

THE BOXGROVE BUGLE

THE MAGAZINE LINKING CHURCH AND PARISH

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December 2018



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Who's Who in Boxgrove

PRIEST IN CHARGE

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HON. ASSISTANT PRIESTS

Fr David Brecknell, 8 Priory Close - 01243 784841 Fr Victor Cassam, 195 Oving Road, Chichester - 01243 783998

CHURCHWARDENS

Mr David Jones - 01903 856580 - <u>jonesdavr@btinternet.com</u> (Vacant)

HON. TREASURER

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Ms Lara Moyler - 07956 986496

CATHEDRAL LINK

Mike Beaman - 01903 367039 - beaman mw@yahoo.co.uk

PRIORY AND ST BLAISE CENTRE Bookings and Enquiries

Mark Peters - 07729 773277 - mark@petersposse.co.uk

WSCC MEMBER FOR CHICHESTER NORTH

Jeremy Hunt - 0330 2224536

CDC MEMBER FOR BOXGROVE WARD & CHAIRMAN, BOXGROVE PARISH COUNCIL

Henry Potter - 01243 527312

BOXGROVE C of E PRIMARY SCHOOL

Mrs Kim Thornton - 01243 773309 - head@boxgrove.w-sussex.sch.uk

BOXGROVE VILLAGE HALL Bookings and Enquiries

Pat Burton - 01243 788332

Local Police

Emergencies

999 or 112

Other matters 0845 60 70 999 or 101

From Father lan

Still with some of my "annual leave" to use up, and conscious of the need to draw breath before the busy-ness of Advent and Christmas, I am sitting composing this piece in the Bargello in Florence.

It is a very old building, nearly as ancient as Boxgrove Priory. It has served as a Community Palace, a military barracks, a prison and place of torture and execution.

Then, in the mid 1700s, after the abandonment of the death penalty, it gradually returned to a more gentle use. Now a museum housing things of astonishing beauty, it is a powerful reminder of how our human talents can be directed towards things that greatly enhance human life.

Here I see the skills of the architect, the builder, the artist, stonemason, metal-worker, carver, weaver, illuminator, embroiderer, and ... I could go on, but I am sure that you get the drift of it.

There is work here by one of my favourite artists, Donatello, but there are also countless works by unknown artists and craftsmen. Quite a lot of the exhibits are things that were made for churches: candlesticks, chalices, reliquaries, thuribles, and so on. And I guess that if the church was better at sharing and 'recycling', we would not need to commission or make any new church 'fitments' at all! Except that we would.

These carefully crafted things are signs of our self offering to God. He has given us the money, talent, opportunity to make and give, and it is a process imbued with love and thanksgiving.

The same is true of our Christmas presents. We don't recycle those that are tokens of love. No.

We cherish them, often displaying them for others to see, not unlike a gallery or museum, giving us the chance to share the narrative of love.

Let us preserve as much beauty as we can, sharing it in as many ways as are possible; delighting in our talents and affections.

And let us still love the generations of Christians who went before us, preserving what was good of their work - not just in our museums, but also in the faith-born skills and aspirations that they have passed down to us, to inspire and shape what we do.

Let God's greatest gift to us, his Son, Jesus, have a place in our hearts and lives in the here and now, that all creation might reflect the glory of God.

Father Jan

Advance Notice

A meeting for those being married in the Priory during 2019 will be held in the Priory on Saturday 12th January at 10.00am.

THE BUGLE

Articles on any aspect of Boxgrove news - village or Priory-based - are always most welcome. The Boxgrove Bugle is distributed **free of charge** to each household within the parish and published on-line; copies are also sent further afield, as well as being available in the Priory for visitors and non-residents of the parish. It has a current print run exceeding 700 copies per month.

Items to be considered for publication should be sent to the <u>Editor</u>. Submission is requested by the **I5**th **day of each month**, please, for publication on or around the last Sunday of each month. Alternatively, items clearly marked "**Boxgrove Bugle**" may be left in the Vicarage postbox.

DATES 2018/9

NB: There is no Bugle in January or August

Issue Month	Copy Deadline	Publication Date	
February	15 January	27 January	
March	15 February	24 February	

BUGLE ARTICLES AND CONTENT

Please contact Tina Thurlow - tina.thurlow@btinternet.com

BUGLE ADVERTISING

Please contact Tina Thurlow - tina.thurlow@btinternet.com

ADVERTISING RATES 2018/9

Per I/8 page £40.00 per annum £4 per month Please make cheques payable to:

"Priory Church of St Mary & St Blaise"

Advertisements are accepted in good faith, but no liability is accepted with regard to any services or goods offered howsoever arising.



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and may be read on-line in colour at http://www.boxgrovepriory.co.uk/boxgrove_bugle.html

Why not add a link to your desktop?



Football Competitions



Our YI/2 football team - Michael Dongo, Daniel Edwards, Elijah Eves, Leon Holden, Bella Maddern, Oliver Twells and Teddy Wood (captain) - played magnificently at the Chichester Locality Football tournament. After a shaky start they soon found their form, and won their last match 8-3. Our team came third overall - they are rightly

proud of their efforts and achievement. What was just lovely, was watching every one of our players shake hands with everyone in the opposing team when the final whistle got blown.

Our Y5/6 football team participated in the Goodwood Area Schools tournament which was run by Chelsea Football Club at the Chichester High School, also this month. Our players - Harry Betsworth, Taylor Boniface, Barnaby Clifford-Brown (captain), Tom Dunster, Molly Edwards, Imogen Edwards, Angela Hill



and Lois Lutman-Pauc - played well as a team, and again showed great gamesmanship. They were unlucky not to do better - that ball insisted on skating just over or to the side of the goal posts! They left exhausted and with happy smiles, boosted by the fact that they met the Chelsea mascots Stamford and Bridget.

Kim Thornton Headteacher

Boxgrove CEP School



We are seeking unwanted sewing machines, carpentry, garden or engineering tools

Both Tim Pullan and Malcolm Knight collect such items, for "Tools for a Mission" and "Tools for Self-Reliance" respectively. All items become completely refurbished before being despatched to varying parts of Africa and thereby helping families and individuals to start or expand their business.

Contact **Tim Pullan** on 01243 532065

and Malcolm Knight on O7722 115212

We can arrange to collect

PRIORY SUNDAY SCHOOL

Sunday School meets in the St Blaise Centre. Children are asked to arrive promptly so that the objective of the session can be explained to everyone at once. Children should be aged between 4 and 11 and they must already have started school.

There is no charge and parents do not need to accompany the children. They don't need to bring anything with them - just to come along!

For further information about Sunday School please contact Rosey Harris by email: roseyharris1@googlemail.com.



Services in December which may be of special interest:

9th - Christingle, 4.00pm 23rd - Priory Carol Service, 5.30pm 24th - Christmas Eve Crib Service, 4.00pm 24th - Solemn Midnight Mass, 11.30pm 25th - Christmas Day Family Eucharist, 10.00am

THE CHILDREN REMEMBER



Well done to Rosey and the children of the Sunday School for the excellent wreath they made on Remembrance Sunday to the Fallen (the right-hand of the two wreaths in the picture)

JULIAN GROUP

The Boxgrove and Tangmere Julian Group meets on the second Monday each month at 3.15 pm, usually at the St Blaise Centre, Boxgrove. Notices with details of the venue are placed on the Church Notice Board.

The theme for each monthly meeting is as follows:

10 Dec	From east to west, from shore to shore New English Hymnal – hymn 20	St Blaise Centre, Boxgrove
I4 Jan	We shall never be lost (Enfolded in Love – Julian of Norwich – Pg 32)	St Blaise Centre, Boxgrove
II Feb	Dear Lord and Father of mankind New English Hymnal – hymn 353	St Blaise Centre, Boxgrove
II Mar	O for a heart to praise my God New English Hymnal – hymn 74	St Blaise Centre, Boxgrove
8 Apr	Joy in God our Maker (Enfolded in Love – Julian of Norwich – Pg 8)	St Blaise Centre, Boxgrove
13 May	He keeps all that is made (Enfolded in Love – Julian of Norwich – Pg 3)	St Blaise Centre, Boxgrove
10 June	God, our true rest (Enfolded in Love - Julian of Norwich – Pg 4)	St Blaise Centre, Boxgrove

Forthcoming events in the Priory

See also page 15 for service intentions throughout December

Sunday 2 December, 6.30pm Westbourne House Carol Service

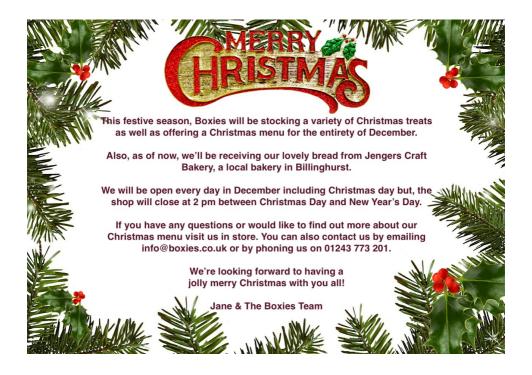
Saturday 8 December, 7.30pm
Christmas Concert ~ Southdowns Concert Band

Sunday 9 December, 4.00pm Christingle

Sunday 16 December, 7.00pm Shopwyke Singers with members of the Priory Choir - *Messiah*

Sunday 23 December 5.30pm Priory Carol Service

Monday 24 December 4.00pm Crib Service



The biggest lie I tell myself?
"I don't need to write that down - I'll remember it".



Why teachers drink



More allegedly genuine answers from 16-year-olds in last year's <u>GED exams</u>

- Q What is a seizure?
- A A Roman Emperor (Julius Seizure, I came, I saw, I had a fit)
- Q What is a terminal illness?
- A When you are sick at the airport (Can't argue with that)
- O What does 'varicose' mean?
- A Nearby

The Bugle's better on line:

http://www.boxgrovepriory.co.uk/boxgrove_bugle.html



CHICHESTER CATHEDRAL FRIENDS





The Friends Celebrate their 80th Anniversary!

It has been eighty years since the formation of the Friends of Chichester Cathedral. Our key aim is, and has always been, to support the mission of the Cathedral and we have enjoyed and been honoured to have partnered the Cathedral for all of this time. In the past 3 years alone the Friends have donated over £375,000 towards a wide range of projects connected with the Cathedral.

To mark this milestone, The Friends will be staging a range of events that will span the year, beginning in October. These will start off with a preview of the new purple Copes funded by The Friends followed by the launch of the Choir's new CD "Lest We Forget", marking the end of WWI, and sponsored by the Friends.

The schedule of events is:

2018

19th October
6th November
16th November
A Quiz Evening at Boxgrove Village Hall

8th December A Christmas Fayre in the Vicars' Hall in Chichester

2019

9th January An Epiphany Lunch at Chichester College

24th to 27th May
A visit to Bavaria with the Chichester Cathedral Choir
6th June
Friends AGM with a Communion service, Junch and Guest

Speaker the Very Revd Jonathan Greener, Dean of Exeter

18th to 20th July Participation in The Southern Cathedrals Festival, sponsored by

The Friends

We sincerely hope many people from throughout the Diocese will join us in celebrating our 80^{th} year.

Chichester Cathedral Friends is a registered charity. Membership costs £15 per year and £25 for a couple. To join the Friends, buy tickets or for more information, please visit: www.ccfriends.org or email: friends@chichestercathedral.org.uk.



Please don't forget to put any non-perishable food you can spare in our bin just inside the inner doors of the church.

THE OPTIMISTIC GARDENER

High Trees - November 2018 - No.19

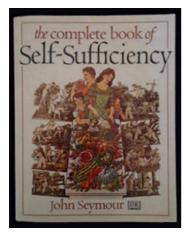
The Optimistic Gardener Self Sufficiency

Diary extract - Tuesday 2 October:

Apart from the coffee and yoghurt, everything at breakfast was grown or produced at High Trees. I started with home-pressed apple juice, then had a bowl of home-grown fruit: half of our one-and-only melon, raspberries, yellow and red, blackberries and grapes topped with yoghurt - Muller White Velvet Greek-style yoghurt with added sugar (won't be having that again). After the fruit we had toast with the lemon & lime marmalade which I made yesterday. Also available for toast was High Trees honey and High Trees strawberry jam. The toast was home produced - Gerry with his homemade gluten free bread (before baking it bears an uncanny resemblance to PVA glue) and me with my home-baked French bread.

The only other time of year this attempt at self-sufficiency is anywhere near possible is at the end of spring when we have the High Trees meal. It starts with a globe artichoke nibbled slowly; then omelette, early new potatoes, broad beans and the last of the asparagus, followed by the early strawberries and homemade ice cream; all washed down with High Trees cider. Who knows? In spring 2019 it may well be High Trees grand cru 2018, since we had such a wonderful grape harvest this year!

At one time in my life I had dreams of being self-sufficient - keeping a Jersey cow for the milk, cheese and butter; rearing a few pigs and sheep each year for the freezer;



extending our vegetable and fruit growing enterprise so we could include some carbohydrate crops such as lentils and beans. I even had a book written by John Seymour called "The Complete book of Self-sufficiency", published in 1978, which provides the reader with all sorts of useful information on subjects such as "sticking a pig", "keeping on top of the rat population" and "how to deal with a fly strike on your lambs' daggles" (or some such disaster!).

What I didn't realise at the time was there are only 24 hours in each day and to be comfortably self sufficient you need at least double this number! We recently stayed at a cottage on a small vineyard in Somerset. It was owned by a couple who made wine and some cider and sold it at farmers' markets

and in one delicatessen in Wells. They existed solely on the profits of their sales and the meagre income which the self-catering cottage brought in. They never stopped!

/continued ...

Of course you don't have to rely on the produce of your land to exist on. There is foraging to be done in the wild. I can just see myself dressed in my Ray Mears kit, toting the basket I made at a Weald & Downland museum course, wandering through the lanes of West Sussex catching snails and gathering puff balls. I suppose if I were able to hunt and fish successfully there would be protein to be had, and we have battalions of bunnies in the fields around High Trees.

But I do have an atavistic personality which I have inherited from my mother. I cannot pass a blackberry bush without stopping to gnash on a few; no elderflower



tree is safe with me in June when it is cordial making time; if I find field mushrooms on a walk I stop to pick them, and I physically cannot walk past a sweet chestnut tree which has dropped its treasure. Of course there is something hard won about getting a bowl of sweet chestnuts.

Firstly you have to decide which of nature's morning stars are worth picking up, risking puncturing your hands; and then once you

have wrestled them out of their cases and brought them home there is still the effort of taking off the outer cases of the kernels which many people do by roasting. I have found that the best way to do this, should you want to preserve the nuts in the freezer, (for Christmas maybe,) is to cut a little notch in the top of the nut and then boil a handful for a minute or two, then take off the hard casing bringing off the bitter membrane as well. What a faff! When Sainsbury's produce a packet of vacuum packed chestnuts for the reasonable price of £1.95! Still - do they have any of the fun?

There are a few things which the gardener or allotment holder can grow which makes them self-sufficient in certain foodstuffs. Garlic is a perfect example - it doesn't take up too much space, grows well in our climate and stores well given the right conditions. So you need never fear vampire attack ever again. You simply need fertile, well-drained soil and a lot of patience.

Another plant in the allium family which is possible to keep for a long time after harvesting is the onion - no cook could manage without this vegetable (Gerry thinks that every woman in the world has half an onion in the fridge). I grow them from seed; not quite as simple as growing from sets but it does mean that you don't get many which bolt and develop flower heads in their first year of growth. It is also cheaper! And if you plant Japanese onions which over-winter and can be harvested earlier than main crop onions, you can pretty well get year-round succession.

Even without an apple press you can be eating your own apples for almost three quarters of the year. The secret here is to grow a variety of apples with different fruiting times. We have a tree which bears fruit in late August (Beauty of Bath) and one which isn't ready until November (the russet Ashmead's Kernel), with others in between. And with a press you can be drinking apple juice or cider all the year round.

/continued ...

So maybe the secret to a successful life of self-sufficiency is to start small and only produce what you can with the space you have. If you have the space in your garden then fruit and vegetables are very rewarding and a great way to exercise in the Green Gym. If you live in the country and have access to fields and woods there is plenty of opportunity to forage, particularly in the autumn. If you live in the middle of town and have a regular market then you can pick up some bargains at the end of market day and produce chutneys or jams. I made ten jars of lemon & lime marmalade for the total price of £2.95.



Apple press

Mind you, I won't be enjoying the hard-won chestnuts along with my Brussels sprouts at Christmas because our visit to Petworth Park this autumn was about a month too late and resulted in two very withered specimens which are now on the compost heap. Nothing is ever wasted in the self-sufficient household!

Janet Reeves



ST BLAISE FAIR SATURDAY 2 FEBRUARY 2019 BOXGROVE PRIORY

12.00-2.00PM

Hot refreshments
Tombola ~ Homemade Produce
Raffle ~ 'Miscellaneous' Stall ~ Books
Stall run by the PTA of Boxgrove School
Jewellery ~ Crafts & Collectables
Morris Dancers

Proceeds in aid of
The Kwa Mkono Disabled Children's Centre, Kwa Mkono, Tanzania

Boxgrove Neighbourhood Plan Update November 2018

I am afraid to say that since my last update very little seems to have happened to progress our Plan with Chichester DC.

Despite numerous follow-up calls and emails they have failed to give us dates when they expect to respond to us and we now understand have stopped the Independent Examiner dealing with our plan. They are awaiting advice as to how they should respond to an EU ruling about Habitat Regulations.

This is despite the fact that their own commissioned study has established that the Priors Acre site, that has just started construction, is unlikely to have any possible affect on the habitats in question. In any case the issue is not on the critical path for completion of our plan.

Out of sheer frustration at the painfully slow progress and the lack of support from CDC, we decided to write to our MP, Gillian Keegan, in the hope that some pressure can be put on these bureaucrats. I presented this proposal to the Parish Council last week and they fully supported the action. I have also written to the Chichester Observer.

Unfortunately, a week has now gone by and I have received nothing in return apart from an automated reply. I now have chased her for a response.

You may have read in the local press that CDC are currently reviewing their Local Plan and Boxgrove will be given an additional 50 homes. It is vital for the Parish financially that our current Neighbourhood Plan is finalised (made) before we revise it to include this additional housing.

The Neighbourhood Plan process is supposed to be about local democracy.

If you have strong feelings about this matter, please write to your councillor and/or MP.

The Plan can be viewed on the dedicated website https://www.boxgrovenp.co.uk/.

David Leah

Chair, Boxgrove Neighbourhood Plan Team 13 November 2018



Please support our advertisers:.

They help us to provide a copy of the Bugle free to every household in the parish.

BOXGROVE PARISH COUNCIL

Chairman's Report

I can not describe the joy of seeing so many folk make the journey up to the Windmill to share in the celebration which commemorated the 100th anniversary since the battles stopped to end the Great War. After some recent fair weather, the evening of the 11th was not very pleasant but it did stop raining for a couple of hours whilst the beacon was lit and burned. We were fortunate to have Jenny Armitage, a music student at Chichester College who came along to sound the *Last Post* on her trumpet, and Father lan Forrester said a prayer while the fire was lit.

It was a memorable evening, and many thanks to those who prepared the mince pies, sausages and sausage rolls and the delicious mulled wine. A night to remember!

One elderly resident who was given a lift up there never imagined that she would ever visit the Windmill again in her 95th year. I should also like to thank Mark Langmead for supporting this occasion and allowing access to his stable field adjacent to the Windmill.

During regular inspections of the Children's Play Area over the past year I've noticed the distinct absence of weeds that manifest themselves through the tarmac and the safety surfaces. I discovered that a resident, namely Mr Stuart Power, has been treating the weeds and keeping them at bay, also emptying the rubbish bin beside the play area. A big thank you, Stuart! Another example of 'Care in the Community'.

I was asked recently about the defibrillator which has been installed on the wall beside the Village Hall. Despite the keypad locking device on the door, the box containing the device is NOT locked! It was decided to be pointless in making access to the device any more time-consuming than absolutely necessary to retrieve. Although instructions are relayed to the operator, as well as printed instructions (within the cabinet), there is an opportunity for anyone interested to receive a briefing on its use prior to the next Parish Council Meeting at 6.30. The Meeting will commence at 7.30 on this occasion.

Work is underway to improve the A285 between Halnaker and Petworth, which should help to cut the number of accidents on this road. From what I've seen already completed, I still wonder if these works will have the planned effect; only time will tell.

And finally, the 'gates' at the entrance at both north and south ends of The Street are to be installed, adding to the sense of place in this Village we love so much. This is to be done free of charge, thanks to the Community Involvement initiative by Balfour Beatty, the WSCC Highways' contractors. Work is now underway to further address the traffic issues in Halnaker.

Henry Potter

Chairman, Boxgrove PC

THE PARISH OF SAINT MARY AND SAINT BLAISE, BOXGROVE MONTHLY CALENDAR AND MASS INTERCESSIONS

DECEMBER

I	Sat	Feria	Faithful Discipleship
2	SUN	ADVENT SUNDAY	Parish and people
3	Mon	St Francis Xavier, Priest	Inner-city parishes
4	Tue	St John of Damascus, Priest & Doctor	Greater trust in God
5	Wed	Feria	Gratitude for revelation
6	Thu	St Nicolas, Bishop	The Woodard Schools
7	Fri	St Ambrose, Bishop & Doctor	Liturgists
8	Sat	IMMACULATE CONCEPTION OF THE BVM	Parish & people
9	SUN	ADVENT 2	Parish and people
10	Mon	Feria	Repentance
П	Tue	St Damasus I, Pope	Wholeness & healing
12	Wed	Feria	Better care for each other
13	Thu	St Lucy, Virgin & Martyr	More confidence in God
14	Fri	St John of the Cross, Priest & Doctor	Espousing the kingdom
15	Sat	Feria	Generosity in our judgements
16	SUN	ADVENT 3	Parish and people
17	Mon	Feria (O Sapentia)	Yearning for God
18	Tue	Feria (O Adonai)	An openness to God's call
19	Wed	Feria (O Radix/Ember Day)	Clear vision in seeking truth
20	Thu	Feria (O Clavis)	A ready acceptance of God's call
21	Fri	Feria (O Oriens/Ember Day)	More frequent communion
22	Sat	Feria (O Rex / Ember Day)	Greater self discipline
23	SUN	ADVENT 4 (O Emmanuel)	Parish & People
24	Mon	Feria (in the morning)	Spiritual readiness for Christmass
25	Tue	NATIVITY OF THE LORD	Parish & People
26	Wed	St Stephen, Proto Martyr	Greater courage in discipleship
27	Thu	St John, Apostle & Evangelist	More reading of scripture
28	Fri	Holy Innocents, Martyrs	Those who have lost children through violence
29	Sat	St Thomas Becket, Bishop & Martyr	Courageous Bishops
30	SUN	HOLY FAMILY SUNDAY	Greater religious practice within families
31	Mon	In the Octave of Christmas	Growth in wisdom

Boxgrove and Halnaker Traffic Calming Group November update



Following the successful completion and Ist stage approval of the Boxgrove Community Highway Scheme the team have turned their attention to creating a similar plan for Halnaker.

We have targeted March 2019 for completion and submission to WS Highways for consideration.

We are initially concentrating on identifying the problems encountered in the village by residents rather than simply the speed of passing motorists. This humanises the issues, and if we can fix the problems their solutions should also lead to reducing speeds and are the type of benefits this scheme is designed for. These are some of the issues that we feel need addressing:

- Difficulties getting cars in and out of driveways especially in the Conservation Area.
- ♦ Narrow pavements make walking intimidating and lack of pavements/footpaths in the north prevent walking to the windmill.
- ♦ Very difficult for cyclists/horse riders in the narrow Conservation Area stretch.
- ♦ Lack of drop kerbs makes pushchair or wheelchair access difficult.
- Pedestrians need to repeatedly cross the A285 walking most or only part of the village to access the bus stops, the pub and the post box.
- Difficult car exit from Coalyard site and Goodwood properties south of the pub.
- Difficult access from the Street at the crossroads due to the poor sight lines, especially turning right.
- ♦ Travelling south on A285 braking distances at crossroads difficult to achieve.
- ♦ Chaotic parking for Halnaker Windmill walk.
- Difficult junctions at Tinwood Lane, the livery yard, Oakford and Halnaker Park due to dangerous overtaking on the A285.

Please let the team know of other issues that you feel need addressing in Halnaker.

Contact us boxgrovetraffic@gmail.com

Boxgrove and Halnaker Speedwatch Update for October 2018

Summary for this Period Number of Sessions this period Total Vehicles exceeding limit DVLA Valid vehicles Accuracy Maximum Speed recorded in 30 limit		18 255 253
Total Vehicles exceeding limit DVLA Valid vehicles Accuracy	=	255
DVLA Valid vehicles Accuracy		
Accuracy	=	252
•		233
Maximum Speed recorded in 20 limit	=	99%
Maximum speed recorded in 50 iiiii	t =	57
Police Actions this Period		
Letter Sent	=	245
Pending	=	4

Boxgrove Film & Supper Club





Boxgrove Village Hall Friday 7 December 7.00pm

THREE BILLBOARDS OUTSIDE EBBING, MISSOURI

(Rated '15')

FOR PREVIOUS TICKET HOLDERS

Re-scheduled showing of film (without the supper)

Tickets for the film only are available from Boxies or the Village Hall at £3 each.





WSCC Mobile Library

14 & 28 December

2.10-2.40 pm

Boxgrove Village Hall

Library Service tel: 01243 382470

Other useful contact details

Citizens Advice

consumer helpline: 0345 4040506

Action on Elder Abuse

confidential helpline: 080 8808 8141

Action Fraud

national fraud reporting centre: 0300 123 2040

IN THE CATHEDRAL

Free lunchtime concerts

Tuesdays from 1.10 - 2.00pm during term-time

ST WILFRID'S HOSPICE

Grosvenor Road, Chichester, PO19 8FP



Light Up A Life 2018

St Wilfrid's invites you to come along and remember loved ones with us at our traditional annual remembrance event held on **Sunday 9**th **December** at Chichester Cathedral. Starting at 6pm, this service of traditional carols and readings involves lighting a candle in memory of your loved one, which you can take home at the end of the evening.

A Christmas Gift to Last Forever

If you are looking for a gift that reflects the spirit of Christmas, a beautiful silver Pansy Pin bought in support of St Wilfrid's Hospice 'Dreambuilding' appeal may be the perfect choice. The pansy has an historic symbolic importance in representing love, friendship, loyalty and remembrance. The 16mm hallmarked sterling silver pins have either a blue or purple enamel centre.

Designed by local Chichester jewellers Timothy Roe, the silver pins are available for a minimum suggested donation of £45 each. For details, call 01243 214145, or visit https://dreambuilding.org.uk/pin-on-a-pansy/

Santa in the Park

Join Santa in St Wilfrid's Guinness World Records Record Attempt of the World's Largest Street Dance lesson! There will be a professional teacher, Natalie Temple of Fit Joy, leading people through the moves step by step, and then the hundreds who gather will all attempt to perform the dance together in their Santa hats. Before and after the attempt you can play in team snowball dodgeball games, listen to story time with Santa inside the Guildhall, and explore the park on an Elf Hunt. There will also be seasonal refreshments, and a visit to Mrs Claus' bake stand will be a must. Tickets to take part in all the festive fun are available now at <a href="style="style-type: style-type: s

St Wilfrid's Hospice Chichester 01243 775302 www.stwh.co.uk



BOOKS FOR SALE

After Christmas, please consider donating books, CDs, or DVDs for sale at the **St Blaise Fair on 2 February 2019** in aid of the Priory overseas charity, **Kwa Mkono Childrens Centre**.

From January, items can be left in the foyer of the St Blaise Centre or, if transport is difficult, please contact Tim Pullan on 01243 532065.

CHICKEN WITH POMEGRANATE MOLASSES AND WALNUTS

with many thanks to Sally Morris

We recently enjoyed a fascinating trip to Iran (marvellous archaeology, buildings and gardens, and charming, friendly people who are at pains to point out that they are nothing like their government!). The food was delicious, too - delicately spiced, and often combining fruit with meat. This dish (called **Fesenjan**) was one of our favourites.

Ingredients (for 4)

- 4 chicken thighs, on the bone
- I medium onion
- 8 oz walnut pieces
- I cup pomegranate molasses (or pomegranate concentrate in which case omit the sugar)
- I tablespoon sugar
- ¼ cup water

Chop the onion and fry in oil until golden.

Grind up the walnuts in food processor; then add the water to make a smooth paste.

Add the chicken to the pan and stir around.

Spoon the walnut paste over the chicken and onions. Add the pomegranate molasses and stir well (it will take some time to dissolve as it's very sticky). Season with salt and pepper to taste.

Bring to the boil over medium heat, then turn to low, cover the pot and simmer for about $1\frac{1}{2}$ hours, stirring regularly so the sauce doesn't stick (add more water if necessary). It's ready when the chicken is ready to fall off the bone; the sauce will have turned a lovely dark colour.

Ideally, serve with saffron rice garnished with pomegranate seeds or dried barberries (thinly sliced dried cranberries will do) and a stew of green vegetables (such as spinach) and herbs plus a few chick-peas.

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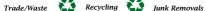




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Daily Mass in the Priory: Monday - 8.00am (9.00am on Bank Holidays); Tuesday - 10.00am (with a Short Homily and followed by coffee); Wednesday - 8.00am; Thursday - 7.00pm; Friday - 12 noon; Saturday - 8.00am and 6.00pm (which counts for Sunday communion). Confessions heard by appointment.

DECEMBER 2018

2 ADVENT SUNDAY

8.00am Holy Communion † 10.00am Community Mass

9 SECOND SUNDAY IN ADVENT

8.00am Holy Communion †9.30am Solemn Mass11.15am Parish Mass4.00pm Christingle

16 THIRD SUNDAY IN ADVENT

8.00am Holy Communion †
9.30am Solemn Mass
11.15am Parish Mass

23 FOURTH SUNDAY IN ADVENT

8.00am Holy Communion †
9.30am Solemn Mass
11.15am Parish Mass
5.30pm Priory Carol Service

24 CHRISTMASS EVE

8.00am Holy Communion † 4.00pm Crib Service 11.30pm Midnight Mass

25 CHRISTMASS DAY

8.00am Holy Communion † 10.00am Family Mass

DECEMBER 2018 (continued)

30 HOLY FAMILY SUNDAY

8.00am Holy Communion † 9.30am Solemn Mass



JANUARY 2019

6 THE EPIPHANY OF THE LORD

8.00am Holy Communion † 10.00am Community Mass

13 THE BAPTISM OF THE LORD

8.00am Holy Communion †
9.30am Solemn Mass
11.15am Parish Mass

20 EPIPHANY 2

8.00am Holy Communion † 9.30am Solemn Mass

27 EPIPHANY 3

8.00am Holy Communion †
9.30am Solemn Mass
11.15am Parish Mass

† Traditional Rite



The Church is open daily, and all are welcome!