



# THE BOXGROVE BUGLE

THE MAGAZINE LINKING CHURCH AND PARISH

Boxgrove Priory, The Priory Vicarage, Church Lane, Boxgrove, Chichester, PO18 0ED

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**June 2018**



*Some parishioners enjoying lunch after last year's  
Corpus Christi celebrations in the Priory.  
Why don't you join in this year? See Page 7*

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# Who's Who in Boxgrove



## PRIEST IN CHARGE

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## SAFEGUARDING OFFICER

Ms Lara Moyler - 07956 986496

## CATHEDRAL LINK

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## PRIORY AND ST BLAISE CENTRE Bookings and Enquiries

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## WSCC MEMBER FOR CHICHESTER NORTH

Jeremy Hunt - 0330 2224536

## CDC MEMBER FOR BOXGROVE WARD & CHAIRMAN, BOXGROVE PARISH COUNCIL

Henry Potter - 01243 527312

## BOXGROVE C of E PRIMARY SCHOOL

Mrs Kim Thornton - 01243 773309 - [head@boxgrove.w-sussex.sch.uk](mailto:head@boxgrove.w-sussex.sch.uk)

## BOXGROVE VILLAGE HALL Bookings and Enquiries

Pat Burton - 01243 788332

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Local Police

Emergencies

999 or 112

Other matters

0845 60 70 999 or 101

## From Father Ian



I had pretty well finished my message for the June Bugle when along came the Royal Wedding. I thought, on reflection, that it would be good to replace my words with those of the preacher at the wedding, conscious of the many at the priory who are preparing for their own weddings.

*Father Ian*

*The late Dr. Martin Luther King, Jr. once said, and I quote: "We must discover the power of love, the redemptive power of love. And when we discover that, we will be able to make of this old world a new world. Love is the only way."*

*There's power in love. Do not underestimate it. Don't even over-sentimentalize it. There's power, power in love. If you don't believe me, think about a time when you first fell in love. The whole world seemed to center around you and your beloved. There's power, power in love, not just in its romantic forms, but any form, any shape of love. There's a certain sense in which when you are loved and you know it, when someone cares for you and you know it, when you love and you show it. It actually feels right. There's something right about it. There's a reason for it. It has to do with the source.*

*We were made by a power of love. Our lives were meant and are meant to be lived in that love. That's why we are here. Ultimately the source of love is God himself. The source of all of our lives.*

*There's an old medieval poem that says: "Where true love is found, God himself is there." The New Testament says it this way. "Beloved, let us love one another, because love is of God; And those who love are born of God and know God. Those who not love do not know God. Why? For God is love."*

*There's power in love. There's power in love to help and heal when nothing else can. There's power in love to lift up and liberate when nothing else will. There's power in love to show us the way to live. ... But love is not only about a young couple. The power of love is demonstrated by the fact that we're all here. Two young people fell in love, and we all showed up. It's not just for and about a young couple whom we rejoice with. It's more than that.*

*Jesus of Nazareth on one occasion was asked by a lawyer to sum up the essence of the teachings of Moses. He went back and reached back to the Hebrew Scriptures to Deuteronomy and Leviticus, and Jesus said, "You shall love the Lord your God with all your heart, all your soul, all your mind and all your strength. This is the first and great commandment. The second is like it: Love your neighbor as yourself." Then in Matthew's version, he added, he said, on these two, love of God and love of neighbor, hang all the law, all the prophets, everything that Moses*

*/continued ...*

wrote, everything from the holy prophets, everything in the scriptures, everything that God has been trying to tell the world. Love God, love your neighbors, and while you're at it, love yourself.

Someone once said that Jesus began the most revolutionary movement in human history: a movement ground on the unconditional love of God for the world and a movement mandating people to live and love.

And in so doing, to change not only their lives but the very life of the world itself! I'm talking about the power, real power, power to change the world.

If you don't believe me, well, there were some old slaves in America's antebellum South who explained the dynamic power of love and why it has the power to transform. They explained it this way. They sang a spiritual even in the midst of their captivity. It's one that says there is a balm in Gilead, a healing balm, something that can make things right. There is a balm in Gilead to make the wounded whole. There is a balm in Gilead to heal the sin-sick soul. One of the stanzas explains why: It says, if you cannot preach like Peter, you cannot pray like Paul, you just tell the love of Jesus, how he died to save us all. That's the balm in Gilead. This way of love is the way of life. They got it.

He died to save us all. He didn't die for anything he could get out of it. Jesus did not get an honorary doctorate for dying. He wasn't getting anything out of it. He gave up his life, he sacrificed his life for the good of others, for the well-being of the world, for us. That's what love is. Love is not selfish or self-centered. Love can be sacrificial, and in so doing, become redemptive. That way of unselfish, sacrificial, redemptive love changes lives. And it can change this world.

Stop and imagine for a minute. Think and imagine. Think and imagine a world where love is the way.

Imagine our homes and families when love is the way. Imagine our neighborhoods and communities where love is the way. Imagine governments and nations where love is the way. Imagine business and commerce when love is the way. Imagine this tired old world when love is the way. When love is the way — unselfish, sacrificial, redemptive — when love is the way, then no child will go to bed hungry in this world ever again. When love is the way, we will let justice roll down like a mighty stream, and righteousness like an ever-flowing brook.

When love is the way, poverty would become history. When love is the way, the earth will be a sanctuary. When love is the way, we will lay our swords and shields down by the riverside to study war no more. When love is the way, there's plenty of room for all of God's children. When love is the way, we actually treat each other, well, like we are actually family. When love is the way, we know that God is the source of us all, and we are brothers and sisters and children of God. Brothers and sisters — that's a new heaven, a new earth, a new world, a new human family. Let me tell you something. Ol' Solomon was right in the Old Testament. That's fire.

/continued ...

*French Jesuit Pierre Teilhard de Chardin was arguably one of the great minds, great spirits of the 20th century. Jesuit, Roman Catholic priest, scientist, a scholar, a true mystic. Some of his writings from his scientific background as well as his theological one, some of his writings said, as others have said, that the discovery and harnessing of fire was one of the great technological discoveries of human history. Fire, to a great extent, made human civilization possible. Fire made it possible to cook food and to provide sanitary ways of eating, which reduced the spread of disease in its time. Fire made it possible to heat warm environments and thereby marking human migration a possibility even into colder climates. Fire made it possible — there was no Bronze Age without fire, no Iron Age without fire, no Industrial Revolution without fire. ... Anybody get here in a car today? An automobile? Nod your heads if you did; I know there were some carriages. Those of us who came in cars, the controlled, harnessed fire made that possible.*

*I know that the Bible says, and I believe it that Jesus walked on water, but I have to tell you I didn't walk across the Atlantic Ocean to get here. Controlled fire in that plane got me here. Fire makes it possible for us to text, and tweet, and email, and Instagram, and Facebook, and socially be dysfunctional with each other. Fire makes that possible, and de Chardin said fire was one of the great discoveries in all of human history. He went on to say if humanity ever harnesses the energy of fire again, if humanity ever captured the energies of love, it will be the second time in the history that will have discovered fire.*

*Dr. King was right. We must discover love, the redemptive power of love. And when we do that, we will be able to make of this old world a new world.*

*My brother, my sister, God love you, God bless you. And may God hold us all in those almighty hands of love*

***Bishop Michael Curry***

## **IN THE CATHEDRAL**

### **Free lunchtime concerts**

Tuesdays from 1.10 - 2.00pm during term-time

#### **Other useful contact details**

**Citizen's Advice** consumer helpline: 0345 404 05 06  
**Action on Elder Abuse** confidential helpline: 080 8808 8141  
**Action Fraud** national fraud reporting centre: 0300 123 2040

# THE BUGLE

Articles on any aspect of Boxgrove news - village or Priory-based - are always most welcome. The Boxgrove Bugle is distributed **free of charge** to each household within the parish and published on-line; copies are also sent further afield, as well as being available in the Priory for visitors and non-residents of the parish. It has a current print run exceeding 700 copies per month.

For the time being, items to be considered for publication should be sent to the Treasurer (see Page 2) for onward transmission to the Editor. Submission is requested by the **15<sup>th</sup> day of each month**, please, for publication on or around the last Sunday of each month. Alternatively, items clearly marked "**Boxgrove Bugle**" may be left in the Vicarage postbox. Any other items relating to the Bugle should also be referred to the Treasurer.

## DATES 2018

Issue Month	Copy Deadline	Publication Date
July	15 June	1 July
<i>There is no August issue of the Bugle</i>		
September	15 August	2 September

## BUGLE ARTICLES AND CONTENT

Please contact Tina Thurlow - [tina.thurlow@btinternet.com](mailto:tina.thurlow@btinternet.com)

## BUGLE ADVERTISING

Please contact Richard Chevis (see Page 2)

## ADVERTISING RATES 2018

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and may be read on-line in colour at

[http://www.boxgrovepriory.co.uk/boxgrove\\_bugle.html](http://www.boxgrovepriory.co.uk/boxgrove_bugle.html)

*Why not add a link to your desktop?*

# COVER STORY



*Some parishioners enjoying lunch after last year's  
Corpus Christi celebrations in the Priory.  
Why don't you join in this year? See Page 5*

**DO JOIN US ON SUNDAY 3 JUNE,  
the feast of Corpus Christi,  
for Mass with procession at 11.00am  
(preacher Bishop Michael Langrish, former Bishop of Exeter)  
followed by lunch on the Vicarage lawn**

*No need to bring food, just knife, fork & spoon,  
plates and a glass ~ everything else will be provided!*



## **THIS YEAR'S PILGRIMAGE TO WALSINGHAM**

will be on  
the weekend of  
**28-30 September**

If you would like further details,  
please speak to  
**Fr Ian or to David Jones**



## **WSCC Mobile Library**

**1, 15, 29 June  
2.10-2.40 pm**

**Boxgrove  
Village Hall**

Library Service tel:  
**01243 382470**

## JULIAN GROUP

The Boxgrove and Tangmere Julian Group meets on the second Monday of each month at 3.15pm at the St Blaise Centre, Boxgrove. Notices with details of venue are placed on the Church noticeboard.

The theme for each monthly meeting is as follows:

11 Jun      **All Shall be Well**      St Blaise Centre,  
(The Wisdom of Julian of Norwich - Long Text Ch 27)      Boxgrove

Dates of future meetings will be announced in the July Bugle.



## THE BOXGROVE AND TANGMERE JULIAN GROUP

### *Quiet Afternoon*

On Monday 14<sup>th</sup> May sixteen members of the Boxgrove and Tangmere Julian Group met at Park Cottage for a quiet afternoon and meditation led by the Reverend Peter Bustin. It was a perfect Summer afternoon with the garden at its best and Merle's hospitality was, as always, very welcoming. Also, the birds of Boxgrove and Halnaker seemed, that afternoon, to have decided to hold their three choirs festival in Merle's garden.

Peter Bustin gave us, as a title to his talks, the theme of "Ransomed Healed Restored Forgiven", and with the help of some beautiful and precious visual aids talked about the ideal Christian life in which we are ransomed by Jesus on the Cross, healed, restored and forgiven by the unconditional love of The Father. One of his talks centred on the parable of the Prodigal Son and, as an illustration, we were given a picture of a Rembrandt's painting of the scene where the prodigal son returns to his father who embraces him in love and forgiveness.

The Julian Group, whose members come not only from Boxgrove and Tangmere but also from other parishes, meet regularly once a month and enjoy one another's company in communal meditation. On Monday we used Merle's garden for the quiet time between Peter's talks, and our thanks go out to Merle for her hospitality and to Ros Priestley whose help in organising the Julian Group is invaluable. Thank you, too, Father Peter, for your most inspiring talks and for all the work you must have put into making this afternoon such a memorable occasion.

**Iris Watts**



## Forthcoming events in the Priory

*See also page 15 for service intentions throughout June*

**Sunday 3 June, 11.00am:** Corpus Christi service, procession and lunch

**Friday 15 June: Concert in aid of Winston's Wish** (see Page 14)

**Saturday 30 June, 7.30pm:** Concert ~ William Waine & Friends

**Friday 6 July, 7.30pm:** Concert ~ Chichester Chorale

**Tuesday 10 July, 7.00pm:** David Bathurst ~ Talk on Pilgrimage Routes

**Friday 13 July, 7.30pm:** Summer Concert ~ [Southdowns Concert Band](#)

**Wednesday 1 Aug:** Concert ~ RSCM Residential Course Choir

**Sun 26 - Weds 29 Aug:** Boxgrove Choral Festival (details to follow)

**Saturday 22 Sept:** Concert by a Cambridge choir (details to follow)

**Sunday 25 Nov:** Concert for the Friends of Sussex Hospices ~ Stile Antico



## PRIORY SUNDAY SCHOOL



**3rd June - 11.00am**  
**Corpus Christi Service in the Priory,**  
**with lunch afterwards on the Vicarage lawn**



**17th June - 11.00am**

**1st July - 9.45am**  
(10.00am Community Service in the Priory)

**15th July 11.00am**

Sunday School meets in the St Blaise Centre. Children are asked to arrive promptly so that the objective of the session can be explained to everyone at once. Children should be aged between 4 and 11 and they must already have started school.

There is no charge and parents do not need to accompany the children. They don't need to bring anything with them - just to come along!

For further information about Sunday School please contact Rosey Harris by email: [roseyharris1@googlemail.com](mailto:roseyharris1@googlemail.com).

**Boxgrove Neighbourhood Plan  
Public Consultation  
27th April 2018 to 8th June 2018**

The Boxgrove Neighbourhood Plan is moving to the final stages. It is now being consulted upon for the final time before going to public referendum.

Having a NP is important to you because the policies it contains have to be used by Chichester DC when determining planning applications in the Parish. An adopted Plan also secures for the Parish 25% of all funds raised by CDC through the Community Infrastructure Levy (CIL).

**This 6 week consultation stage leads towards you being asked to cast your vote at a public Referendum. It is therefore important that you understand and agree the policies it contains.**

Copies are available at the Village Hall and also on our dedicated web site at [www.boxgrovenp.org](http://www.boxgrovenp.org)

**We really need residents to write to CDC in support of the Plan which is the culmination of two years of effort by volunteers.**

**Please get involved.**

**YOUR IDEAS  
YOUR COMMUNITY  
YOUR PLAN**

# THE OPTIMISTIC GARDENER

*High Trees - May 2018 - No.14*

## Water, water everywhere

Hard to imagine, as I sit here listening to the pounding of rain on the roof, that a week ago I was panicking about my seedlings in the greenhouse desiccating while I was away on holiday. We were sweltering in Greece while the UK was enjoying/enduring (strike out as appropriate) the hottest April day on record since 1949. So now we are back to April showers and I am confined to the greenhouse for my gardening activities. Jolly pleased I've got a radio in there. I have plenty to do at this time of year in the greenhouse. As usual I have grown far too many seeds for the space I will have later in the year to plant them out.



It is so difficult to throw away all those little seedlings left in the seed tray once you have pricked out the number you know you need. Do I really need fifty cosmos plants which grow up to a metre tall? Where am I going to put those twelve tomato plants left over - I already have 16 tomatoes planted in two greenhouses - try and give them away at this time of year and you will find nobody wants them because they have already got far too many plants of their own! I have a need to nurture. And when some tiny seed has achieved the magic of germination, which never ceases to thrill me, I am genetically programmed to keep it alive.

With our 'interesting' climate we are going to have to find ways to control the water we have and make it last for the lean times. One minute we're having to find ways of combating a widespread hosepipe ban, which followed a long period of drought, and the next we're wondering whether our gardens will survive weeks of incessant rain.



At High Trees we have fourteen water butts scattered around the garden. Two of them are permanently empty and inaccessible - whose bright idea was it to site them at the front of the house in the middle of a flower bed? Two of them beside a greenhouse are blocked by the plants kept in the holding bay area round the glasshouse. But the other ten get a lot of use, especially the ones which allow a watering can to fit beneath them and don't need the dip and scoop technique.

Yet another water butt is beside the greenhouse for the purpose of making a vicious brew from Comfrey. We have a bed of Russian Comfrey - Bocking 14 - which we grow in a high security wing of the vegetable garden. It is the Arnold Schwarzenegger of the plant world. It is vigorous enough to survive four cuttings a year. This is then confined in the liquid manure butt and left for

continued

a couple of months, at the end of which time you have a malodorous brown liquid manure and a slimy sediment. We drain the liquid into lemonade bottles (slim chance of taking a swig of this accidentally) and then use it diluted 20/1 and feed it to anything which needs a balanced fertiliser. Comfrey leaves contain the vital nutrients of nitrogen, phosphorus and potassium - all of which are needed by growing plants. These nutrients are released as the leaves decay. Potassium is used particularly to promote healthy flowers, seed and fruit: comfrey leaves contain up to three times more potassium than farmyard manure (and smells three times worse!). Those early pioneers of the organic gardening world knew what they were talking about when they called their flagship TV programme 'All Muck and Magic'.

We have a strangely varied soil at High Trees. When we initially dug our pond (or rather we paid for a man with a digger to dig our pond) we discovered, along its length, three different types of sub soil - pure sand, gravel and pure clay. Sadly the lower part of the garden is mostly clay beneath the surface so when it rains heavily we have several more ponds in our property. It does mean that in April we have a glorious show of Snakeshead fritillaries (*fritillaria meleagris*) which enjoy damp meadows, and they are slowly spreading around the orchard area. They are far rarer in the wild than used to be the case a century ago - in fact I have only seen them on the water meadows at Cricklade and in Binsted Woods. Sadly Highways England don't value such fragility!



The petals of these flowers really do resemble the pattern of snakeskin; such a dark comparison for such a beautiful nodding bloom. Vita Sackville-West described the plant thus: "a sinister little flower, in the mournful colour of decay." But then she did have some very strange ideas!

In another part of the garden we have the creatively named 'circular garden' - I bet you can't guess why! For years and years it has been a circular patch of lawn surrounded by trellis work and entered through a rose arch. Sounds lovely - except we never go in there! Except on our way through to the vegetable patch. So I have this wonderful plan to convert it into a rose garden - climbers up the trellises - floribundas in the centre - lots of paths throughout so I can wander round stopping every couple of yards to gasp with amazement at the perfume and beauty of the 'room outside'. I have even got twenty cuttings of a rose given to us for our silver wedding called 'Henrietta Barnet'. This is a superb rose which has a long flowering period and doesn't seem to succumb to pests and diseases. With our attempt to garden organically we don't spray roses so most of them exhibit the mournful colour of decay! But this little beaut. doesn't seem to get black spot.

However this winter, instead of having a circular lawn, we had a circular pond. Not the ideal environment for growing roses, so we are now planning a soft fruit area. Water melons maybe!

**Janet Reeves**

## BOXGROVE PARISH COUNCIL NEWS, May 2018



The Parish Council held its Annual Electors Meeting on 14<sup>th</sup> May to give the electorate the opportunity to question or criticise the Council. Questions were tendered to the Clerk for presentation to Katy Bourne, the Police & Crime Commissioner, prior to her intended visit to the PC Meeting on 4<sup>th</sup> June. Needless to say potholes were discussed, particularly regarding the multitude in Crouch Cross Lane which have been there far too long without any attention. This issue was noted by Jeremy Hunt, our County Councillor, who will remind the appropriate Highways department.

The Annual Meeting of the PC began at 7.30. The Chairman was re-elected as there were no other nominations. Cllr Paul Addison was nominated for Vice Chairman and elected unanimously. Positions on outside bodies were also agreed among Members, and of course the Planning Sub-Committee was agreed.

Mention was made of the Boxgrove Neighbourhood Plan, which is in its consultation period ending on 6<sup>th</sup> June (a six week period), and the Chairman implored everybody in the Parish to RESPOND TO THE **\*CONSULTATION!** When it comes to the examination of the Plan, the examiner will rely heavily on the responses from you all when arriving at his decision. Please do it!

The kissing gate leading into Tinwood Lane is due to be replaced, together with steps to negotiate the tree roots which make walking quite risky. Thanks to Paul Addison for pursuing this issue with the PROW department at WSCC.

The future of the Sports Pavilion, which became flooded when hard frosts cracked water pipes in the building, was discussed at some length. Michael Bish has agreed to carry out a brief survey with a view to effecting necessary repairs. Without the facility the Cricket Club will be unable to play their home games there.

Finally, the planning applications were discussed. The fresh application for the 22 homes to the south of Priors Acre bears little change from the earlier application which was refused by the CDC Planning Committee last year. The low cost/affordable homes are still sited close to the noisy, dusty A27 rather than being mixed with the market value homes, and the road-way which threads through the site is still too narrow for safe passage of service vehicles, dust carts, furniture vans or fire appliances. And there appear to be no footpaths. This application was objected to by the PC on those grounds.

The Community Speed Watch had once again done a great job, with much humour, during the repeat of last year's Slow Down Week during the week of 8<sup>th</sup> May. The achievements of this group certainly have resulted in obedience of the speed limits in the villages.

**Henry Potter**  
Chairman, Boxgrove PC

**\*See Page 10 - Editor**

## The Bishop of Lewes visits Boxgrove



Today (18 May) Bishop Richard Jackson visited the Priory as part of his Prayer Pilgrimage across the diocese to the Cathedral in Chichester. He met with pupils from our school, with the Head and her colleagues and some members of the congregation.

The journey is part of the national Thy Kingdom Come initiative which also forms part of 2018 as a 'Year of Prayer' for the Diocese of Chichester.



@Rickthevic22

Tweets

Great to share with so many at Boxgrove. Thank you Fr.Ian for leading us. He's very good with small people and I'm not. Finest re-ordered interior in Southern England IMHO

[@ChichesterDio](#)

[@thykingdom\\_come](#) |

[#bikingbishop](#)

# SHIPLEY ARTS FESTIVAL 2018



Boxgrove Priory

Friday 15 June 2018 - 7.00pm

**A Concert in aid of Winston's Wish**

OctaVox is directed by **Andrew Cleary** with **Bernardi Music Group** and trumpeter **Crispian Steele Perkins** plus special young guest **Tiger Braun White**

**Monteverdi** *Beatus Vir* ~ **Handel** *Cuckoo and Nightingale Concerto for organ*  
**Albinoni** *Adagio* ~ **Bach** *Brandenburg Concerto no.4*  
**Bach** *Brandenburg Concerto no.2*

Interval auction by **Revd Rupert Toovey**

**Tickets £41.50** (including a flute of Nyetimber on arrival)

Box Office: **The Capitol Theatre, Horsham**

Tickets: **01403 750220** or online at [www.thecapitolhorsham.com](http://www.thecapitolhorsham.com)

For more information **01403 741685** ~ [www.BMGLive.com](http://www.BMGLive.com) ~ [www.shipleysartsfestival.co.uk](http://www.shipleysartsfestival.co.uk)



# THE PARISH OF SAINT MARY AND SAINT BLAISE, BOXGROVE MONTHLY CALENDAR AND MASS INTERCESSIONS

## JUNE

1	Fri	St Justin, Martyr	Respect for others
2	Sat	Sts Marcellinus and Peter, Martyrs	Bolder Christian witness
3	<b>Sun</b>	<b>CORPUS CHRISTI</b>	Devotion to Jesus in the Blessed Sacrament
4	Mon	Feria	Parish & people
5	Tue	St Boniface, Bishop & Martyr	The German Nation
6	Wed	St Norbert, Bishop	The Episcopate
7	Thu	Feria	Ordinands
8	Fri	<b>The Sacred Heart</b>	Increase in vocations to ministry
9	Sat	St Columba, Abbot	Monks and Nuns
10	<b>Sun</b>	<b>TRINITY 2</b>	Parish & people
11	Mon	<b>St Barnabas the Apostle</b>	The sick and suffering
12	Tue	Feria	More justice worldwide
13	Wed	St Antony of Padua, Priest & Doctor	Those who work in Diocesan Church House
14	Thu	Feria	An end to corruption
15	Fri	Feria	Eagerness in Christian learning
16	Sat	<b>St Richard of Chichester, Bishop &amp; Diocesan Patron</b>	Diocese & people
17	<b>Sun</b>	<b>ST RICHARD</b>	Parish & People
18	Mon	Feria	Philosophers
19	Tue	St Romuald, Abbot	Those sitting examinations
20	Wed	Feria	The Departed
21	Thu	St Aloisius Gonzaga, Religious	St Wilfrid's Hospice
22	Fri	St Alban, Martyr	Those facing death
23	Sat	St Ethelreda, Abbess	More vocations
24	<b>Sun</b>	<b>BIRTH OF JOHN THE BAPTIST</b>	Parish & people
25	Mon	Feria	Greater cooperation with God
26	Tue	Feria	The United Nations
27	Wed	St Cyril of Alexandria, Bishop & Doctor	Relief Agencies
28	Thu	St Irenaeus, Bishop & Martyr	Peacemakers
29	Fri	Feria	Local Politicians
30	Sat	Of Our Lady	Leaders of industry

# Emergency Food for Local People in Crisis



## A project seeded by the Trussell Trust

1 in 5 people are living below the poverty line in Britain and that includes families and individuals who live in the local area. Today in Chichester District there are families struggling to put food on the table. For people on low incomes, a sudden crisis - redundancy, benefit delay or even an unexpected bill - can mean going hungry. Every day somewhere in the District parents skip meals to feed their children and people are forced to choose between paying a bill and eating.

Since we opened in September 2012 we have fed 11,260 people (4684 food parcels). We have also worked with the local schools to provide lunch packs to children who receive free school meals due to low income during the Christmas, Easter and summer holidays.

Chichester District Foodbank provides a non-judgemental service to people who find themselves in crisis. If you find yourself in need please obtain a red voucher from one of the 135 agencies in the district that hold them, including CAB, Children & Family Centres, Health Visitors, and Housing Associations, and bring it to one of the 4 foodbank centres (Chichester Family Church open on Monday/Wednesday 2-4 pm and Friday 4-6 pm, Selsey Methodist Church open on Friday 4-6 pm, St Annes Hall Midhurst open on Friday 3-5 pm and a mobile service in Petworth telephone 07501921617), where you can exchange it for a 3 day emergency food parcel. During your visit you will also be given the opportunity to talk about your situation and we will help to signpost you to other organisations that can give you further support.

If you want further information please look at our website on [www.chichesterdistrict.foodbank.org.uk](http://www.chichesterdistrict.foodbank.org.uk) or contact us on 01243 773687.

**Chichester District Foodbank  
21 Orchard Street, Chichester, PO19 1DD  
01243 773687**

**Registered Charity Number 1155197  
Registered in England & Wales**

*If you would like to help support this very worthwhile charity - by giving food, volunteering your time or making a donation - please contact Joanne on 01243 773687. Ed.*





## Boxgrove CofE Primary School

The Street, Boxgrove  
West Sussex, PO18 0EE

# Boxgrove Primary School's 'Royal Wedding Day'

The children, staff and governors came to school wearing outfits based on the colours of the British flag - ie red, white and blue - from sparkly bows to appropriately coloured hair, whilst others came looking resplendent in their wedding guest apparel ... a shame they cannot slide into the congregation at Windsor Castle tomorrow as they would have blended in seamlessly as we celebrated the forth-coming marriage between Prince Harry and Meghan Markle!



The children brought in wonderfully decorated wedding biscuits and cakes, which were a "feast for the eyes" - everyone in school enjoyed admiring the children's creations before they were merrily tucked into by one 'n' all! We had bride and groom biscuits, biscuits of Windsor Castle, 3-tier mini cakes, an assortment of beautifully decorated flower cakes and those sporting Great Britain's flag. And of course every class has looked at aspects of Prince Harry and Meghan Markle's special day.

**Kim Thornton**  
Headteacher,  
[Boxgrove CEP School](http://www.boxgrove-cep.school)



### FESTIVAL EVENTS TAKING PLACE IN BOXGROVE PRIORY

Saturday 30 June 7.45pm	<i>Both Alike in Majesty</i>	NMH with Consort of Viols
Friday 6 July 7.30pm	<i>O for the wings of a dove ... and more</i>	Chichester Chorale
Tuesday 10 July 7.30pm	<i>The Great Walks of Sussex</i>	David Bathurst, with Cavatina
Friday 13 July 7.30pm	<i>String of Pearls - 30 years years of musical entertainment</i>	Southdowns Concert Band

## SUSSEX PILGRIMAGES - OLD AND NEW

Whether it is to the shrine of St Richard in Chichester Cathedral or on the way to one of the many pilgrimage sites elsewhere, large numbers of people will have travelled through Sussex on foot in the course of a pilgrimage journey. Pilgrimages are essentially walks with a purpose. And Sussex has a plethora of named long-distance routes which provide walking which is enjoyable and immensely purposeful, forming the basis for both sacred and secular pilgrimage.

On Tuesday 10 July at 7.30pm in Boxgrove Priory, as part of the Festival of Chichester, David Bathurst, a member of Boxgrove Priory Choir, will provide an overview of the long-distance walking routes in Sussex, highlighting the opportunities these hold for pilgrimage with many places of worship and devotion along the routes.

David will also speak about his forthcoming book *The Great Walks Of Sussex*, which describes the routes and how even less experienced walkers can enjoy them.

Music will be provided by the *a cappella* quartet Cavatina and there will be interval refreshment.

Admission is free but there will be a retiring collection for Priory funds.



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Don't forget the  
**Boxgrove 5k Run on Saturday 16 June**  
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For more details visit  
the [School's](http://www.boxgrove.w-sussex.sch.uk/) (www.boxgrove.w-sussex.sch.uk/)  
or the [Run's](http://www.boxgroverun.co.uk) (www.boxgroverun.co.uk) website

## Nudelsalat

(from Priory Choir member Allan Beattie)

For many years I spent my holidays in Bavaria. On hot summer days this dish was a favourite lunchtime treat, and there would be cries of delight around the garden table when the big bowl was carried out. The ingredients were slightly different each time - but it was always delicious. The only consistent ingredient is short pasta: *fusilli* works really well, but *rigatoni*, ribbed *penne*, and *rotini* or *rocchetti* and even *ruote* (wagon wheels) all work, too.

Allow 50-60 grams of pasta per person. This basic version should serve 4, but I always allowed for 'seconds'.

### Timing

10 minutes to boil the pasta, while you prepare the other ingredients

### Ingredients

1 or 2 apples, cored and diced  
2 boiled eggs, chopped into small chunks  
250g cheddar cheese, diced  
2-4 tomatoes, chopped into small chunks  
half a red pepper (or yellow), chopped  
2 large spoonfuls of mayonnaise  
2 teaspoons of mustard if desired (German for preference, but French is fine)

### Method

Boil the pasta in a large pan until only just firm; drain well and set aside in a large bowl  
Boil the eggs, then set aside to cool in a bowl of cold water  
Chop the ingredients (including the eggs) into small pieces roughly 1cm square  
Put all the chopped ingredients into the bowl of pasta  
Drop in two large tablespoons of mayonnaise (mixed with the mustard if used)  
Stir the whole mix until the mayonnaise coats the ingredients, adding more mayonnaise/mustard if required  
Add a little pepper and salt to taste  
Cover the bowl with a tea-towel and leave in the fridge until needed, then take to the table; ladle into breakfast bowls

The beauty of this recipe is that you can make it with whatever you have to hand: chop up a few slices of ham or leftover cold chicken; or add a few silverskin onions, pickled gherkins or cauliflower; or peel an orange and chop the segments in half; or crumble some feta cheese into the mix; or add a little finely chopped anchovy - the list is endless. It suits all kinds of chef styles, from Heston to Jamie, and it works just on its own or with some salad leaves and crusty bread.

And on a warm summer's day, sitting in the garden, there is nothing better than a bowl of this with a glass of something chilled, around a table with friends and family in the sunshine. Oh, and if there is any still left over, just cover and put back in the fridge: it tastes even better next day. That is, if it can be left alone that long ...

Mahlzeit!

## Open Gardens Season 2018 Saturday 6<sup>th</sup> June to Sunday 19<sup>th</sup> August



On Sunday 8 July St Wilfrid's Hospice will open our gardens between 2pm-5pm, and hold our annual Rainbow Day here at St Wilfrid's (on Grosvenor Road, Chichester, [PO19 8FP](mailto:PO198FP)) for the last time before moving to our new Hospice in Bosham in 2019.



There will be activities, stalls, music, refreshments and entertainment for all the family and our traditional 'rainbow cards' will be available should you wish to dedicate a special message to a loved one. Not forgetting the beautiful dove release, in memory of those no longer with us.

To see a full list and lovely pictures of all the participating gardens raising money for St Wilfrid's Hospice, please [visit www.stwh.co.uk/support-us/events/open-gardens-2018](http://www.stwh.co.uk/support-us/events/open-gardens-2018)

**Watch out, too, for the following events later in the year:**

### **Pirates on the Run - 1st September 2018**

Ahoy my hearties! Jump aboard Pirates on the Run on Saturday 1st September to enjoy a colourful bouncy fun run. Challenge yourself to tackle this 3km inflatable ...

Further details from <https://stwh.co.uk/support-us/events/pirates/>

### **Retro & Vintage Affair - 24<sup>th</sup> August 2018**

Our annual Retro and Vintage Affair is back! A great chance to browse and buy from a large selection of retro & vintage garments and accessories. Featuring entertainment by Dawn Gracie, Hair Styling by Mark Lewis and a vintage tea room.

Free Entry: 9.30am - 3.30pm at Assembly Rooms, North Street, Chichester, PO19 1LQ. Further details from <https://stwh.co.uk/support-us/events/retro-vintage-affair/>

**St. Wilfrid's Hospice**  
**Chichester**  
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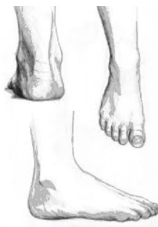
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### JUNE 2018 (Year B)

#### 3 Corpus Christi

(No 8.00am Holy Communion)

11.00am **Mass & Procession; lunch in the Vicarage garden**

#### 10 Second Sunday after Trinity

8.00am Holy Communion †

9.30am Solemn Mass

11.15am Parish Mass

#### 17 Third Sunday after Trinity

8.00am Holy Communion †

9.30am Solemn Mass

11.15am Parish Mass

#### 24 Fourth Sunday after Trinity

(Birth of St John the Baptist)

8.00am Holy Communion †

9.30am Solemn Mass

11.15am Parish Mass

### JULY 2018 (Year B)

#### 1 Sts Peter & Paul, Apostles

8.00am Holy Communion †

10.00am Community Mass

#### 8 St Benedict, Abbot, Patron of Europe

8.00am Holy Communion †

9.30am Solemn Mass

11.15am Parish Mass

#### 15 Trinity 7

8.00am Holy Communion †

9.30am Solemn Mass

11.15am Parish Mass

#### 22 Trinity 8

8.00am Holy Communion †

9.30am Solemn Mass

11.15am Parish Mass

#### 29 Trinity 9

8.00am Holy Communion †

9.30am Solemn Mass

11.15am Parish Mass

† Traditional Rite



*The Church is open daily  
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