



THE BOXGROVE BUGLE

THE MAGAZINE LINKING CHURCH AND PARISH

Boxgrove Priory, The Priory Vicarage, Church Lane, Boxgrove, Chichester, PO18 0ED
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April 2019



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Who's Who in Boxgrove



PRIEST IN CHARGE

Fr Ian Forrester, The Priory Vicarage, Church Lane, Boxgrove,
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HON. ASSISTANT PRIESTS

Fr David Brecknell, 8 Priory Close - 01243 784841

Fr Victor Cassam, 195 Oving Road, Chichester - 01243 783998

Fr Peter Bustin, 5 Chichester Drive, Tangmere, PO20 2FF - 07554 353785

Fr Chris Beard, 70 Victoria Road, Chichester, PO19 7JA - 01243 696034

CHURCHWARDENS

Mr David Jones - 01903 856580 - jonesdavr@btinternet.com
(Vacant)

HON. TREASURER

Tim Lamming - 01243 552787 - tim.lamming24@gmail.com

SAFEGUARDING OFFICER

Ms Lara Moyler - 07956 986496

CATHEDRAL LINK

Mike Beaman - 01903 367039 - beaman_mw@yahoo.co.uk

PRIORY AND ST BLAISE CENTRE Bookings and Enquiries

Mark Peters - 07729 773277 - mark@petersposse.co.uk

WSCC MEMBER FOR CHICHESTER NORTH

Jeremy Hunt - 0330 2224536

CDC MEMBER FOR BOXGROVE WARD & CHAIRMAN, BOXGROVE PARISH COUNCIL

Henry Potter - 01243 527312

BOXGROVE C of E PRIMARY SCHOOL

Mrs Kim Thornton - 01243 773309 - head@boxgrove.w-sussex.sch.uk

BOXGROVE VILLAGE HALL Bookings and Enquiries

Pat Burton - 01243 788332

"BOXIES" Village Store & Café

8.00am - 2.00pm, 7 days a week

www.boxies.co.uk - 01243 773201 - info@boxies.co.uk - 07890 753318 - @BoxiesCafe

From Father Ian



I always find it instructive to explain something to children. The very exercise of choosing appropriate words, of aiming for maximum clarity, and not being easily diverted into unnecessary detail, is a recipe for spotting any gaps in my knowledge or things that I have habitually 'fudged' or glossed-over.

And then there is the inviting of questions by children, who rarely disappoint. They often have a way of interrogating a subject that puts the rest of us to shame.

It is much to the credit of the teachers and pupils of Boxgrove Primary School that there is a sufficient bible-knowledge base for connections to be made between the story of Jesus and the liturgical life that we enjoy in the Priory.

I have enjoyed teaching about Palm Sunday and about the way in which we burn some of the Palm crosses to make the ashes for Ash Wednesday, and how these are signs of our failure to be faithful to Jesus who, on Palm Sunday, we call our 'King'. All those 'hosannas' turned into 'crucify him'.

It would be splendid to see more of the children attending on Palm Sunday, joining in the ceremonial and the procession, led by the donkey - a symbol of Christ's humility, and of his Kingship which is all about service to his people.

What shall I do next? Probably some teaching about Maundy Thursday with its foot-washing ceremony, its procession of the Blessed Sacrament to the Altar of Repose, the vigil, and the stripping of the altars.

Because Easter is late this year, the Summer Term begins just as we enter the season of Easter, with its fifty days.

I love the way in which Easter, because it is anchored to the Jewish festival of Passover, itself determined by the cycle of the moon, does not fall on the same date each year. This makes for a varying of the texture in the Christian calendar, for different ways and opportunities to teach about the season and experience it.

Parents, you are, of course, fundamentally responsible for your children's practice of the Christian faith. I encourage you to bring them to church, to enrol them in Sunday School, and to take seriously the promises that you made for them at their Christening.

Praying God's blessing on us all.

Father Ian

Other useful contact details

Local Police - Emergencies 999 or 112 - Other matters 0845 60 70 999 or 101

Citizens Advice - consumer helpline: 0345 4040506

Action on Elder Abuse - confidential helpline: 080 8808 8141

Action Fraud - national fraud reporting centre: 0300 123 2040

THE BUGLE

Articles on any aspect of Boxgrove news - village or Priory-based - are always most welcome. The Boxgrove Bugle is distributed **free of charge** to each household within the parish and published on-line; copies are also sent further afield, as well as being available in the Priory for visitors and non-residents of the parish. It has a current print run exceeding 700 copies per month.

Items to be considered for publication should be sent to the [Editor](#). Submission is requested by the **15th day of each month**, please, for publication on or around the last Sunday of each month. Alternatively, items clearly marked "**Boxgrove Bugle**" may be left in the Vicarage postbox.

DATES 2019

NB: There is no Bugle in January or August

Issue Month	Copy Deadline	Publication Date
May	15 April	28 April
June	15 May	26 May

BUGLE ARTICLES AND CONTENT

Please contact Tina Thurlow - tina.thurlow@btinternet.com

BUGLE ADVERTISING

Please contact Tina Thurlow - tina.thurlow@btinternet.com

ADVERTISING RATES 2019

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Please make cheques payable to:

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**The Boxgrove Bugle is published by
Boxgrove Priory Parochial Church Council**

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and may be read on-line in colour at

http://www.boxgrovepriory.co.uk/boxgrove_bugle.html

Why not add a link to your desktop?

The lovely Lent Cross on the front cover of this issue was designed and built by Fr Peter



Boxgrove CofE Primary School

The Street, Boxgrove
West Sussex, PO18 0EE



The children looked absolutely fantastic on World Book Day. We had a myriad of book characters skipping into school, from Princess Belle, Wish from the book *The Wizards of Once*, Peter Rabbit's Mum, Sherlock Holmes, Hetty Feather, Percy Jackson - a character created by the author Rick Riordan, to the green soldier from *Toy Story*! The children's task was to create a story and re-tell it, which included themselves as their character. All the children from YR to Y6 wrote some amazing, exciting tales. A few came dressed to school as newly formed characters which they had developed themselves: their adventure stories were as thrilling as those which included well known figures from books. Every costume was fantastic!

Kim Thornton
Headteacher
[Boxgrove CEP School](http://www.boxgrovecep.school)



FLOWERS AT BOXGROVE

In quires and places where they sing

28, 29 & 30 June, 10am - 6pm

Admission £5

If you would like to be involved with the festival ~ by sponsoring an arrangement, arranging flowers, stewarding, selling programmes, scene-shifting or one of the many other tasks ~ please get in touch with Father Peter on 07554 353785 or peterpadova86@gmail.com

The Priory Church of St Mary & St Blaise ~ Registered Charity 1131214



The Bugle's better on line:

http://www.boxgrovepriory.co.uk/boxgrove_bugle.html



PRIORY SUNDAY SCHOOL

Sunday School meets in the St Blaise Centre. Children are asked to arrive promptly so that the objective of the session can be explained to everyone at once. Children should be aged between 4 and 11 and they must already have started school.

There is no charge and parents do not need to accompany the children. They don't need to bring anything with them - just to come along!

For further information about Sunday School please contact Rosey Harris by email: roseyharris1@googlemail.com.

SUNDAY SCHOOL DATES TO END JULY 2019

14 April - 10.00am Palm Sunday Service
(procession to the church) followed by Sunday School

28 April - 11.00am ~ **12 May** - 11.00am ~ **26 May** - 11.00am

2 June - 9.45am (10.00am service in the Priory)

16 June - 11.00am ~ **30 June** - 11.00am

14 July - 11.00am ~ **28 July** - 11.00am



THIS YEAR'S PILGRIMAGE TO WALSINGHAM

has been booked for
the weekend of 27-29 September

The Pilgrimage has now become a regular feature in the Parish calendar and a rewarding weekend for the pilgrims. If you would like to book a place or learn more about the pilgrimage, please speak to David Jones.



WSCC Mobile Library

5 April only
(not 19 April - Good Friday)

2.10-2.40 pm

Boxgrove Village Hall

Library Service tel no:
01243 382470



Please don't forget to put any non-perishable food you can spare in our bin just inside the inner doors of the church.



IN THE CATHEDRAL

Free lunchtime concerts

Tuesdays from 1.10 - 2.00pm
during term-time

THE PARISH OF SAINT MARY AND SAINT BLAISE, BOXGROVE MONTHLY CALENDAR AND MASS INTERCESSIONS

APRIL

1	Mon	Feria	Tax Officials
2	Tue	Feria	Registrars and all who deal in data
3	Wed	<i>com St Richard of Wyche, Bishop of Chichester</i>	The Diocese of Chichester
4	Thu	Feria	The departed
5	Fri	<i>com St Vincent Ferrer, Priest</i>	That we might learn forgiveness
6	Sat	Feria	Christian Unity
7	SUN	Fifth Sunday of Lent [PASSION SUNDAY]	Parish and people
8	Mon	Feria	The hostel at Kwa Mkono
9	Tue	Feria	Church schools
10	Wed	Feria	The RSPCA
11	Thu	<i>com St Stanislaus, Bishop & Martyr</i>	The motor industry
12	Fri	Feria	Civil Servants
13	Sat	<i>com St Martin, Pope and Martyr</i>	Preparations for Holy Week
14	Sun	Palm Sunday	Following Jesus more closely
15	Mon	Holy Week	The unchurched
16	Tue	Holy Week	Those seeking faith
17	Wed	Holy Week	Hospital Chaplains
18	Thu	Maundy Thursday	Increased Faithfulness
19	Fri	Good Friday	
20	Sat	Holy Saturday	
21	Sun	Easter Day	Parish & people
22	Mon	in Easter Week	Teachers
23	Tue	in Easter Week	Doctors
24	Wed	in Easter Week	MPs
25	Thu	in Easter Week	Religious
26	Fri	in Easter Week	Local Politicians
27	Sat	in Easter Week	Faithfulness to the gospel
28	Sun	Second Sunday of Easter - Divine Mercy	Parish and People
29	Mon	St George, Martyr, Patron of England	The English Nation
30	Tue	St Mark the Evangelist	The Press & Media

JULIAN GROUP

The Boxgrove and Tangmere Julian Group meets on the second Monday each month at 3.15 pm, usually at the St Blaise Centre, Boxgrove. Notices with details of the venue are placed on the Church Notice Board.

The theme for each monthly meeting is as follows:

8 Apr	Joy in God our Maker (Enfolded in Love – Julian of Norwich – Pg 8)	St Blaise Centre, Boxgrove
13 May	He keeps all that is made (Enfolded in Love – Julian of Norwich – Pg 3)	St Blaise Centre, Boxgrove
10 June	God, our true rest (Enfolded in Love - Julian of Norwich – Pg 4)	St Blaise Centre, Boxgrove



Forthcoming events in the Priory

See also page 7 for service intentions throughout April

Flowers at Boxgrove

Friday 28, Saturday 29 & Sunday 30 June, 10am - 6pm
Admission £5

to include a

Choral Concert

on Saturday 29 June

by the

Choir of Boxgrove Priory
(Details to be confirmed)

Tuesday 9 April, 7.30pm

Concert: Chantry Choir
(See page 15)

Sunday 19 May, 2.00-5.00pm

WI Spring Garden Fayre, St Blaise Centre

Wednesday 22 May, 7.30pm

Concert: Shopwyke Singers



*I read that 4,153,237 people got married last year.
Not to cause any trouble, but shouldn't that be an even number?*

BOXGROVE PARISH COUNCIL

Chairman's Report



The meeting on the 4th of March was an Annual Electors Meeting. A very small amount of business was dealt with by Councillors prior to this meeting.

The Electors Meeting is purely a meeting for you, our electorate, to talk openly with the Council. I am pleased to say an exceptional number of parishioners attended and many subjects were discussed. Ideas for the future: a couple of benches placed at useful locations on the footpath network; adult exercise equipment on the perimeter of the playing field; improvements to upgrade the children's play area. It was suggested that a small sub-committee be formed to deal with this. After this Electors Meeting we all enjoyed some choice refreshments supplied by Boxies and paid for from the Chairman's discretionary allowance, a small sum of money included in the Annual Council Budget.

The foundation work has been started at the Sports Pavilion to enlarge and enhance the facilities within. The cost of this initial work comes from the grant monies that have been collected, notably some from CDC, from the Solar Farm at Templebar and from Inert Recycling, who are filling the old Halnaker Quarry. This will be completed by the month's end, when some serious fund raising will need to take place to finish the project!

Paul Addison, our Public Rights of Way Officer, has embarked on a scheme to add 'Waymarkers' to footpath finger boards indicating routes to the Windmill from the Village. Named the *Windmill Trail*, this will be helpful to visitors to the Parish to enjoy the various routes across the common and eventually to the Windmill. I wish to thank David Maltby and his company 'Supersigns' of Chichester for making up the discs, to Paul's specific order, free of charge. Yet another highly valued member of our Community!

Preparations are underway for the forthcoming Local Elections, which will take place on May 2nd; the Polling Station will once again be in the St Blaise Centre. These are for your Parish Council and the District Council Members, and I implore you all to cast your vote. Turn-out in this Ward is better than most areas, but I would like to see a higher percentage of voters. I have made it clear that due to changes made by the Boundaries Commission, our Ward is now designated the Goodwood Ward as of 2nd May: it is the same as the Boxgrove Ward but with the addition now of the Westhampnett Parish.

As I write this, we are faced with a dreadful decision by Stagecoach buses to suspend the 55 bus route through Halnaker and Boxgrove for about 4 weeks! This is due to the closure of Stane Street between Maudlin and Strettington. I personally visited their office in Chichester, sent several emails to their Officers, spoke to the Portsmouth Water engineer on site, and a letter of protest from a Parishioner to the Observer appeared on 14th March, but just now there appears to be no resolution of the situation. We are all aware of the most logical detour which should have been implemented, but seemingly the route planners can't see it! I sincerely hope they can see sense and alter it.

Henry Potter
Chairman, Boxgrove PC

THE OPTIMISTIC GARDENER

High Trees - March 2019 - No.22

The Optimistic Gardener

Weird, Wonderful and Wonky

Morrison's were not the first to come up with the term for their seconds on the vegetable aisle as "wonky". I have been growing wonky vegetables for years. (Remember the many-pronged carrots from my last article!) At High Trees we don't grow vegetables for show but for taste, and over the course of thirty+ years I have tried many weird and wonderful crops. One of the reasons for this is because we became members of the Henry Doubleday Association (sadly now renamed [Garden Organic](#) - a name which is "what it says on the tin" but doesn't hint at the history of the society).

A sideline of *Garden Organic* is a seed collection of heritage seeds which can't be sold directly as they are not registered. But on becoming a member of the Heritage Seed Library - on payment of a small fee - you are sent a catalogue annually, containing about 150 varieties from a collection of about 800, and can choose to be sent six packets to grow. In the past we have had some from which we still continue to save the seeds, but many bloomers as well (and not those of the flowering type). One year we chose to grow a climbing vegetable called **Achocha** - *Cyclanthera pedata*. In the catalogue we were told that this would be the perfect vegetable to use if you were considering putting on a production of *The Day of the Triffids* - but we weren't deterred! The catalogue also mentioned it as being one of the lost crops of the Incas and wondered however they lost it in the first place! You get the idea?



Achocha

The fruit is like a little green hedgehog and equally as digestible! Don't call the RSPCA - I've never actually tried hedgehog! Achocha is rather tasteless and watery but quite a talking point when you find one nestling under the lettuce leaves in a salad.



Mashua

Another beast we grew was a member of the nasturtium family called **Mashua**, *Tropaeolum tuberosum*. As with other members of the nasturtium family this plant positively romps once it has its roots in the soil. It could well make the cast of the Wyndham production alongside Achocha. We grew one tuber and it eventually covered a sweet pea frame eight feet wide by six feet high. It was not a great decision to allow it to scramble up the sweet pea frame, which blew over in a gale due to the sail-like qualities of the crop. It is a root grown along with potatoes and many others in the Andes and is a natural diuretic. Not only that, but I have read that it is a natural lice killer and is alleged to suppress sexual appetite in men! Another one we won't be growing again!

/continued ...



Oca

One that will be given bed-room again is another Andean root crop called **Oca**, *Oxalis tuberosa*. This is a member of the oxalis family with its pretty three-part leaves which are edible but not as pretty as the roots themselves, which gleam. They look like a polished Jerusalem artichoke but have a completely different flavour and no devastating after-effect. I cook them roasted and they only need 25 minutes in the oven - with a taste a little like a lemony potato.

The drawback in growing this crop is the fact that they are nowhere near as prolific as other tubers and need to be grown with good spacing. When I first grew them I only had two plants and enjoyed their flavour so much that the following year I had about 20 tubers and squeezed 15 of them into one of my raised beds (12' x 4'), which meant that each tuber produced small numbers of small-sized ocas. Last year I tried seven tubers in the same space and planted the other five in the greenhouse soil after the tomatoes had finished. Oca only begin to produce the edible tubers after the autumn equinox so makes good use of the greenhouse after other crops are history.

What about **Yukon** - *Smallanthus sonchifolius*? "Never heard of it!", I hear you reply. Quite honestly I think that is probably for the best. Another vegetable which was worth trying once. Looks like a potato, grows like a Jerusalem artichoke, tastes (so they say) a bit like a pear. In other words, it can't make its mind up. It is another tuber from South America and also doesn't bulk up until autumn. It comes into its own when mixed with other flavours in cooking, as it has a tendency to absorb sauces and dressings.

You will have heard of **sweet potato** *Ipomoea batatas*, and this is a crop which I had long been meaning to try when I was given a couple of plants from a friend in the nursery business. I know they are traditionally grown in warmer climates so decided to experiment and treat one with TLC and grow it in a large pot in the greenhouse while the other one, in an identical pot and growing medium, was put outside in a fairly sunny, sheltered spot. I had virtually the same weight of crop from both pots and so would try these again. However they are so cheap and easily available in the shops that I don't know whether it is worth the effort.



Sweet potato

There are many others, too numerous to mention - so I will! **Green nutmeg tomato** - a striped green tomato which does best as ground cover and you know when the tomatoes are ready to pick when they turn a slightly darker shade of orangey-green. **Cucamelon** - a tiny curcubit which has absolutely no flavour whatsoever but is quite prolific. **Blue Coco bean** - which would be good if they kept their colour when cooked but on the dinner plate look exactly like green French beans.

Well, you've got to try everything once (except incest and folk dancing!) so no doubt I will continue to cover the vegetable patch with strange looking flora and the dinner plates with strange looking vegetables and continue to get strange looks from anyone who eats at High Trees.

But, as they say in Morrison's - "Naturally wonky; naturally wonderful!"

Janet Reeves

INVESTING IN A FAIRER WORLD

"The way we work we have learned from the bees. Back to back. Shoulder to shoulder. If we are capable of putting into practice 1% of the way that bees in a hive work together, I believe we could solve 99% of our problems."

Chino Henriquez, Apicoop (a Fairtrade honey co-operative)



Shared Interest helps people in the developing world to earn a fair living. By investing between £100 and £100,000 in a Share Account, UK residents enable Shared Interest to provide much needed finance across the globe. Last year alone, Shared Interest helped over 400 organisations in 58 countries. Fairtrade honey co-operative Apicoop, in Chile - whose farmers regularly face earthquakes and volcanic eruptions - moved into blueberry production with a Shared Interest loan.

Chino says, "Due to the last eruption, we lost 5,000 hives, which is a significant number for the beekeepers in that area of Southern Chile. Luckily, because we are a co-operative, we don't just rely on one area for our production. We moved into blueberries so as to not put all of our eggs into one basket. It was a way of protecting ourselves 'just in case'. Never think your small contribution cannot make a difference. Every bee that enters one of our hives can only carry a very tiny amount of nectar. But when you open our hives and they are bursting with honey, you realise how each bee has played its part."

It's the same with Shared Interest investors. It's when we all do our small part that we make the biggest difference. As an investor in Shared Interest, you become part of our supporter community. As well as receiving our quarterly newsletter either by post or online, you may also like to attend one of our events across the UK to meet with other investors and discover the difference your investment makes. As a member, you will have an equal voice and vote regardless of investment size. You can open a Share Account today with £100 upwards.

For local information, contact Tim Pullan - 01243 532065.

To find out more direct from [Shared Interest](#), call 0191 233 9102 or email membership@shared-interest.com

*Another of Janet's spectacular Weird,
Wonderful and Wonky home-grown vegetables.*

But is it a courgette or a [corvette](#) ...?



NEWS FROM BOXGROVE WI

March 2019



The President welcomed members, our Speaker for the afternoon, Lesley Boardman, and a guest who may become a new member. Apologies were received from three members.

The minutes were read, agreed, and signed by the President, and most of the matters arising were dealt with later in the meeting.

Our Speaker was given the opportunity to speak earlier, giving her the chance to return home before the weather worsened. Lesley told us of her time living on the island of Bermuda: her slides which illustrated her talk were just what we needed on a stormy afternoon. White beaches and beautiful azure blue seas, the houses which bordered the shores were all dazzling white and Hamilton, the capital, looked to be a lovely place to visit. The cruise ships which berth there are literally against the town wall, and the passengers simply step off the ship and onto the sidewalk. We recommend Lesley as a speaker to other WIs.

After tea we carried on with the business: the Secretary announced that she had the WI National Raffle books of tickets, and gave details of the *Women Walk the World* event on 29th April, and it was decided that several members would walk up to the windmill, departing the Village Hall at 2pm. The 'hot spots' from the *West Sussex News* were read, followed by a financial report.

Sub committees: the Lunch club are going to the Lion Inn at Pagham; the book groups are reading *The Husband's Secret* by Lianne Moriarty and *The Day* by Jane Harper.

Future plans: all are in order - our Garden Event is on the 19th May. Commencing at 2pm there will be Plants & Produce, Cakes & Cream Teas and of course a Raffle.

We plan to have a stall at the Village Fête in July, with guessing games and cakes.

Our next meeting is on 10th April and will include a talk about *Mistresses and their influence on History*. We welcome anyone who may like to join us.

The President thanked all who had helped to make the afternoon a joyous one.

Chris Potter
President

A DATE FOR YOUR DIARY!
Boxgrove Companion Dog Show with Obedience
Saturday 21st September

Boxgrove Village Hall sports field
Contact 01243 785990 for details



BOXIES – OUR COMMUNITY SHOP & CAFÉ LATEST NEWS



The community came together on Saturday March 9th to hear about the proposals to keep Boxies, our village shop & café open & to transfer ownership to the community.



After a short presentation detailing how the community could take ownership of Boxies, the audience of over 120 people were asked to vote on 4 questions:

- 1) **Do you want a village shop & café ? - A resounding YES was the response**
- 2) **Would you join the management team to run a community owned shop & cafe? -17 people volunteered to discuss this further**
- 3) **Would you be prepared to volunteer in a community owned shop/café or to offer other key support? - 50 people showed interest in learning more**
- 4) **Would you be interested in owning shares in the business? – There was plenty of interest in the room at £25 a share**

With such great support shown, there looks to be a bright future for Boxies as a community owned shop and café. Now we all need to rally round and get it done.

Until the management team are up and running, volunteers are in place and ownership transferred, Boxies will continue to operate with reduced opening hours & staff from **8am to 2pm 7 days a week** starting March 25th.

If you could not make the meeting, there is still opportunity to volunteer for the management team or to provide valuable time & skills to the shop/café. Grab a form in the shop or go online at www.boxies.co.uk.

If you want to be kept informed, fill out a form in the shop giving your name and email.

If you missed the first meeting on the 9th, watch out for a date/time of a re-run one evening in the near future. Everyone is welcome.

Please support Boxies by shopping there and having something to eat or drink.

Do have a look on the website of the Kwa Mkono Disabled Children's Trust in Tanzania, one of the important projects supported by Boxgrove Priory.



The work done at the hospital is truly remarkable, and the pictures of the children demonstrate vividly what is achieved with help from us and many others.

The website address is www.kwamkono.org.uk/; it will be time well spent!



We are seeking unwanted sewing machines, carpentry, garden or engineering tools

Both Tim Pullan and Malcolm Knight collect such items, for "Tools for a Mission" and "Tools for Self-Reliance" respectively. All items become completely refurbished before being despatched to varying parts of Africa and thereby helping families and individuals to start or expand their business.

Tim Pullan
on 01243 532065

Contact
and

Malcolm Knight
on 07722 115212

We can arrange to collect



From the Registers

The Marriage of
Sophie Fanshawe and Josh Parrack
took place in The Priory on
Friday 8 March 2019

Please remember them in your prayers

PANCAKE FUN!

Thinking in school about what the season of Lent is about, on Shrove Tuesday the children participated in some traditional pancake races out on the school playground.



Some children were very good at flipping pancakes as they ran, others less so! And on Ash Wednesday the children attended Boxgrove Priory for a special assembly led by Father Ian.



RECIPE

"Chocky What's Its"

Naughty but nice - perhaps to enjoy after Lent!



- 75g granulated or caster sugar
- 75g butter or margarine
- 1 tablespoonful syrup
- 3 teaspoonsful cocoa or drinking chocolate
- 225g digestive biscuits
- 225g block of cooking chocolate



Melt the sugar, butter/marg, syrup and cocoa/drinking chocolate gently in a saucepan: don't boil.

Crush (or use a mixer) the digestive biscuits to create crumbs.

Put the crumbs in a bowl and pour over the melted ingredients. Stir well and turn into tin, levelling mixture without pressing too hard.

In a double saucepan (or a bowl floating in a saucepan containing boiling water), melt chocolate, spread it over the mixture in the tin and mark it into pieces before it's completely set. (If you forget to mark it out, dip a sharp knife into hot water, quickly dry it and cut.)

ST WILFRID'S HOSPICE

Grosvenor Road,
Chichester, PO19 8FP



11th Moonlight Walk set for 11th May

A walk to remember a loved one, a walk for fun with family and friends and a walk to show you care. Starting at Westgate Leisure Centre, you can take a 5- or 10-mile route which includes the specially lit Bishop's Palace Gardens. Just **£17 per adult** and **£14 per child** (10-17yr olds). For the first time St Wilfrid's are offering individual fundraisers the opportunity to earn 'Super star walker' status to receive a special hoodie if they can raise over £200 each. Further prizes are on offer for the top three teams and the top three best individual fundraisers. Every penny counts as St Wilfrid's completes its £16.2 million move to Bosham in Summer. For more information visit stwh.co.uk/moonlightwalk.

Saddle up for a great cause

Join our 'Dream Wheelers' team for a 100-mile bike ride around [Normandy](#) on **2-5 May**. Open to cyclists of all abilities, you may cycle at your own pace and enjoy the evenings at your leisure in this beautiful French region.

Pedal like a pro with [Ride London](#) on closed roads through iconic London streets and beautiful Surrey countryside on **4 August**. This ride is more challenging with the hills involved, but suitable for novice and experienced cyclists alike.

Alternatively take the south's most iconic bike ride on [London to Brighton](#) on **15 September** - a stunning 55 mile cycle from Clapham common to the picturesque Brighton seafront. This event is all about having fun and doing a bike ride your way. Registration is just £60. Transportation to and from the event is also available, allowing for a hassle free ride. Call 01243 755827 to enquire about our exclusive places.

The sky's the limit with St Wilfrid's

Want to learn how to 'fly'? St Wilfrid's are looking for people to make a sponsored **10,000 feet freefall tandem parachute jump**. There are now two opportunities to take the Leap4Love all taking place at GoSkyDive in Salisbury, the country's premier site for first time skydivers. Choose between **Saturday 8 June or 28 September**. If you raise enough sponsorship you can jump for free! If you're ready to take the leap, visit St Wilfrid's GoSkyDive page at www.goskydive.com/st-wilfrids-hospice to sign up.

Fancy a unique walk with a view instead? Soaring 170 metres above Portsmouth Harbour and the Solent, the Emirates Spinnaker Tower is taller than the London Eye. If you're brave enough to join #teamwilf and tackle the [100 meter abseil](#), there are two summer dates to choose from **Saturday 29 June** or **Saturday 20 July**.

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Concert by the **CHANTRY CHOIR**

Tuesday 9 April, 7.30pm in Boxgrove Priory

This is the choir's annual charitable event at Boxgrove Priory, with proceeds going to the **Aldingbourne Trust**.

It is in the form of a *Meditation with words and music for Passiontide*. The theme this year is "Saviour of the World". There will be music by Byrd, Stanford, Purcell, Howells, Durufle, Macmillan and others, together with scripture readings and poetry.

Concert tickets cost £12.50 and can be obtained from Liz Williams (01798 817282), via the choir website: www.chantryquire.org.uk or at the door



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Witness: He said, "Where am I, Cathy?"

Attorney: And why did that upset you?

Witness: My name is Susan!

Attorney: What gear were you in at the moment of the impact?

Witness: Gucci sweatpants and Reeboks.

Attorney: She had three children, right?

Witness: Yes.

Attorney: How many were boys?

Witness: None.

Attorney: Were there any girls?

Witness: Your Honor, I think I need a new Attorney. Can I have a new Attorney?

Attorney: What is your date of birth?

Witness: July 18th.

Attorney: What year?

Witness: Every year.

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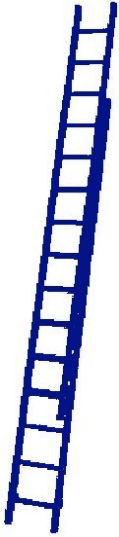
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Services during the coming months

Daily Mass in the Priory: Monday - 8.00am (9.00am on Bank Holidays); Tuesday - 10.00am (with a Short Homily and followed by coffee); Wednesday - 8.00am; Thursday - 7.00pm; Friday - 12 noon; Saturday - 8.00am and 6.00pm (which counts for Sunday communion). Confessions heard by appointment.

APRIL 2019

7 FIFTH SUNDAY OF LENT - PASSION SUNDAY

8.00am Holy Communion †
10.00am Community Mass

14 PALM SUNDAY

8.00am Holy Communion †
10.00am Solemn Mass & Procession of Palms

15 MONDAY IN HOLY WEEK

6.15pm Stations of the Cross
7.30pm Mass, with Music

16 TUESDAY IN HOLY WEEK

6.15pm Stations of the Cross
7.30pm Mass, with Music

17 WEDNESDAY IN HOLY WEEK

8.00am Mass
12.00pm Stations of the Cross
8.00pm Reception of Oils, with Music & Readings

18 MAUNDY THURSDAY

7.30pm Solemn Mass, foot-washing, Procession to the Altar of Repose and Stripping of the Altars

19 GOOD FRIDAY

12.30pm Stations of the Cross
2.00pm Solemn Liturgy

20 HOLY SATURDAY

8.30pm Vigil and First Mass of Easter

21 EASTER DAY

8.00am Holy Communion †
10.00am Easter Family Eucharist.
Easter Eggs are given to the children after the service and there is an Easter egg hunt

APRIL 2019 (continued)

28 SECOND SUNDAY OF EASTER

8.00am Holy Communion †
9.30am Solemn Mass
11.15am Parish Mass



MAY 2019

5 THIRD SUNDAY OF EASTER

8.00am Holy Communion †
10.00am Community Mass

12 FOURTH SUNDAY OF EASTER

8.00am Holy Communion †
9.30am Solemn Mass
11.15am Parish Mass

19 FIFTH SUNDAY OF EASTER

8.00am Holy Communion †
9.30am Solemn Mass
11.15am Parish Mass

26 SIXTH SUNDAY OF EASTER

8.00am Holy Communion †
9.30am Solemn Mass
11.15am Parish Mass

30 ASCENSION DAY

7.30pm Solemn Mass

† Traditional Rite



*The Church is open daily,
and all are welcome!*