

# THE BOXGROVE BUGLE

## THE MAGAZINE LINKING CHURCH AND PARISH

Boxgrove Priory, The Priory Vicarage, Church Lane,  
Boxgrove, Chichester, PO18 0ED

Phone: +44 (0)1243 774045 ~ Fax: +44 (0)1243 774045

[www.boxgrovepriory.co.uk](http://www.boxgrovepriory.co.uk)

### September 2020

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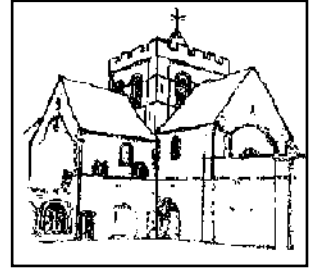
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# Who's Who in Boxgrove

## VICAR OF BOXGROVE

Fr Ian Forrester, The Priory Vicarage, Church Lane, Boxgrove,  
PO18 0ED - 01243 774045 - [revdianforrester@hotmail.com](mailto:revdianforrester@hotmail.com)



## HON. ASSISTANT PRIESTS

Fr Victor Cassam, 195 Oving Road, Chichester - 01243 783998

Fr Peter Bustin, 5 Chichester Drive, Tangmere, PO20 2FF - 07554 353785

Fr Norman Taylor, 7 Guernsey Road, Ferring - 07778 713872

Fr Lawson Nagel, 22 Bishopsgate Walk, Chichester, PO19 6FG - 07539 655868

## CHURCHWARDENS

David Jones - 01903 856580 - [jonesdavr@btinternet.com](mailto:jonesdavr@btinternet.com)

(Vacancy for second Churchwarden)

## DEPUTY CHURCHWARDENS

Alice Beattie and Claire Jones

## HON. TREASURER

Tim Lamming - 07544 178669 - [tim.lamming24@gmail.com](mailto:tim.lamming24@gmail.com)

## SAFEGUARDING OFFICER

Ms Lara Moyler - 07956 986496

## CATHEDRAL LINK

Mike Beaman - 01903 367039 - [beaman\\_mw@yahoo.co.uk](mailto:beaman_mw@yahoo.co.uk)

## PRIORY AND ST BLAISE CENTRE Bookings & Enquiries

Mark Peters - 07729 773277 - [mark@petersposse.co.uk](mailto:mark@petersposse.co.uk)

## WSSC MEMBER FOR CHICHESTER NORTH

Jeremy Hunt - 0330 2224536

## CDC MEMBER FOR BOXGROVE WARD & CHAIRMAN, BOXGROVE PARISH COUNCIL

Henry Potter - 01243 527312

## BOXGROVE C of E PRIMARY SCHOOL

Mrs Jacqui Dommett - 01243 773309 - [head@boxgrove.w-sussex.sch.uk](mailto:head@boxgrove.w-sussex.sch.uk)

## BOXGROVE VILLAGE HALL Bookings & Enquiries

Pat Burton - 01243 788332

## BOXGROVE VILLAGE STORES & CAFE

Open: **Mon-Fri** 7.30am-5.30pm; **Sat** 8.00am-5.00pm;

**Sun** 8.00am-2.00pm

Tel no: 01243 773201 - [Boxgroveshop@gmail.com](mailto:Boxgroveshop@gmail.com)



## From Father Ian

One of the important principles that Saint Benedict taught was about the sanctification of time.

His monks and nuns would punctuate the day with the Office, a series of services of scripture and prayer, at fixed times of the day and night. Morning and Evening prayers are said in most church communities.



The idea of having times of prayer, as part of the daily routine, is a habit not confined to Christians, and the Christian habit of prayers during the day was taken-up by Islam. Most of us will have heard the Muslim call to prayer (adhaan) which is proclaimed by the muezzin.

In Christianity there is a very old tradition of calling people to prayer by the use of bells. In many parts of the world, if you pause and listen at 9 am, 12 noon, mid afternoon, and 6 pm you will often hear the church bells ringing.

In some cases, for example in England, you will hear a pattern of three bells at short intervals followed by nine bells. In France the 9 bells are replaced by a general and joyous clanging of the bells.

This ringing of the bells, at three hourly intervals, is known as the ringing of the Angelus. Whether or not it happens every three hours is dependent upon whether anyone is in church to do the ringing! For practical reasons the Angelus is sometimes around when the church is first unlocked, or before a service.

At Boxgrove we ring the bell before services, and also at other times. During the pandemic you may well have heard the mid-day Angelus being rung before mass. The Angelus represents a series of prayers that help us recall God's love in sending his son Jesus, a gift made possible through Mary's agreement to work with God's plan.

During most of the year, the pattern of the Angelus works like this:

- V. The angel of the Lord brought tidings to Mary.
- R. And she conceived by the Holy Ghost. (or sometimes 'Spirit')  
[The first set of three bells are rung, as the prayer continues]

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death.  
Amen.

- V. Behold the handmaid of the Lord.
- R. Be it unto me according to thy word.  
[The second set of three bells are rung, as the prayer continues]

Hail Mary, full of grace ...

/continued ...

- V. And the Word was made flesh.  
R. And dwelt among us.  
[The third set of three bells are rung, as the prayer continues]

Hail Mary, full of grace ...

- V. Pray for us, O Holy Mother of God.  
R. That we may be made worthy of the promises of Christ.

Let us pray.

We beseech thee O Lord, pour thy grace into our hearts, that as we have known the incarnation of thy Son, Jesus Christ, by the message of an angel, so by his cross and passion we may be made worthy of the promises of Christ; through the same Christ our Lord. Amen.

So, when you hear the Priory bell, remember that prayers are being said for everyone in the parish. Do join in the prayers if you know them, or offer an 'Amen' !

Blessings to you all.

*Father Ian*  
—

## **CORONAVIRUS**

There is a Solemn Mass on Sundays at 9.30am and at 11.00am.  
The format is identical for each, and the 11.00am service is live-streamed.  
On every other day, a Public Mass is said at 12 noon and is also live-streamed.

Please see our Facebook page for details, and to check in case there is any occasional change to the normal pattern.

The Priory will remain open for private prayer after Mass until about 5.00pm every day.

You are welcome to attend Mass. In order to preserve social distancing, seating has been carefully configured. From 23<sup>rd</sup> August we have been allowed to use small groups from the choir to provide live singing.

Please observe all hygiene notices, wear a face covering, and follow any further safety protocols that are published.

The Vicar may be contacted on  
**07758 281631**

**Fr Ian ~ 24/08/2020**

## **Pictured on this month's cover**

*Juliet Craven and Rory Wilson had their wedding in Boxgrove Priory on the second weekend of August. Although there was a limit of thirty people who who could attend the service, many others were able to watch the live-stream.*



# THE BUGLE

Articles on any aspect of Boxgrove news - village or Priory-based - are always most welcome. In normal circumstances the Boxgrove Bugle is distributed **free of charge** to each household within the parish and published on-line, as well as being sent further afield and being available in the Priory for visitors and non-residents of the parish. Its print run exceeds 700 copies per month. Currently, however, it is possible only to publish on the [Priory website](#).

Items to be considered for publication should be sent to the [Editor](#) at her new address:: editor.boxgrovebugle@gmail.com. Submission is requested by the **15<sup>th</sup> day of each month**, please, for publication on or around the last Sunday of each month. Alternatively, items clearly marked "**Boxgrove Bugle**" may be left in the Vicarage postbox.

## DATES 2020

*NB: There is no Bugle in January or August*

| Issue Month | Copy Deadline | Publication Date |
|-------------|---------------|------------------|
| October     | 15 September  | 30 September     |
| November    | 15 October    | 31 October       |

## BUGLE ARTICLES AND CONTENT

Please contact Tina Thurlow - [editor.boxgrovebugle@gmail.com](mailto:editor.boxgrovebugle@gmail.com)

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and may be read on-line in colour at  
[http://www.boxgrovepriory.co.uk/boxgrove\\_bugle.html](http://www.boxgrovepriory.co.uk/boxgrove_bugle.html)

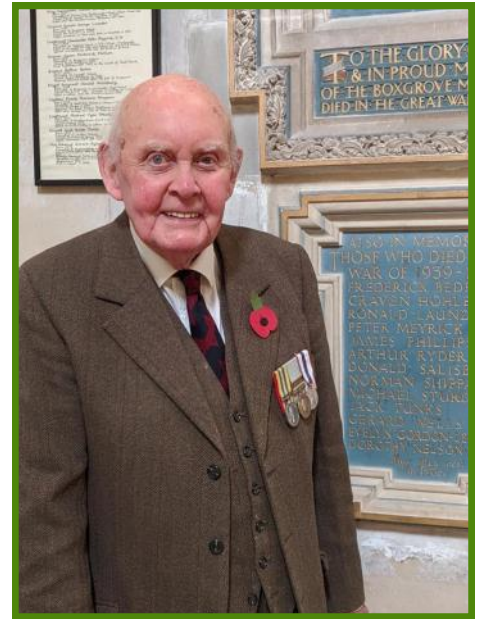
*Why not add a link to your desktop?*

# DAVID LLOYD

13 December 1928 - 12 May 2020

David was born in Cairo, Egypt, on 13 December 1928 and after attending St Paul's School between 1943-1946 he joined the Army. Our father was brought up and encouraged into the Christian faith by a very devout and determined Mother.

David was commissioned into the Royal Artillery in October 1948. He spent much of his military career as an Instructor in Gunnery, so he ensured that Regiments for which he was responsible maintained the correct technical standards. He spent the next twenty-eight years fluctuating between Instructors appointments and tours at regimental duty, eventually retiring from the Army in December 1978.



After two Civil Service appointments, he was selected to be the Appeals Director with the Treloar Trust, which supported the Lord Mayor Treloar College at Alton. He completely immersed himself into this role and loved it. Full retirement saw him taking an active role with the Friends of Arundel Castle Cricket Club and Boxgrove Priory.

David married Anne In November 1954. They had three children: Simon, Christopher and Caroline. Both Anne and Christopher (Kippa) predeceased David.

When asked recently to think about his approach to his faith, David was able to recite the names of all his Priests from his very early years when he was a Server. His faith was hugely important to him, and he found his time at Boxgrove very fulfilling and rewarding. He was extremely musical; he adored the singing in his Worship and he loved listening to the Priory choir.

While serving in Seoul, Korea, David was required to assist with the repatriation of some POWs. One of these was the Padre of the Gloucestershire Regiment. While being held prisoner, the Padre had created his own Communion Vessels, Cross and Vestments, such as they were. The morning following their release, the Padre held a Communion Service using the items that he had made as a prisoner. David attended this Service and it had a profound effect on him and his outlook on his faith.

He was extremely committed to the Priory and he loved his time worshipping there. He made many friends and until recently was always offering himself up to read the lesson, especially on Remembrance Sunday! He simply adored the Priory and enthusiastically attended as many Services as he could. While lying in his hospital bed, Dad just whispered 'Father Ian'. We contacted Father Ian, who was at our father's bedside within the hour where they were able to pray together. A few days later Dad passed away, on 12 May 2020. It was an incredible act of kindness and devotion that our father would have loved.

We as a family have been blessed with an incredible man as our Father and Grandfather. When such an influential figure in the family, who is so loved and loves so unconditionally, moves to the next place, a dreadful void is left and all his family miss him so very much.

**Simon Lloyd**  
7 July 2020



## WALSINGHAM PILGRIMAGE

Sadly, the pilgrimage at the end of September had to be cancelled as a result of virus issues. We now have a booking for the weekend of 7-9 May 2021.

If you are interested in joining us, or would just like to know more about it please speak to Father Ian or myself.

**David Jones**



BOXGROVE



VILLAGE STORES & CAFE

We know that some of you are not able to leave home at the moment to shop for essential items, so we are offering a home delivery service to residents of Boxgrove and local villages.

**Minimum order is just £5** to qualify for free delivery. Please call for full details of our delivery areas.

Call **01243 773201** during our opening hours (Monday-Friday 7.30-5.30; Saturday 8.00-5.00; Sunday 8.00-2.00) to order fresh fruit and vegetables, groceries, deli goods, bakery and dairy items, cakes and home baked goods and cleaning products.

We have daily deliveries of fresh produce and groceries so we will do our very best to fulfil your order, but some items may be subject to availability.

Payment will be taken by card over the phone and we'll advise you of an approximate time for delivery by one of our team or a friendly local volunteer.

Please call us if we can help - we look forward to being of service.



It may help those who are not able to get out and about to know that Southern Dairies are planning to launch a new round in Oving, Boxgrove and Tangmere very soon. They will be offering deliveries of fresh Cotteswold milk in glass bottles, as well as local produce and goods from places like Jengers Bakery in Billingshurst, and meat and cheese from Goodwood's Home Farm and Merry Meats in Yapton. Free, traditional, early morning doorstep deliveries will be available.

See their website: <https://www.southerndairies.co.uk/productsandprices>



## Boxgrove CofE Primary School

The Street, Boxgrove  
West Sussex, PO18 0EE

We were pleased to be able to hold a service for those who were leaving Boxgrove School at the end of the Summer Term. The parents of ...

**Tom Dunster ~ Imogen Edwards ~ Molly Edward  
Natalia Jervis ~ Lyra Wood ~ Sebastian Agostini-Robinson  
Oscar Brackenbury ~ Barney Clifford-Brown  
Callum Francis-Botting ~ Harry Betsworth  
Taylor Boniface ~ Grace Kean and Mathilda Linford**

...joined their children in the priory for the service, at which the leavers were presented with bibles and memories, and thanks, were shared.



We send our very best wishes to these young people as they begin at their new schools.

**Father Ian**



## PLEASE NOTE

In line with Kennel Club advice, the Boxgrove Companion Dog Show planned for Saturday 19 September is **CANCELLED**.  
The 2021 Show will be held on Saturday 18 September.





# BOXGROVE PARISH COUNCIL

## Parish Council report



The Parish Council never meets in August, the traditional holiday period, and of course there is no Bugle for August either.

There has been a good deal of controversy regarding the use of the children's play area. It was declared out of use at the beginning of the Covid-19 pandemic and it remained so until the beginning of August. Cllr Rob Etherington volunteered to pressure-wash the ground surfaces and equipment with some help from a local resident. This offer came as a result of an exorbitant quote of £1,800 from the person who did it last year, compared to the £600 charged last year. The play area is available since this pressure-washing was completed and after another Councillor volunteered to sanitise all of the equipment.

I'd like to thank the neighbours to the play area for allowing a connection to a water supply which enabled this pressure washing to take place. Needless to say, it is the responsibility of parents to ensure cleanliness procedures are observed while their children use the area. The proposals are still ongoing to completely revamp the equipment being managed by the Playground Improvement Committee. Some funding towards this is held by the Parish Council, but once a particular scheme is adopted further fund raising is needed.

Concerning this matter, there was a lot of comment on Social Media regarding the priorities of the Council. Why was money wasted on the new planter at the south end of The Street and a new bench for waiting passengers for the bus?! The planter was paid for from a grant given to the Parish Council by our District Council, in order to celebrate the 75<sup>th</sup> anniversary of the end of World War II; the bench was provided as part of the Community Highways Safety Scheme when the bus stop was moved to a more sensible location, from where it was impossible to walk past any waiting passengers. Other aspects of the CHS scheme are the installation of new Village entrance gates to the south and north of Halnaker on Stane Street, the A285. It was hoped that the WSCC Highways contractor would carry out the installation before the end of July; regretfully this didn't happen, and a date hasn't been fixed as I write this. The gates, similar to those in Boxgrove, have been purchased and are currently in store awaiting notice of when the work will commence.

It is with a degree of sadness that I learnt that there had been some serious cases of vandalism experienced in Boxgrove, which is a relatively low crime area. On Thursday 13<sup>th</sup> August a tyre on a car parked in the Village Hall car park was slashed, and the following night two received the same treatment - one was the new tyre fitted the day before; and that same evening, the 14<sup>th</sup>, the Village Hall north door into the main hall was smashed. Just completely mindless behaviour by somebody who should know a lot better. This is such a gross departure from the behaviour we are used to in the Parish and I hope the culprit is either detected or has changed its ways. Or just gone away!

On a more national level, the Government's proposals to change our Planning Regime I have found quite disturbing. So many dramatic changes will have a profound impact on Communities up and down the Country. For example, the permitted development

/continued ...

rights will allow change from office or small retail to dwelling without Planning Permission; the increase in height of a dwelling above two storeys without permission. And proposals to speed up the granting of permissions can only spell an erosion of the consultation process without which we shall have even less control over what developers see fit to inflict on us. And if applications aren't decided in time then the application fee will be returned! This will have a profound effect on Local Authority budgets: planning fees do not earn an Authority any money, they are only allowed to cover costs of determining applications.

There is a period of consultation, until the 29<sup>th</sup> October 2020, so if anyone wishes to comment/object to any aspects of the Government White Paper you have every right to. Send emails to [planningforthefuture@communities.gov.uk](mailto:planningforthefuture@communities.gov.uk). The future of your environment and communities depend on this, and there are a lot of grey areas in the Planning Document which deserve criticism, so I urge you to take an interest.

On the subject of housing, I can't recall there ever being so many homes for sale in Boxgrove, almost all due to sad bereavements. However, they all appear to be selling with relative ease and it will be nice to welcome new residents into the Parish. An idea came to me recently - on the 17<sup>th</sup> August to be precise - 80 years to the day to mark the death of Billy Fiske, who is buried in the Priory churchyard. One of our residents kindly printed out a leaflet briefly summarising how this came about. These were delivered to every household in Billy Fiske Close. I hope it explained why the Parish Council named the new recently completed development in the Village.

Finally, the next Parish Council Meeting is scheduled for 7pm on Monday the 7<sup>th</sup> of September so if you wish to join in please contact [clerk@boxgroveparishcouncil.gov.uk](mailto:clerk@boxgroveparishcouncil.gov.uk) for details of access to the virtual Zoom meeting.

**Henry Potter**  
Chairman of the Parish Council



|   |  |   |
|---|--|---|
|  |  |  |
| Mass for Thursday in the seventh week of Easter (Lanfranc)                          | Mass for Wednesday in the seventh week of Easter (St Augustine)                      | Mass for Tuesday in the seventh week of Easter (Requiem for David Lloyd)              |

Don't forget: you can 'join in' the Mass every day from the Priory, 'live' or at a time which may be better for you. Visit the Parish Facebook page or the parish website: [boxgrovepriory.co.uk](http://boxgrovepriory.co.uk). You will find the most recent services at the top.

# THE OPTIMISTIC GARDENER

High Trees - No.36

## Garden Defences

"Just popping out to get some vegetables!", I called to Gerry as I prepared our supper last week. Forty minutes later I stagger back in with a basket laden with produce but in need of a sit down to recover.



With our raised beds it is not just a case of 'pick-and-go', but each and every bed has its own defences around it. These are chiefly as protection from big birds - free ranging hens and opportunistic wood pigeons. So before the picking can take place the frame needs to be lifted, or the netting needs to be untied or the barrier reached across.

I see walled gardens at places such as Parham house or West Dean, with their serried ranks of produce all completely open and untouched by beak or mandible. How do they do it? I long to have row upon row of lettuce creating a tapestry of colours and textures interspersed with beautiful terracotta rhubarb forcers or lantern shaped cloches.

Instead we have a shanty town of structures built from whatever was hanging round at the time. We have used old secondary double glazing panes, BT conduit for cables, cross stitch canvas, old carpet, panels from old trellis work, chicken wire, etc etc etc. It certainly pays to squirrel things away to be used at a later date.

This is what the High Trees vegetable patch looked like back in May:



Apart from the self-inflicted problem with free-ranging hens, by far the largest pest in this garden is the ubiquitous wood pigeon. Any hint of a brassica leaf left out unprotected and the jungle drums get the message out to these much maligned birds. "*Cabbage planting time at High Trees - don't miss out!*"

When the plants are small it is possible to cover them easily. We use frames covered in insect netting; not much good used this way

/continued ...

for keeping off the cabbage whites, but a sufficient deterrent for hungry pigeons. But once the plants have their leaves touching the netting then it really is time to find another solution.

We have a variety of mesh covered frames on legs which we move around the allotment area allowing the pigeons to get a tantalising nibble at the odd leaf on the edge; but then moving them around is a problem and winter storage is not always available, especially for those with a smaller garden. Netting or horticultural fleece can be draped over the brassicas and this, when removed, takes up very little space.

But by far the best solution we have so far is the creation of a permanent structure in which brassicas can be grown.

The area we chose to put this cage was a circular lawn surrounded by trellis panels with blackberries and honeysuckle growing up them. It was entered by a rose arch on which the thornless rose, *Zephirine Drouhin*, scrambled up and over. To start with I had wanted to turn this area into a rose garden. The rose over the arch never thrived so why did I think that the area would make a lovely rose garden? The lawn was never used and always a pain to cut so, with gay abandon, we killed off the grass; then winter arrived and we saw how waterlogged this area became in wet winters - another reason not to plant roses in there.

Plan B was to make a fruit cage in this area with blackcurrants, redcurrants, blueberries etc being protected inside a hexagonal structure. Good plan but we already grow enough currants to supply the Ribena factory with a day's worth of fruit. So why do we need to grow more? But we had killed off the grass so needed to do something in this area.

Plan C was the solution - a hexagonal brassica cage!



The space was perfect for a structure and right next to the vegetable patch, so over course of two years we measured angles (a square fruit cage would have been much less taxing on my fading memory of geometry) and banged in stakes to mark out the area.

Then footings were dug - notice the passive tense here? I was very little to do with this part and in fact we were lucky to have a strong young 19-year-old neighbour to give us a hand - especially since his dad owns a 'wacker plate'. (No, I didn't know either! Where I come from a whacker is an inhabitant of the city of Liverpool!)

/continued ...

The brick work took quite a while and another neighbour lent us his man-size angle grinder (ex-fireman who had used this machine for cutting people out of crashed cars!).

So, to cut a long story short, we added the frame and the netting and now, three years after the initial idea, we have a brassica cage full of enormous brassicas, untroubled by the attention of wood pigeons.



*... Autumn 2019 - brick foundations and path completed*

*February 2020 - wooden framework almost completed ...*



*... August 2020 - in full flow*

We also have large pots with gooseberries and blueberries in there which can be moved around to enable us to rotate the area where the brassicas are grown. And at present the three butternut squashes which I planted in there are aiming for world domination.

So now the wood pigeons sit on top of the cage looking longingly down into this cornucopia of pigeon-y delights but, as yet, have not been able to beat the defences!

**Janet Reeves**

# A Bible Quiz

*with many thanks to Richard Chevis*

There are 66 books of the Bible - 39 in the Old Testament and 27 in the New Testament. In the following paragraph you will find 25 of them hidden in the script. Only 7 are very easy to find - good luck with the other 18! Solution next month.

THIS IS A MOST REMARKABLE PUZZLE. SOMEONE FOUND IT IN THE SEAT POCKET ON A FLIGHT FROM MELBOURNE TO HONOLULU, KEEPING HIMSELF OCCUPIED FOR HOURS. ONE MAN FROM ILLINOIS WORKED ON THIS WHILE FISHING FROM HIS JOHN SEAT. ROY DARK STUDIED IT WHILE PLAYING HIS BANJO, ELAINE VICTS MENTIONED IT IN HER COLUMN ONCE. ONE WOMAN JUDGES THE JOB TO BE SO INVOLVING SHE BREWS A CUP OF TEA TO HELP CALM HER NERVES. THERE WILL BE SOME NAMES THAT ARE REALLY EASY TO SPOT ... THAT'S A FACT. SOME PEOPLE WILL SOON FIND THEMSELVES IN A JAM, ESPECIALLY SINCE THE BOOK NAMES ARE NOT NECESSARILY CAPITALISED. THE TRUTH IS, FROM ANSWERS WE RECEIVE, WE ARE FORCED TO ADMIT IT USUALLY TAKES A MINISTER OR SCHOLAR TO SEE SOME OF THEM AT THE WORST. SOMETHING IN OUR GENES IS RESPONSIBLE FOR THE DIFFICULTY WE HAVE. THOSE ABLE TO FIND ALL OF THEM WILL HEAR GREAT LAMENTATIONS FROM THOSE WHO HAVE TO BE SHEWN. ONE REVELATION MAY HELP, BOOKS LIKE TIMOTHY OR SAMUEL MAY OCCUR WITHOUT THEIR NUMBERS AND PUNCTUATION, OR SPACES IN THE MIDDLE ARE NORMAL. A CHIPPER ATTITUDE WILL HELP YOU COMPETE. REMEMBER, THERE ARE TWENTY-FIVE BOOKS OF THE BIBLE LURKING SOMEWHERE IN THE PARAGRAPH.



**From PCSO Jason Lemm,  
Local Officer for  
Chichester North Electoral division  
Crime prevention advice from your local officer**



**Sussex Police**

## Doorstep callers

During the last few weeks some of the rural villages that I cover have reported incidents of doorstep fraud from door to door salesmen or bogus tradesmen who have called at their properties.

Sales or doorstep fraud involves fraudsters trying to scam you after knocking at your door and, in the most reports that we have received, the callers have tried to sell products at the doorstep, nearly always overpriced for a sub-standard product.

The incident that I attended yesterday involved the door-to-door salesman firstly telling residents that he was an ex-serving army officer and then, at another resident's address in the same village, told them that he was an ex-convict. The male in question was selling cleaning goods that he was taking from door to door.

Sussex Police always gives the advice that we should never do business with anyone on our doorsteps, as ultimately we never truly know who they are. I would always advise to never deal with a doorstep caller, no matter their story, and if they do not leave please call the Police on one of the two methods below so as we can attend.

Although I have had no reports this time of doorstep callers entering residents' property, I have in the past attended incidents where the fraudsters have been invited into a property. Please do not invite any callers into your address who you do not know and again, if a doorstep caller requests this, please do contact the Police.

Today I have taken some 'no cold calling' door stickers to the Boxgrove Stores, who have very kindly agreed to leave these in the shop for any local resident who would like one. Whilst these do not stop the callers, they are a great way of making the caller aware that you will not buy any products on the doorstep.

If you need to make contact with me in regards to a local issue you can make contact at [jason.lemm@sussex.pnn.police.uk](mailto:jason.lemm@sussex.pnn.police.uk) and I will happily come back to you.

The usual ways of contacting Sussex Police remain as follows:  
Call **999** for emergencies and **101** for non-emergency enquiries.

You can report crime and incidents online at  
<https://www.sussex.police.uk/report-online>



Please support our advertisers where possible during the current crisis.  
In normal circumstances they help us to provide a copy of the Bugle free  
to every household in the parish.

# BOXGROVE & TANGMERE JULIAN GROUP

*The Group meets on the second Monday of each month at 3.15pm at The Priory Church of St Mary & St Blaise, Boxgrove. Notices confirming details of venues are placed on the church notice board (pending Government guidance re easing of Lockdown, Social Distancing and possible meeting venues).*

*If, due to uncertainty, we are unable to meet, perhaps you could use the time to read the Psalm. The theme for each monthly meeting is as follows:*

|         |   |                                      |
|---------|---|--------------------------------------|
| 14 Sept | Psalm 91, vv 1-2<br>'He who dwells in the shelter of the Most High'<br>(ASB)                                      | Location to be<br>advised - Boxgrove |
| 12 Oct  | Psalm 46, vv 1-3<br>'God is our refuge and strength' (ASB)  | Location to be<br>advised - Boxgrove |
| 9 Nov   | Psalm 42, vv 1-7<br>'Why are you so full of heaviness my soul' (ASB)  | Location to be<br>advised - Boxgrove |
| 14 Dec  | Psalm 8, v 1<br>'O Lord our governor, how excellent is thy Name<br>in all the world' (BCP)                        | Location to be<br>advised - Boxgrove |
| 11 Jan  | Psalm 121, v 1-3<br>'I will lift up mine eyes unto the hills ...'<br>(BCP)  | Location to be<br>advised - Boxgrove |
| 8 Feb   | Psalm 103, v 1-4<br>'Praise the Lord, O my soul' (BCP)  | Location to be<br>advised - Boxgrove |
| 8 Mar   | Psalm 40, v 1-4<br>'I waited patiently for the Lord' (BCP)  | Location to be<br>advised - Boxgrove |
| 12 Apr  | Psalm 95, v 1-7<br>'Come let us sing unto the Lord ...'<br>(BCP)  | Location to be<br>advised - Boxgrove |
| 10 May  | Isaiah 40, v 31 (8 <sup>th</sup> century BCE)<br>'But they that wait upon the Lord shall renew their<br>strength' | Location to be<br>advised - Boxgrove |
| 14 June | Psalm 150, v 1-6<br>'O praise the Lord in his Holiness' (BCP)   | Location to be<br>advised - Boxgrove |

## ***Trust, the Highest Prayer***

*Julian of Norwich ~ 'Enfolded in Love' series edited by Robert Llewelyn*



# ST WILFRID'S HOSPICE

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## Make A Will Fortnight - 5 - 16 October 2020

You have the power to do something enduring for your community. Make A Will Fortnight will return this October, with bookings for Will writing and advice available from September. Take part in St Wilfrid's Hospice Make A Will Fortnight scheme and have your Will written or amended by a local solicitor firm without charge.

Due to demand, we recommend you register your interest today at [stwh.co.uk/events/make-a-will-fortnight](http://stwh.co.uk/events/make-a-will-fortnight).

## Leap4Love returns

Experience the freedom of flight with a sponsored 10,000 feet free-fall parachute jump. With Covid-ready special measures and a PPE-style tandem jumpsuit now in place, the following dates are now available:



**Sun 20 September 2020, Sun 7 March 2021, Sun 4 July 2021**

Rest assured you are in very safe hands with the GoSkyDive team - as they are the UK's specialist for first timers and have all training sessions British Parachute Association approved. Sign up at St Wilfrid's GoSkyDive charity page [www.goskydive.com/st-wilfrids-hospice](http://www.goskydive.com/st-wilfrids-hospice).

## Abseil the Spinnaker Tower - Sat 19 September

Join #TeamWilf and scale a local landmark, taking on an incredible 100 metre descent down the iconic Spinnaker Tower! Registration just £30 for your last chance to abseil with us for a year.



## Moonlight Walk Week 2020 - 5 - 12 Sept

Step up for St Wilfrid's Hospice and pledge 10,000 or 20,000 steps. Walk to remember a loved one, walk for the challenge, walk with family and friends, walk to show you care.

Complete the challenge in your own time, at your own pace. Raise £60 to earn a commemorative medal with many more prizes up for grabs. Sign up to receive your t-shirt and fundraising pack at [stwh.co.uk/moonlightwalk](http://stwh.co.uk/moonlightwalk).



To support - or take part in - any of these events, or see those planned for 2021, follow the links or go to <https://stwh.co.uk/support-us/events>

# THIS MONTH'S RECIPE

with many thanks to Sally Morris



## Potato and Cheese Scones

Preparation: 15 mins

Total time: 35 mins

Servings: 6 (makes a large quantity - half the quantity = 6 scones)

The great cheese flavour of these biscuit-like scones goes very well with soups and chillies. It's also a great way to use up leftover mashed potatoes. Best served warm. Sally also says: "I actually mix it all up in the food processor and am not too fussed about the kneading bit. And I separate the scones before baking."

### Ingredients

1 ½ cups all-purpose flour

2 ¼ teaspoons baking powder

¾ teaspoon salt

¼ cup cold hard butter or ¼ cup margarine (approx 50g)

⅓ cup sharp cheddar cheese, grated

⅔ cup leftover mashed potatoes

¼ cup milk

1 egg yolk, fork-beaten (optional)

### Instructions

1. Combine flour, baking powder and salt in a medium bowl
2. Cut in butter (or margarine) until consistency of coarse crumbs
3. Add cheese; stir
4. Combine potatoes and milk in small bowl. Add to flour mixture. Stir until soft dough forms. Turn out onto lightly floured surface. Knead 6 times.
5. Shape into flat disc. Roll or press out to 8 inch circle, about ½ inch thick. Place on greased baking sheet.
6. Brush surface with egg yolk. Score circle into 6 wedges. Bake in 420° (220° C) oven for about 20 minutes until risen and golden.
7. Cut or break apart at score marks.



## KEEPING UP-TO-DATE WITH WHAT'S HAPPENING AT THE CATHEDRAL

Those who would like to keep up-to-date with news and events in the Cathedral are able to sign up for the regular online newsletter by visiting the Cathedral's website ([www.chichestercathedral.org.uk/](http://www.chichestercathedral.org.uk/)) and adding their email address in the box at the foot of the page, which looks like this:

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## Well, that told you ...!

"He has all the virtues I dislike and none of the vices I admire." Winston Churchill

"I didn't attend the funeral, but I sent a nice letter saying I approved of it." Mark Twain

A member of Parliament to Disraeli: "Sir, you will either die on the gallows or of some unspeakable disease."

"That depends, Sir," said Disraeli, "whether I embrace your policies or your mistress."

"He had delusions of adequacy." Walter Kerr

*a few more on page 27!*



*New and easy test for Covid-19. Take a glass and pour in a decent dram of your favourite whisky/gin/rum, then see if you can smell it. If you can, you're halfway there. Then drink it, and if you can taste it then it is reasonable to assume you are currently free of the virus.*

*I tested myself nine times last night and was virus-free every time, thank goodness. I will have to test myself again today, though, because I have a headache - which can also be one of the symptoms.*



*The Covid-19 situation has been especially stressful for the Flat Earth Society. They fear that the social distancing measures could push people over the edge.*



## Petworth Heritage Weekend, 19 & 20 September 2020

**Enjoy a virtual experience of Petworth - we are going digital on the weekend of 19 & 20 September!**

The **Petworth Heritage Weekend** team were aiming to build on the success of the last three years and we were planning a bigger and better event for this year, but the Covid 19 crisis has caused us to reconsider what we do. The weekend will still be going ahead and some of the venues will be open, with social distancing measures, including **Petworth House** (pre- booking essential), **Coultershaw Heritage Site** and **Burton Mill**.

However, we are also planning an exciting '**Digital Experience**' of places of interest around the town that will bring to life many of the stories about Petworth and will be a taster of what is to come in 2021.

We have created a new webpage where you can learn more and find the links to the 'Digital Experience': <https://Petworthcommunity.org/petworth-heritage-weekend>. Details of the one-hour Self Guided Walking Tour can also be found and downloaded from this site.

Regular updates will also be on our Facebook page: <https://www.facebook.com/PetworthHeritageWeekend/>

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