@propertyacquisitions.co.uk.

Jennie Hancock

Director

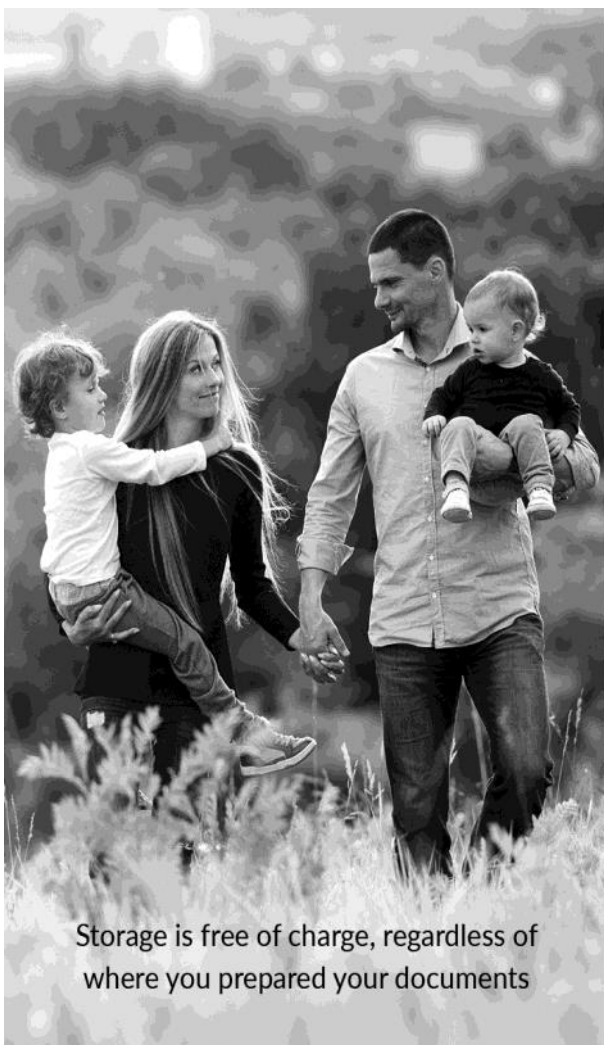
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What is Gong Sound Healing/Therapy?

Sound Healing is Ancient

The use of sound and music for healing and re-balancing is not a new phenomenon. Sound has been used therapeutically for thousands of years to relax, soothe and de-stress, as well as to heal and alter consciousness. Many cultures have a tradition of using sound in this way, and ancient sound instruments, including gongs, have been found dating back many centuries. In some Eastern cultures it has long been realised that the beneficial effect actually goes much deeper than just a sense of emotional well-being; harmonious sounds also have a healing effect on the body at a cellular level. In India the ancient science of the effect of musical vibrations on the human organism is called Nada Yoga.

In modern times Sound Healing has begun to enjoy a renaissance, and we are starting to recall the ancient wisdom of our ancestors in the use of these sacred old instruments.

How it Works

To enable an understanding of how Sound Healing works, it is useful to realise that everything in creation is actually energy, vibrating at different frequencies. Modern physicists continue to find evidence to support this belief. For instance — dense, apparently inanimate objects like rocks, look like solid matter, but are in fact forms of energy vibrating at lower frequencies. At the other end of the spectrum, light vibrates at a very high frequency. Everything in the universe is vibrating energy.

As human beings we are also vibrating energy forms. Our bodies consist of around 70% water, which is an excellent conductor for sound.

When bathed in sound, different areas of the body respond to the sounds made, by locking in or "entraining" to the sound and beginning to vibrate at the same frequencies, thus bringing harmony and healing. Every part of the body has its own resonant frequency. If there is an imbalance or stagnation (stuck energy) anywhere, the vast array of sounds made by the gongs will stimulate the body cells to vibrate in sympathy and literally tune them up. Sound also works on the subtle energy body that surrounds the physical body, which is where imbalance and dis-ease manifest first, before appearing in the physical dimension.

Using the gongs we can help to clear energy blockages and thus promote well being and support healing.

The power & effects of the gong sounds

The gongs spread their vibrations both here on the physical plane, and also in other finer dimensions, where their higher and lower sounds are beyond our human hearing. The gongs work on all aspects of our being: physical, mental, emotional and spiritual.

The rich layers of sound which emanate from well-played gong affect every part of us, including the non-physical subtle energy bodies of the human auric field which are layered around the physical body. It is said that dis-ease begins in the subtle energy body, and only migrates to the physical after some time. Therefore if we can remove blockages, imbalances and stagnant energy in the energy body before it manifests in the physical, we can prevent illness and keep ourselves healthy, as well as re-tuning and harmonising every part of our physical being. On the emotional level, the gong sounds have a clearing effect and help to shift old patterns and bring up and clear out old emotional issues and trauma, so that we can move on. Mentally, the gong sounds help to move our focus from the logical left brain into the creative right side of the brain, where we connect with our intuitive power and receive guidance from that central source.

Most people feel extremely relaxed and de-stressed after a gong bath session, whether in a group situation or one-to-one. The gong sounds alter our brainwaves and take us automatically into a meditative state where we can re-connect with the stillness and peace that is at the core of our being. Some people just have a very peaceful experience and feel re-energised and re-charged. Others go more deeply and may have visions or past life experiences. Some people have profound healing experiences. Others sleep through the whole gong bath!

Every gong bath is an individual experience depending on where the individual is in their journey through life, and the sounds produced are entirely right for whoever is present at the time.

Sheena Wyllie

Shopwyke Singers Concert in Boxgrove Priory

Sunday 24th November 7 p.m.

Local choral society the Shopwyke Singers return to the Priory on Sunday 24th November at 7pm.

On this occasion they will be performing Mozart's C minor Mass.

Tickets £15, to include refreshments— further details in next month's Bugle.

The Shopwyke Singers are directed by Priory organist and choirmaster Alex Dichmont.

Events at Sage House this month

Wednesday 16th October—

Scam Awareness Workshop: Learn how to recognise fraudulent phone calls, scam emails and find out what to do to keep your money safe. 10 a.m. to 12 noon, Daisy's Café, Sage House.

NB Must be booked in advance via Sage House Reception

Tuesday 29th October—Rat Pack and Swing Classic Tea Party:

Afternoon tea and swing- a- long to some "Rat Pack" classics with Malc de Reading

NB Must be booked in advance via Sage House Reception



Sound Baths for Relaxation at Boxgrove Village Hall

Brush the week off and start your weekend by relaxing to the sounds and energy from Gongs, Singing Bowls and other instruments.

What do you need: A yoga mat, pillow and blanket if you have them, but, mats, cushions and blankets are available. If you prefer to sit, please bring a 'garden' style recliner.

Where: Boxgrove Village Hall, The Street, Chichester, West Sussex. PO18 0EE **Time:** 18.30 - 19.30 (please arrive by 18.20)

Cost: £10.00 per session (Book 4 sessions for £35.00)

Please contact Sheena to reserve your place as these are limited due to hall space.

email: sniz1412@yahoo.co.uk

Mobile: 07717 131484 (Text/WhatsApp)

Dates: All Fridays

October - 11th; 18th; 25th

November - 01st; 15th; 29th

December - 06th; 13th; 20th

What's on at the cathedral

Take a look at the cathedral website for news of all the various events and concerts on and coming up. Here is a small selection to whet your appetite:

1st October It is planned to open the Cathedral library to the public 10 a.m. to 12 noon on the first Tuesday of each month. Please note this is subject to availability of volunteers; also that access is by a narrow spiral staircase.

1st October Lunchtime concert at 13.10pm—Holst's "Planets" arranged for piano duet

8th October Lunchtime concert at 13.10pm—clarinet & piano

15th October Lunchtime concert at 13.10pm—piano trio

18th October Immersive installation "Mars" in the cathedral nave. Measuring 7 metres in diameter, the artwork features detailed NASA imagery of the Martian surface, showing every valley, crater, volcano and mountain. You can view in daytime, or evening, the latter by ticket only.

22nd October Lunchtime concert at 13.10pm—piano

28th October Martian Treats: Pizza decorating with Cloisters Kitchen & Garden for age 4 and up—two sessions 10.30 to 11.30 or 2 to 3pm. £6.

29th October Lunchtime concert at 13.10pm— Chichester Symphony Orchestra

30th October Martian Treats: Pizza decorating with Cloisters Kitchen & Garden—see above

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Those boots are made for walking.....!

Take a look at <https://chichester.westsussexwellbeing.org.uk> which lists the Heartsmart Walks programme. A full programme of walks—ranging in length and difficulty—is listed for the next couple of months at a time.



Did you know that whenever you buy anything online - from your weekly shop to your annual holiday - you could be raising free donations for Boxgrove Priory with [easyfundraising](https://www.easyfundraising.org.uk/causes/boxgrovepriory/?utm_campaign=raise-more)?

There are over 4,500 shops and sites on board ready to make a donation, and it won't cost you a penny extra to help the Priory raise funds.

All you need to do is:

1. Go to https://www.easyfundraising.org.uk/causes/boxgrovepriory/?utm_campaign=raise-more, and join for free.
2. Every time you shop online, go to easyfundraising first to find the site you want, and start shopping.
3. After you've checked out, the retailer will make a donation to Boxgrove Priory at no extra cost to you whatsoever!

There are no catches or hidden charges, and the Priory will be really grateful for your donations. Thank you for your support.



Please remember - if you have any unwanted sewing machines, carpentry, garden or engineering tools, Tim Pullan and Malcolm Knight collect such items for 'Tools with a Mission' and 'Tools for Self-Reliance' respectively to be despatched to Africa to help families and individuals to start or expand their business.

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**THE ARTS
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The Society presents its next lecture on
**Tuesday 22 October at 2 pm
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***The Mayan Civilisation
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Duncan Pring will enlighten us on the Maya who, from 300 to 900 AD, created amazing structures, beautiful objects & hieroglyphics which are only now being deciphered

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Dates for your diary.....OCTOBER 2024

A brief round-up of local events for the coming month, based on information available at the time of compiling "The Bugle". Apologies, but no responsibility can be accepted for any errors.

3rd October	Chichester Chamber Concerts Ensemble 360— See chichesterchamberconcerts.com
11th & 12th October	Chichester Quilters Show 10-4pm at The Assembly Rooms, North Street : www.chichesterquilters.com
13th October	Antique & Collectors Fair—Westgate Leisure Centre—10-4pm Admission £2
18th October	Opening of immersive installation "Mars" - Chichester cathedral; see website for more detail
20th October	Great South run— www.stwh.co.uk/greatsouthrun
26th October	Dog Halloween costume party 4-8pm at The Anglesey Arms
28th October	Air Aces Talks—Boxgrove Village Hall See www.bitcloud.org.uk/airaces

See page 27 for details of a selection of events at Chichester Cathedral this month

Advance dates for your diary.....

3rd November	Woof for Wilf—sponsored dog walk at Great Ballard School. See www.stwh.co.uk/events/woof-for-wilf
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10th November	Christmas Market at the Village Hall
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23rd November	Chantry Quire "Choral Extravaganza" at St Mary's Church, Petworth. 7.30pm. Tickets £16. More info see www.chantryquire.org.uk
24th November	Shopwyke Singers Concert at the Priory; 7.00pm
14th December	Chichester Community Choir Christmas Concert at Boxgrove Priory at 3 p.m.

PRIORY SERVICES AND MASSTIMES

Sundays at 8.30am and 10.30am [Solemn]

Monday, Tuesday, Thursday and **Saturday** at 10am
(Coffee after Mass on Tuesday)

Wednesday and **Friday** at noon

On, usually, the first Sunday of the month at the 10.30am Mass the setting of the Ordinary (Kyrie, Gloria, Creed, Sanctus, Benedictus and Agnus Dei) will normally be congregational, with anthems and motets sung by the choir.

Please see page 6 for Sunday School arrangements.

Readers are advised to check service times on the Priory website (<http://www.boxgrovepriory.co.uk/worship.html>), as it is necessary from time to time to amend them.

You are encouraged to attend the services in person; however, if you prefer you can still 'join in' the Mass from the Priory, 'live' or at a time which may be more convenient for you, via the Parish [Facebook](#) page.

Youngsters:

Come and join in at Sunday School (1st and 3rd Sundays)

And our new Mass@5 (2nd 4th and 5th Sundays)

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*The Church is open daily
and all are welcome!*